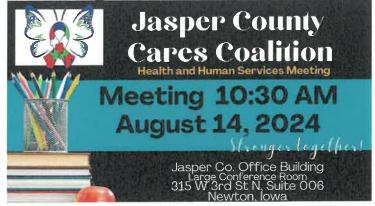
Agenda-Jasper Co. Cares Coalition



Mission: To enhance the awareness of health & human service resources & promote collaboration to better serve Jasper County.

Vision: Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring any information or giveaways that you would like to share.

Welcome/Updates: Welcome folders are available.

Celebrating WINS for Jasper County Cares! (Sharing positive connections for Jasper Co. Cares)

Agency Spotlight: HIRTA, Danny Schnathorst (10-minute limit)
Member Introductions/Share (1 minute for each organization)

• Please state your name, organization, services provided, any changes, and upcoming events. Take a moment for any questions.

Other business:

Resource guide: https://www.jasperia.org/resources/ June/July: 93 views and 67 users

- New Circle of Freedom, Zoe from USC
- Updated Jasper County Habitat for Humanity
- Updated new FEMA resources
- Added St. Gregory's Recovery Center
- Updated all apartment complexes in Jasper County
- Email updates to jaspercocares@jasperia.org

Community Health Assessment:

• <u>Town Hall: Jasper County Community Health Assessment Meeting (During Jasper Co. Cares time)</u>
A light lunch will be served by MercyOne Newton. <u>RSVP to PR@mercyoneiowa.org</u>



Information:

- <u>Jasper County Opioid Settlement Funds- Third Distribution:</u> Capstone Behavioral Health, Clearview Recover, Colfax-Mingo CSD, and Sheepgate received opioid settlement funds. **See press release.**
- <u>FEMA Disaster Assistance</u>: There is more help for those who still need assistance from flood damage caused in May. Call 1-800-621-3362 or go to DisasterAssistance.gov to apply. If anyone needs help, they can contact Melissa at 641-787-9224 ext. 1 or email mgary@jasperia.org.
- <u>St. Gregory Recovery Center:</u> Tactical Recovery Veteran Support Services. Providing veteran-ready programs for mental health and addiction recovery. Tactical Recovery programs are also available for First Responders. Former or current law enforcement officers, EMT/paramedics, firefighters, or correction officers. See flyers https://stgregoryctr.com/
- <u>UCS Healthcare Mobile Unit:</u> Bring mobile medical services to underserved communities. See flyer https://www.ucsonline.org/what-we-do/mobile-clinic
- <u>House of Mercy:</u> Dedicated to making the community a heathier place by offering treatment for substance use disorders and mental health services to individuals and families. See flyer https://www.mercyone.org/desmoines/house-of-mercy/
- NAMI Central Iowa: Aug 2024, Support groups and classes. See Flyer
- Aging Resources: Please take a minute to complete the survey in the packet. The survey will help Aging Resources develop a more inclusive area plan. (4 pages)
- <u>Central Iowa Shelter and Services:</u> Information on how they can help and their housing programs. Contact Lindsey Sinn at <u>lsinn@centraliowashelter.org</u> for information or if you have referrals. See information included in the packet.
- <u>Camp Fire Heart of Iowa:</u> SPARKS Prairie City Before & After-School Program. See flyer www.campfireiowa.org/pcm

Events/calendar: https://www.jasperia.org/calendar/

- ITS: 11th Annual Carnival in the Park, August 24, starting at 9:00 AM. Located at Aurora Heights Park
- Alzheimer's Association Iowa Chapter: <u>Education series</u> Every 3rd Thursday at 11:00 AM, to register go to https://www.alz.org/iowa See flyers
 Community and Corporate Education Classes: Introductory and Specialty classes are available. View upcoming presentation at https://www.alz.org/iowa. To learn more or to schedule a class call
- <u>Iowa CareGivers: Annual Conference</u>, Monday, October 7th, 2024, https://www.iowacaregivers.org/conferences
- Open Arm: events/campaigns.

1-800-272-3900

- Cookies for a Cause (August 5 September 30) The Newton Hy-Vee invited Open Arms to participate as their organization for Cookies for a Cause. For each 12 counts of cookies purchased, \$1 will be donated to Open Arms.
- O "Punts for a Purpose" (August 1 September 7): Open Arms has partnered with the punters from the University of Iowa and Iowa State University, Rhys Dakin and Tyler Perkins. This campaign aims to raise funds and awareness for Open Arms by selling custom t-shirts featuring the punters' names and numbers. Also, the school colors are represented in an alternative version of the Open Arms logo on the shirt. All profits from the campaign will directly support our mission, as our organization operates without salaries, ensuring every dollar raised goes to helping kids in our community. For each shirt purchased, the purchaser will be entered into a raffle to win tickets to either an Iowa or Iowa State football game with the winners to be picked

on the day of the Iowa vs. Iowa State game. To order go to Open Arms Facebook Page. https://www.facebook.com/profile.php?id=61553197807105

