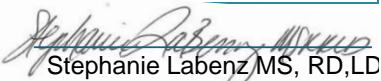


February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Citrus Glazed Fish Garlic Potatoes Carrots Apricots	Cook's Choice Potato & Cheese Soup Green Beans Crackers Pears	Apricot Glazed Pork Loin Parmesan Sweet Potatoes Broccoli Berry Cup Blueberry Pudding Dessert	Chicken & Pasta Alfredo Mixed Vegetables Pineapple Chewy Cherry Almond Bars	BBQ Chicken Breast Roasted Ranch Potatoes Mixed Vegetables Peaches
10	11	12	13	14
Breaded Fish Fillet Cheesy Broccoli Rice Casserole Beets in Orange Sauce Apple	Autumn Chicken Sour Cream Mashed Potatoes Buttered Peas Mandarin Oranges	Baked Pork Chop Scalloped Potatoes Brussels Sprouts Dark Cherries	Beef Pot Roast w/Roasted Vegetables Berry Cup Banana Bar	Steak w/Mushroom Gravy Mashed Potatoes Scandinavian Vegetables Strawberries Chocolate Brownies Valentine's Day
17	18	19	20	21
CLOSED PRESIDENT'S DAY	Vegetable Beef Soup Crackers Blush Cinnamon Pears Dessert	Ham Loaf Cheesy Party Potatoes Carrots Berry Cup	Baked Swiss Chicken Breast Sweet Potato Crunch Casserole Green Beans Apple Muffin	Fish Sandwich Potatoes and Onions Cabbage Au Gratin Fruit Cocktail
24	25	26	27	28
Lasagna Bake Asparagus Cuts Peaches Salted Caramel Cookie	Herb Baked Chicken Mashed Potatoes Beet Salad Diced Pears	Sesame Chicken Breast Fried Rice Oriental Slaw Pineapple	Cook's Choice Chili Cooked Carrots & Celery Crackers Cinnamon Roll Applesauce	Roast Beef Mashed Potatoes & Gravy Roasted Butternut Squash Berry Crisp Banana
Feb. 4-National Soup Day Feb. 20-National Muffin Day Feb. 27-National Chili Day	To Cancel your meal, call 641-792-7102. Meals will not be left if you are not home or have not communicated with us. You can not text this number!	If we close due to weather, you will receive a call around 9 AM from 641-841-1385. Only call us at 641-792-7102.	MEALS ARE FUNDED BY: *JASPER COUNTY *AGING RESOURCES *CLIENT DONATIONS *MEMORIALS *ELDERLY WAIVER/MEDICAID *FUNDRAISERS	

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.


Stephanie Labenz MS, RD, LD