

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Sliced Ham Diced Potatoes Squash Dark Sweet Cherries	Chicken A La King Green Beans Grapes Brownie	Bean and Cheese Burrito Lettuce Salad Calico Corn Fruit Cocktail Peanut Butter Bar	Swiss Steak Mashed Potatoes California Blend Vegetables Cinnamon Applesauce	Baked Lemon Pepper Fish Broccoli & Rice Bake Banana Blueberry Muffin
10	11	12	13	14
Cook's Choice Chicken Patty Tri Tator Broccoli Macaroni Salad Apricots	Caribbean Pork Loin Wild Rice w/Tomatoes Strawberries Dinner Roll	Ham & Veggie Omelet Crispy Hashbrowns Carrots Berry Cup Muffin	Chicken & Rice Soup 1/2 Chicken Salad Sandwich Peaches Fruited Yogurt National Chicken Soup Day	Cheese Quesadilla Black Bean Mango Salsa Doritos Chips Cherry Pineapple Crisp
17	18	19	20	21
Corned Beef and Cabbage Mashed Potatoes Emerald Pears Frosted Poke Cake Happy St. Patrick's Day!	Baked Fish Mashed Potatoes Carrots & Peas Mixed Fruit Oatmeal Raisin Bar	Honey Garlic Meatballs Rice Cauliflower Strawberries	Chicken Stir Fry w/ Vegetables Egg Roll Mandarin Oranges Apple Butter Bar	Soup Garden Salad Crackers Fruit Cocktail Apple Crisp
24	25	26	27	28
Cook's Choice Hamburger on Bun Baked Beans Warm Applesauce Chips	Apple Cranberry Chicken Buttered Rice Mixed Vegetables Banana	Ham & Bean Soup Broccoli Salad CranPineapple Salad Cornbread	Seasoned Pork over Mashed Potatoes Brussels Sprouts Orange Cookie	Cheesy Broccoli Tuna Bake Carrots Dark Sweet Cherries
31		To Cancel your meals, call 641-792-7102. You CAN NOT text us at this number.		
Chicken Pot Pie Brussels Sprouts Banana Pudding				

**Milk offered with all meals. All meals meet 1/3 of the Recommended Dietary Allowances (RDA) for older adults.