- <u>Jasper County Health Department:</u> Free VFC Immunization Clinic on 7/16/2024 by appointment at the Health Department. Please call 641-787-9224 to schedule an appointment. Walk-ins will be welcomed. Immunizations are for VFC eligible children only. See Flyer
- Red Ribbon Week: October 23-31, 2024. Jasper County CPPC will work with the 5 school districts to promote and encourage students to be drug and bully-free. See flyer www.redribbon.org
- Jasper County Elderly Nutrition: <u>Garage and Bake Sale</u>, Thursday and Friday September 5th and 6th from 8:00am-5:00pm. Event held at the Jasper County Community Center, 2401 1st Ave E, Newton See Flyer
- <u>CERT Program:</u> Jasper County EMA is looking for volunteers to join the CERT Program. For more information go to https://www.jasperema-hls.org/ or em@jasperma-hls.org See flyer

Any Needs for Volunteers, Job Openings, or Resources.

Next Meeting: September 11th 10:30-noon. Town Hall, DMACC Newton Conference Room, 600 N 2nd Ave W, Newton. The next regular meeting will be held, October 9th.

Upcoming Spotlights:

- October- Discover Hope 517, Katie and Kelsey
- November- IMPACT Community Action Partnership, Jessi Balk
- December- Jasper County Habitat for Humanity, Becca Decker
- February- MICA
- March- St. Croix Hospice, Maddie France
- April- Crisis Intervention Services, Jodi Blackford

<u>Subgroups</u>: Open invitation to attend. All subgroups will be in the large conference room.

- <u>Maternal Health Coalition:</u> Dates 2024: September 11th <u>via Zoom</u> and December 11th from 9:30-10:15 AM, Virtual and in person. Small conference room.
- Schools Subgroup: Start back in October.

Contact: Becky Pryor, jaspercocares@jasperia.org

Jasper Co Celebrating WINS

for Cares

(Tell the story) Examples: connections, resources, information, networking

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information,	networking

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Name:



Name:

Jasper County Cares Coalition

Health and Human Services Meeting

Meeting 10:30 AM October 9, 2024 Stronger together!

Name:

Jasper Co. Office Building, Large Conference Room 315 W 3rd St N, Suite 006

SPOTLIGHT HIRTA

Heart of Iowa Regional Transit Agency
Public Transit
Service: Transportation



Heart of Iowa Regional Transit Agency (HIRTA) is the State designated Regional Public Transit System in central Iowa, serving the counties of Boone, Dallas, **Jasper**, Madison, Marion, Story and Warren.

Providing public transit services in Jasper County.

Cost: \$2.50 in town, \$5.00 in County, varies out of County

 Download the HIRTA On Demand app on the App Store and Google Play

MORE INFORMATION



(877) 686-0029



erides@ridehirta.com



ridehirta.com



Website: https://www.ridehirta.com/

Facebook: https://www.facebook.com/ridehirta

Email: jaspercocares@jasperia.org



JASPER COUNTY COMMUNITY HEALTH ASSESSMENT

Town Hall Meeting

September 11, 2024 10:30 AM- noon

Location: DMACC Newton
Conference Room, 600 N 2nd Ave W, Newton, IA

You are invited to join MercyOne Newton, Jasper Co. Health Dept. & numerous community partners are collaborating to launch the 2025-28 Jasper Co. Health Assessment.

RSVP for lunch by 8.30.2024 Email: pr@mercyoneiowa.org











PRESS RELEASE

RE: Jasper County Opioid Settlement Funds- Third Distribution

Date: 8/6/2024 To: Media

From: Jasper County Opioid Settlement Committee & Jasper County Board of Supervisors

The Jasper Board of Supervisors approved the Jasper County Opioid Settlement Committee's recommendation to fund the following organizations:

- Capstone Behavioral Healthcare for justice-involved substance treatment.
 Awarded \$70,000
- Clearview Recovery, Inc. for Jasper County residents with no insurance coverage for substance treatment program for women in Prairie City. Awarded \$82,000.
- Colfax-Mingo CSD for substance prevention program in the school.
 Awarded: \$32,000
- Sheepgate, a division of Adult and Teen Challenge of the Midlands, plans to expand substance treatment with a new building.

Awarded: \$100,000.

Jasper County aims to eliminate obstacles to assist individuals needing substance treatment. The Jasper County Opioid Settlement Funds are presently funding various treatment programs at the organizations mentioned above, as well as providing support services at Open Arms of Jasper County, House of Mercy in Newton, and Discover Hope 517. If you or a loved one need help, we encourage you to contact one of these organizations, refer to the Jasper County resource guide for additional options, or call the Jasper County Health Department, and we can help connect you to treatment.

Jasper County Resource Guide: https://www.jasperia.org/resources/substance_misuse_and_treatment/





<u>Iowa Recovery Update - Aug. 8, 2024</u>

State and FEMA disaster assistance is available for homeowners and renters affected by tornadoes, severe storms and flooding in 28 lowa counties.

The counties are Adair, Adams, Buena Vista, Cedar, Cherokee, Clarke, Clay, Dickinson, Emmet, Harrison, Humboldt, Jasper, Lyon, Mills, Monona, Montgomery, O'Brien, Osceola, Palo Alto, Plymouth, Polk, Pottawattamie, Ringgold, Shelby, Sioux, Story, Union and Woodbury.

