

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Meatloaf	Cheese Burger on Bun	Chicken W/Biscuit Pot Pie		"Ruby Tuesday" Pasta Salad
Garlic Herb & Cheese Mashed Potatoes	Lettuce/Tomato Slice	Corn		3 Bean Salad
Pickled Beets	Mac & Cheese	Warm Cinnamon Applesauce	CLOSED	Chips
Fruit Cocktail	Tropical Fruit	Cookie		Pears
8	9	10	11	12
Hamburger Steak w/ Gravy	Egg Roll Casserole	Pork Gravy over Potatoes	BBQ Chicken Breast	Zippy Egg Salad Sandwich
Mashed Potatoes	Oriental Vegetables	Stuffing	Friendship Garden Salad	24 Hour Fruit Salad
Corn	Pineapple	Asparagus	Strawberries	Tomato Cucumber Salad
Blueberries	Brownies	Peaches	Oatmeal Raisin Cookie	Pistachio Dessert
15	16	17	18	19
Casserole	Sweet and Sour Chicken	Breaded Pork Fritter on Bun	Creamy Italian Chicken Breast	Beef Burrito w/Cheese
Mixed Green Salad	Rice	Party Pasta	Buttered Fettucini Noodles	Chips
Garlic Bread	Oriental Vegetables	Berry Cup	Broccoli	Warm Bean Dip
Banana	Mandarin Oranges	Peach Cobbler	Applesauce	Pineapple
22	23	24	25	26
Egg Casserole	Lemon Pepper Fish	CheeseBurger on Bun	Vegetable Lasagna Soup	BBQ Rib Patty
Country Style Potatoes	Garden Wild Rice	Lettuce & Tomatoes	Garlic Bread	Macaroni and Cheese
Orange	Cascade Blend Vegetables	Tator Tots	Cottage Cheese & Apricots	Baked Beans
Butterfinger Dessert	Seasonal Fruit Cake	Fruit Cocktail	Cookie	Watermelon
				Blueberry Crisp
29	30	31		
Baked Fish	Creamy Turkey Bake	BBQ Pulled Pork on Bun		To Cancel your meal, call 641-792-7102. Meals will not be left if you are not home or have not communicated with us.
Garden Rice	Garden Salad	Boston Baked Beans		
Tomato & Zucchini Juice Cup	Garlic Breadstick	Coleslaw		
Blonde Brownie	Apple	Grapes		

*Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older

Stephanie Doherty