Key Messages

- FEMA has provided more than \$56 million in Individual Assistance directly to survivors to help with home repairs, paying for a temporary place to live and other serious needs not covered by insurance.
- More than 5,000 lowa households have been approved for Individual Assistance.
- In addition, FEMA's National Flood Insurance Program has paid more than \$5 million in claims.
- The State of Iowa has a temporary housing program. The state's Disaster Recovery Temporary Housing Program (DRTHP) is available in eligible counties. Residents can apply online or by calling 1-833-307-6030. The Call Center is open daily from 7 a.m. – 8 p.m.
- The Disaster Recovery Center in Pottawattamie County will close at noon on August 12 and will reopen August 14 at 1 p.m.

FEMA Disaster Recovery Centers in Iowa

DRCs are open daily from 8 a.m. to 6 p.m. As of August 11, all DRCS will be closed on Sundays.

Buena Vista County

Sioux Rapids Municipal Pool 201 Eighth St., Sioux Rapids, IA 50585 **Woodbury County**

Siouxland Regional Transit System 6401 Gordon Dr. Sioux City, IA 51106 Palo Alto County

Iowa Lakes Community College 3200 College Dr. Emmetsburg, IA 51334 Opens Thursday,

Aug. 8, 1-6 p.m.

Dickinson County

Dickinson County Expo Bldg. meeting room. 1602 15th St., Spirit Lake, IA 51360 Opens Thursday, Aug. 8, 1-6 p.m.

(post)



Homeland Security and Emergency Management



Cherokee County

Cherokee County
Emergency Management
(Formerly the Cherokee
County Work Services
Bldg.)
322 Lake St., Suite B
Cherokee, IA 51012

Clay County

Clay County Regional Events Center Tower Gate Pavilion 800 W. 18th St. Spencer, IA 51301

Emmet County

St. Patrick's Church - Gym 903 Central Ave. Estherville, IA 51334

Humboldt County

Humboldt County Engineer Secondary Roads Bldg. 2221 220th St. Humboldt, IA 50548

Lyon County

Forster Community Center 404 First Ave. Rock Rapids, IA 51246

Sioux County

City Park Shelter House 1013 13th Ave. Rock Valley, IA 51247

O'Brien County

City of Sheldon Community Services Center 416 Ninth St., Sheldon, IA 51201

<u>Greenfield - Adair County</u>

Greenfield City Hall 202 S. First St. Greenfield, IA 50849

Pottawattamie County

Veterans Affairs Building 623 Sixth Ave Council Bluffs, IA 51501 Closing at noon on August 12 Reopens August 14 at 1 p.m.

State Disaster Recovery Housing Programs

For Homeowners:

Disaster Recovery Temporary Housing Program (DRTHP)

Governor Reynolds has announced a <u>Disaster Recovery Temporary Housing Program (DRTHP)</u> that will provide temporary sheltering options.

The <u>Disaster Recovery Temporary Housing Program (DRTHP)</u> is available through the state of lowa to provide temporary sheltering options for eligible disaster survivors as they pursue long-term housing solutions. For this program, housing options may include recreational vehicles and travel trailers, for up to six months at no cost for lowans whose homes were majorly damaged, destroyed, or deemed not habitable.

The household must have a primary residence located in one of the eligible counties. Please review this page for list of <u>eligible counties</u>.

Residents can apply online or by calling 1-833-307-6030. The Call Center is open daily from 7 a.m. - 8 p.m.



For Homeowners:

The <u>Disaster Recovery Housing Assistance Program</u> application is open now for disaster-impacted homeowners in counties approved for FEMA Individual Assistance. *A map of approved counties is available* <u>here.</u>

This state of lowa-run program addresses unmet housing recovery needs outside the scope of insurance coverage or FEMA Individual Assistance. Eligible homeowners can receive up to \$50,000 for the repair or rehabilitation of their disaster-impacted homes. The program ID is 28.

Interested homeowners must first file an insurance claim if insurance is present, then apply for FEMA Individual Assistance, and received a Housing Assistance award and then; if there are unmet home repair needs can apply for the Disaster Recovery Housing Assistance Program.

For Developers:

The <u>State Disaster Recovery New Housing Grant Program</u> application is open now for developers. The program ID is 571222 It will provide financial assistance for the development of for sale and rental housing in cities impacted by the disasters in approved counties.

A map of counties, including those approved for FEMA Individual Assistance, as required for this program, is available here.

All Iowa Housing Program Information can be found at Disasterrecovery.iowa.gov Housing Information

Applications for state grant programs are available on <u>lowaGrants.gov</u>. First-time users must create an account. A short instructional video can help applicants with the login process. A call center is also available for those who need additional assistance with their application.

Types of FEMA Individual Assistance

Money provided by FEMA does not have to be repaid and may include:

- Serious Needs: Money for lifesaving and life-sustaining items, including water, food, first aid, prescriptions, infant formula, breastfeeding supplies, diapers, consumable medical supplies, durable medical equipment, personal hygiene items and fuel for transportation.
- **Displacement:** Money you can use to stay in a hotel or motel, stay with family or friends, or for any other available housing options if you can't return home following a disaster.
- Home Repair or Replacement: Money to help you repair or replace your home damaged by the disaster. The
 money can also help with pre-existing damage to parts of your home where the disaster caused further
 damage.
- Rental Assistance: Money you can use to rent housing if you are displaced from your home because of the disaster.



- Personal Property: Money to help you repair or replace appliances, room furnishings, and a personal or family
 computer damaged by the disaster. This can also include money for books, uniforms, tools, additional
 computers and other items required for school or work, including self-employment.
- Child Care: Money to help you pay for increased or child care expenses caused by the disaster.
- **Transportation:** Money to help you repair or replace a vehicle damaged by the disaster when you don't have another vehicle you can use.
- Moving and Storage Expenses: Money to help you move and store personal property from your home to prevent additional damage.

How to Apply with FEMA

- Visit <u>DisasterAssistance.gov</u>.
- Call FEMA directly at 800-621-FEMA (3362) Open Sunday Saturday 7a.m. 11 p.m. ET.
- Download and use the <u>FEMA app</u>.

FEMA works with each household on a case-by-case basis. Anyone using a relay service, such as video relay service (VRS), captioned telephone service or others, can give FEMA the number for that service. For an accessible video on three ways to apply for FEMA assistance, visit: https://www.youtube.com/watch?v=LU7wzRjByhl

Disaster recovery assistance is available without regard to race, color, religion, nationality, sex, age, disability, English proficiency, or economic status. If you or someone you know has been discriminated against, call FEMA toll-free at 833-285-7448.

How to Appeal a FEMA Decision

You can appeal any FEMA decision or award amount by sending documents that show you qualify and need more help, like estimates for repairs, receipts, bills, etc.

Each FEMA decision letter you receive explains types of documents that may help you appeal your decision or award amount for that type of assistance.

More information: How to Appeal a FEMA Decision

FEMA Individual Assistance Call Center

Applicants with insurance may receive a call from FEMA Individual Assistance Call Center to assist them with completing their applications. Survivors may receive a phone call, text and email requesting additional insurance information.

Insurance information is the most common missing document. If homeowners cannot find the insurance policy or the insurance declaration, or the information was lost during the disaster, it can usually be located on the insurance company's website or by contacting the insurance agent.



Homeland Security and Emergency Management



FEMA may be able to help with damages not covered by insurance. Once an insurance settlement is reached FEMA may be able to help with the difference between the settlement and actual cost of repairs. Applicants should keep receipts. You may receive an automated phone call, text message or email offering additional resources available to you.

U.S. Small Business Administration provides personal help, loans

The Small Business Administration offers low-interest loans after a disaster to help businesses of all sizes, non-profit organizations and individual households. Representatives of businesses of all sizes, non-profit organizations and individual households are welcome to visit SBA Business Recovery Centers here:

Pottawattamie County

Minden Fire Station
Meeting Rm.
205-207 Main St.
Minden, IA 51553
9 a.m.–6 p.m. Monday-Friday
8 a.m.–2 p.m. Saturdays

Polk County

Hyatt Place West Des Moines – Jordan Creek Boardroom 295 S. 64th St. West Des Moines, IA 50266 9 a.m.-6 p.m. Monday-Friday 8 a.m.-1 p.m. Saturdays

Sioux County

Centre Mall 251 N. Main Ave, #212 Sioux Center, IA 51250 9 a.m.-6 p.m. Monday- Friday: 9 a.m. – 1 p.m. Saturdays

For more SBA Disaster info, visit: Disaster assistance | U.S. Small Business Administration (sba.gov)

Agriculture Recovery Center to Open in Woodbury County

State, federal and local agencies, in conjunction with farming industry groups, will host Agriculture Recovery Center events to help lowans recover from spring tornado, flood and storm damage. It will be held in **Woodbury County** – Correctionville Community Center, 312 Driftwood St., Correctionville, IA 51016 on Thursday, August 22 from noon – 8 p.m.

The walk-through events, designed as a resource fair, will provide information on addressing agricultural or rural needs that are not covered by standard programs offered by FEMA or the state of lowa. The U.S. Department of Agriculture, the lowa Insurance Division and other government agencies are working with industry organizations such as lowa Pork Producers, lowa Soybean and lowa Cattlemen to ensure unmet needs are identified and resources are shared.

Helpful Information

- For information on numerous Iowa Disaster Recovery Assistance Programs, click here <u>State of Iowa Assistance</u>
- How to Document Flood Damage Insurance Claims (floodsmart.gov)
- Mold Problems and Solutions: If your home was flooded, mold may be present and can pose a health risk. You may see or smell mold on clothing, drywall or furniture, and it may be hidden under or behind items like flooring, appliances or walls. Drying your home and removing water-damaged items is the most important step to repair



mold damage. <u>Post-Flood Clean-Up Resources | Iowa.gov Homeowners and Renters Guide to Mold Cleanup</u> after Disasters

- Disaster Recovery Farm Interest Program (DRFIP): https://www.iowafinance.com/disaster-recovery-farm-interest-program-drfip/
- The lowa Homeland Security Emergency Management Department coordinates the lowa Hazard Mitigation
 Program which works to reduce or eliminate long-term risk to people and property from natural hazards and their
 effects. For more information on the grant program visit <u>Hazard Mitigation</u> | <u>Homeland Security and Emergency</u>
 Management (iowa.gov)
- The U.S. Department of Agriculture's <u>disaster assistance fact sheet</u> for lowa is a one-stop-shop of Rural Development (RD) programs and contact information that can be used to help people and businesses in rural lowa rebuild and recover from severe weather and natural disasters. Additional resources are listed: https://www.rd.usda.gov/resources/rural-development-disaster-assistance.
- Free Legal Assistance <u>Legal Aid of lowa's Disaster Relief Project</u> provides information and legal assistance for disaster survivors regarding insurance, housing contractor fraud and document replacement. The Hotline 1-866-761-4692 is open 24 hours a day, seven days a week. Survivors can also email: <u>disaster@iowalaw.org</u>.

Disaster recovery websites and social media channels

Please visit these websites and follow us on social media for timely and accurate information. Websites:

- DisasterRecovery.iowa.gov
- FEMA's lowa Recovery Page: fema.gov/disaster.4796, fema.gov/disaster/4779 and fema.gov/disaster/4784
- Download and use the <u>FEMA app</u>

Social Media:

- Facebook: lowa Department of Homeland Security and Emergency Management facebook.com/lowaHSEMD
- X (Formerly Twitter), Iowa Department of Homeland Security and Emergency Management:
 x.com/IowaHSEMD
- FEMA Region 7: x.com/femaregion7

Disaster recovery assistance is available without regard to race, color, religion, nationality, sex, age, disability, English proficiency, or economic status. If you or someone you know has been discriminated against, call FEMA toll-free at 833-285-7448. Press 2 for Spanish.

###

FEMA's mission is helping people before, during and after disasters.



Tactical Recovery

Veteran Support Services

SERVING THOSE WHO SERVED

St. Gregory is honored to partner with the Department of Veterans Affairs Community Care Network and PsychArmor as a Veteran-Ready program. Services include detox, residential treatment, and intensive outpatient programs for mental health and addiction for our nation's veterans.



NPI: 1144700485 | Fax (515) 217-4745 | Website: stgregoryctr.com

Accreditation: CARF

Location: Bayard, IA | 1 Hour from Des Moines, IA

- Providing trauma-informed care within a service-oriented culture, using evidence-based practices proven effective with Veterans
- Veteran specific programming groups 2x a week
- Equine Therapy including Equine psychotherapy
- Competency in treating co-occurring mental health diagnosis
- + Collaborative discharge planning with VA or military command
- Tactical Recovery Alumni App to stay connected and supported after discharge
- Medically-supervised Detox, Inpatient Residential, Intensive Outpatient (IOP)
- 12-Step Alternative curriculum, CBT, CPT, Motivational Interviewing, Relapse prevention, SMART recovery, Meditation and Mindfulness, Spiritual growth, Art therapy, Music therapy, Nature-based outings, Equine therapy
- Wellness services include: Full Rec Center with sauna, weight room, basketball courts, cardio machines

For more information about our Tactical Recovery Program, contact (888) 915-4295 | tactical recovery.com







Our facility includes semi-private suites with bathrooms. We also provide the following recreational options:

- * Sand Volleyball
- * Game Tables
- * Disc Golf
- * Basketball, Football, Baseball
- ★ 2-story Rec Center with Sauna
- * Musical Instruments

If other treatment options have not worked for you in the past, our empowerment-based alternative program can help overcome the burden of addiction.

Our programming helps you:

- * Learn how addiction affects the body
- ★ Find positive ways to cope with stress
- ★ Feel empowered to believe in yourself
- * Manage depression and anxiety
- ★ Understand emotions and how to manage them
- ★ Improve communication skills & build positive relationships



Tactical Recovery

Veteran Support Services

For more information about our Tactical Recovery Program, contact (888) 915-4295 | tacticalrecovery.com















Tactical Recovery provides trauma-informed care within a service-oriented culture, using evidence-based practices proven effective with Veterans and first responders.

If you are a current or former law enforcement officer, firefighter, corrections officer, EMT/paramedic, or military member struggling with addiction to drugs or alcohol, we can help. Our expert addiction treatment staff will help you address profession-related issues that impact your recovery from addiction by offering:

- ★ Medically supervised detox, inpatient residential treatment, and an intensive outpatient program (IOP)
- ★ Competency in treating co-occurring mental health diagnoses
- ★ Wellness services, including full rec center with sauna, weight room, basketball courts, and cardio machines
- * Equine therapy
- ★ 12-Step-alternative curriculum, CBT, CPT, motivational interviewing, relapse prevention, SMART recovery, meditation and mindfulness, art therapy, music therapy, nature-based outings
- ★ Service-specific programming groups 2x a week
- ★ Tactical Recovery alumni app to stay connected and supported after discharge

For more information about our Tactical Recovery Program, contact (888) 915-4295 | tactical recovery.com



Tactical Recovery
Veteran & First Responder Support Services









UCS HEALTHCARE MOBILE UNIT

UCS Healthcare delivers comprehensive and compassionate healthcare to our patients. Expanding upon our promise, we can now bring mobile medical services to underserved communities throughout lowa by putting health providers on the road.



OUR SERVICES



ADDICTION MEDICINE

Our provider can prescribe Suboxone (buprenorphine/naloxone) for opioid use disorder. We also offer treatment for other substance use disorders like alcohol and methamphetamines. We provide limited additional services to our MAT patients on a case-by-case basis, such as wound care.



SCREENING, BRIEF INTERVENTION & REFERRAL TO TREATMENT (SBIRT)

An SBIRT evaluation is a patient-focused screening for substance use and mental health concerns. It helps identify health goals and needs. Based on the results of the SBIRT we directly link folks with the appropriate care.



PROVIDING NARCAN

Narcan is a well-known name for naloxone, a medication used to reverse opioid overdoses, including overdoses caused by oxycodone, heroin, and fentanyl. Other harm reduction supplies and education are provided as needed.



SUBSTANCE USE DISORDER, MENTAL HEALTH ASSESSMENTS AND TELEHEALTH

Patients will be able to complete an assessment with a certified alcohol and drug counselor (CADC) and/or a mental health intern/staff on the Mobile Unit. These typically take 60-90 mins. Patients then continue to follow-up with their counseling, mental health, MAT, or medical providers via in-person or telehealth.

WE CARE ABOUT YOUR HEALTH

If there are any questions or concerns about The Mobile Unit please contact:

Sarah High LMSW CADC, Outreach Coordinator

P: 515-309-2760 E: sarahhigh@ucsdsm.org









House of Mercy 1409 Clark Street Des Moines, IA 50314

T (515) 643-6500 F (515) 643-6598 https://www.mercyone.org/desmoines/house-of-mercy/

House of Mercy Overview:

House of Mercy is dedicated to making the community a healthier place by offering treatment for substance use disorders and mental health services to individuals and families. Accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) and National Association of Education of Young Children (NAEYC) and licensed by the Iowa Health and Human Services (HHS).

House of Mercy - Newton House of Mercy -House of Mercy - Des 200 North 8th Avenue Indianola Moines 1409 Clark Street East 310 North Buxton Street Indianola, IA 50125 Des Moines, IA 50314 Newton, IA 50208 T (641) 792-0717 T (515) 358-7610 T (515) 643-6500 F (515) 643-6598 F (641) 792-0730 F (515) 962-1685 SUD Walk-in Hours, SUD Walk-in Hours. SUD Walk-in Hours, Tuesday & Thursday 9a-Monday-Friday, 9am-Tuesday and 2pm Thursday, 9:00a-12:00p 12p

Grant Outreach Initiatives:

- Iowa Provider Network (IPN) (Block Grant)
- Iowa Homelessness Grant (TIEH)
- State Opioid Response Grant (SOR3)
- SBIRT Grant (MercyOne trauma, pain clinics and emergency department)

Family Programming:

Substance Use Disorder Treatment Levels of Care provided:

Mental Health Services Provided:

- Outpatient Mental Health Therapy
- Psychiatric services (adult)
- Some of our specialties include:
 - Child Parent Psychotherapy (CPP)
 - Cognitive Behavioral Therapy (CBT)
 - o Eye Movement Desensitization and Reprocessing (EMDR)
 - o Intuitive Eating
 - Dialectical Behavior Therapy (DBT)

Pregnant and Postpartum Women's grant (PPW)

Pauto, Peer Support Opioid Settle North Rends

Programming:

24/7 Dad's group
Circle of Security
Family Orientation Group

Stance Use Disorder Treatment Levels of Care provided:
Outpatient for men/women/adolescents
Residential for single women and women with children.
Recovery Housing for women and children

tal Health Services Provided:
Outpatient Mental Health Therapy

Psychiatric considers (Intelligence)



AUG 2024: SUPPORT GROUPS AND CLASSES

SUN	MON	TUE	WED	THU	FRI	SAT
	P2P = Peer to Peer class F2F = Family to Family class FSG= Family Support Group	IP = In Person WC = Wellness Center in Ames		Connection @WC / 2 pm (IP / Zoom) Connections Marshalltown Together We Can 2pm FSG 6:30pm WC (also Zoom)	02	O3 Connection 5:15 pm (Zoom)
04	05 Connection @WC / 2 pm (IP / Zoom)	O6 Connection 2 pm St. Paul in Ames	O7 Connection @Connections / Zoom in Newton 1 pm	08 Connection @WC / 2 pm (IP / Zoom) Connection 6 pm (Zoom)	09	Connection 5:15 pm (Zoom) L
11	12	13	14	Connection @WC 2pm (IP / Zoom) Connections Marshalltown Together We Can 2pm	16	17 Connection 5:15pm (Zoom)
18	Family-to-Family @WC /	St. Paul in Ames	21 Marshalltown Library Connection 12:30pm (IP/Zoom) Connection @Connections / Zoom in Newton 1pm	Connection @WC 2pm (IP / Zoom) Connection 3:30 pm The Rose Center Boone FSG 6:30pm WC (also Zoom) and Robert W Barlow library Iowa Falls	23	24 Connection 5:15pm (Zoom)
25	26 Family-to-Family @WC / 5pm Woman's Support Group @WC 6pm	27	28 FSG La Luz Centro Cultural Hampton 5:30pm	29 Connection @WC 2pm (IP / Connection 6pm (Zoom)	30	31

Sign up today at 515-292-9400 or egustafson@namicentraliowa.org

Wellness Recovery Center hours are Monday – Tuesday - Thursday 10 am – 4 pm. 424-5th street in Ames

	Contact: Terro	r Cleveland
Name	County Jasper	agingresuros

Goal 1: Maximize Independence-Think about your county, in particular, for the following questions.
Tottowing questions.
List some community partners that can increase access to Aging Resources:
1.
2.
3.
What services enable older adults and people with disabilities to live longer in their own homes?
1.
2.
3.
How does (or can) your community assist older adults and persons with disabilities access integration services such as volunteering, employment, improving health and wellness, and activities that enhance their daily lives and allow them to live independently with purpose?
1.
2.
3.
What services or activities help support families and caregivers?
1.
2.

3.

Page 1/4

Goal 2: Improve Health and Wellness-Think about your county, in particular, for the following questions.

What programs are offered to older adults in your county to improve healthy lifestyle choices and overall health?
1.
2.
3.
Do you have programs that address falls among older persons through education, awareness, and prevention?
1.
2.
3.
Where are there disparities in service usage among diverse and underserved older persons and persons living with disabilities?
1.
2.
3.
How can services be delivered more equitably across communities?
1.
2.

3.

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Goal 3: Improve Safety & Quality of Life-Think about your county, in particular, for the following questions.

What services/activities increase awareness of elder abuse, neglect, and financial exploitation among older persons and persons at risk for abuse?
1.
2.
3.
What services are there to provide access to high-quality legal assistance for older people
1.
2.
3.
Are social service staff aware of when and how to make a referral to the Office of Public Guardian or the Office of the Long-Term Care Ombudsman? Is additional training needed
1.
2.
3.
What services/activities are offered to help older adults improve their quality of life?
1.
2.

3.

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Goal 4: Stay Engaged & Supported-Think about your county, in particular, for the following questions.

What services/activities help increase social engagement opportunities for persons at-risk
for social isolation?

Page 4/4

Housing & Homeless - Jasper Co.

Rolling Hills covers 15 counties, including Jasper County. We accept individuals or families who are at or below 60% AMI, are literally homeless, facing eviction, or if they are a family without a primary night-time residence (couch surfing with kids, essentially). There is a process to be accepted into the program, starting with them submitting to our portal: www.iowahousinghelp.com

This portal/link can be used all over Iowa as it connects individuals and families to the Coordinated Entry System. The county they select will determine which region reaches out to assess their situation and determine eligibility for any of the housing programs. Also, they can usually find me at Discover Hope on Wednesdays. It's always best to call ahead though as I am juggling my time between clients and partners in several counties in Iowa (my work cell: 515.608.9560, text is fine as well).

If they do not have a phone, they could use someone else's phone and call me to set up a time we could meet inperson. People can also call Waypoint, the call center in CR as they are able to complete our assessments. **Waypoint's #: 833.739.0065.**

Either way they choose to connect with us, they will complete an assessment, and qualifying individuals/household will be added to a waitlist. Households are then connected or referred to the appropriate housing program and prioritized based on their need. Those with higher need will be highest priority to be served first (based on their assessment).

As I mentioned, the link covers all of Iowa and connects people to the Coordinated Entry System. If they select one of our 15 counties, they will be directed to my team. See the map of Iowa that has been broken down into several regions.

?

IowaHousingHelp

To get you connected with the designated lead agency in your area, we need to collect some information from you. This information will be put into a database that is shared with agencies across the state that have signed a confidentiality agreement.

www.iowahousinghelp.com

Once they receive the submission, someone on my team will reach out to them in the order that it was received to complete an assessment. Once assessed, they will be added to our waitlist and will remain on that list until they are pulled into services. Some households get pulled into services rather quickly; others may never get pulled in. It all depends on their level of vulnerability or need. We always pull those with the highest need first. The more barriers they are dealing with, the higher they will score and the sooner they will be able to be assisted.

We typically pay deposit and first month's rent, to help them to get stabilized. Additionally, provide case management services to help them maintain their housing situations. Some families/people need more support that others; we always assist clients on a case-by-case basis, depending on their situation with the goal of the household being able to maintain an affordable housing situation. While we are typically a short-term housing program, we are able to bridge some households to a more long-term housing program (Housing Choice Voucher/Public Housing/Permanent Supportive Housing), depending on their need and location.

We also have a street outreach program with a case manager who will deliver food and/or supplies, give rides, and connect people to our programs or the shelter in DSM. If you know anyone who is sleeping outside or in their vehicle, please let us know and we'll do our best to connect them to resources and ultimately housing.

One of the tools I use to help people look for income-based units is: www.iowahousingsearch.org. They can click on "Find Housing" then search by zip code of city.

Thank you for your time I look forward to working with you! Please share and reach out with any questions.

Lindsey Sinn, MSW (she/her)

Dayer 13

Rolling Hills Region
Case Manager

Ph: 515.608.9560

Central Iowa Shelter & Services

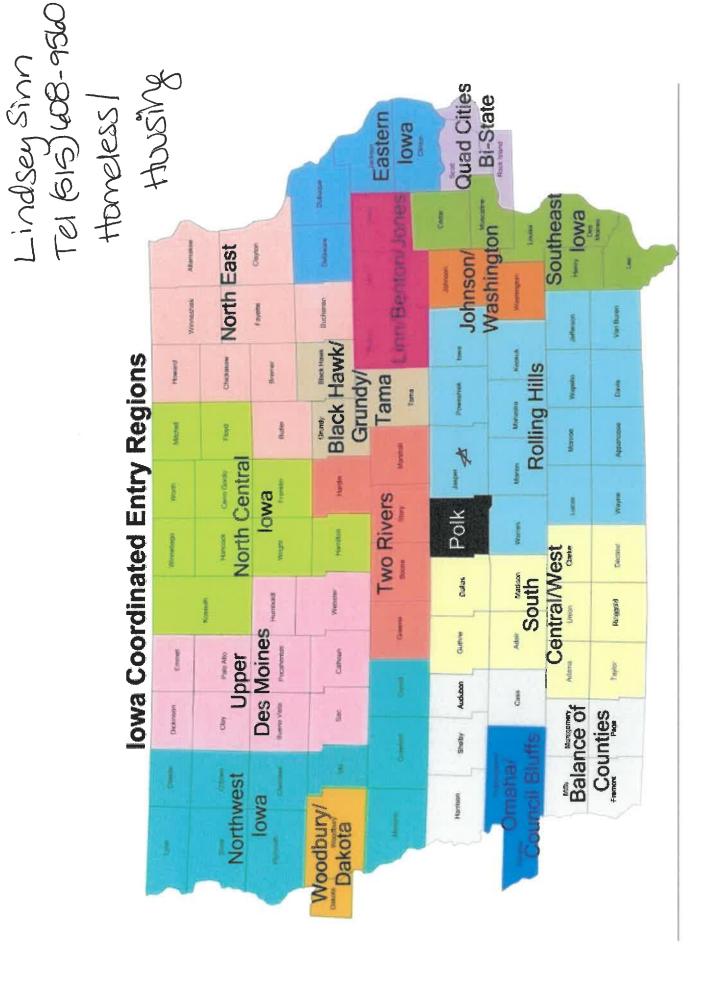
1420 Mulberry St. Des Moines, IA 50309

Web: centraliowashelter.org



Rolling Hills Coordinated Entry Regional Service Area provides services to 15 Counties in Southeast Iowa including: Appanoose, Davis, Poweshiek, Monroe, Jasper, Wapello, Jefferson, Warren, Wayne, Lucas, Iowa, Keokuk, Van Buren, Marion, and Mahaska.

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Register Today!

www.campfireiowa.org/pcm

515-274-1501 prairiecity@campfireiowa.org www.campfireiowa.org







2024 Virtual Alzheimer's Education Series

The Alzheimer's Association Iowa Chapter is offering a free, monthly education series via Zoom in 2024 for caregivers, families and people living with Alzheimer's and dementia to learn about all aspects of the disease.

Visit the Program Events Calendar at alz.org/lowa to register.

Contact Jessica Duncan at jsduncan@alz.org or 515.325.5287 with questions.

EDUCATION SERIES SCHEDULE

Every 3rd Thursday at 11 a.m. CST

6.20.24 — Managing Money

8.24 — New Advancements in Alzheimer's

8.15.24 — 10 Healthy Habits for Your Brain

9.19.24 — Understanding Alzheimer's and Dementia

10.17.24 — 10 Warning Signs of Alzheimer's

11.21.24 — Dementia Conversations

Stay tuned for a month long education series in December

CLASS DESCRIPTIONS

Community And Corporate Education



View upcoming presentations at alz.org/iowa. To learn more or schedule a class for your group or company please call our 24/7 Helpline at 1.800.272.3900. All classes are free and presented virtually or in person.



20 15-20 minute class



30 Minute class



60 60 minute class



90 minute class



🦹 Available in Spanish

INTRODUCTORY CLASSES

INTRO TO ALZHEIMER'S



This brief class covers the difference between Alzheimer's and dementia, risk factors and warning signs, resources, and how you can join the fight against the disease.

HEALTHY LIVING FOR YOUR BRAIN AND BODY: TIPS FROM THE LATEST RESEARCH



For centuries, we've known that the health of the brain and the body are connected. But now, science can provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement. Use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

10 WARNING SIGNS

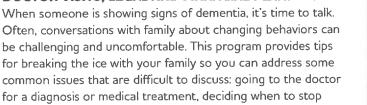




Alzheimer's and other dementia cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common dementia warning signs, how to approach someone about memory concerns, the importance of early detection and benefits of a diagnosis, possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

DEMENTIA CONVERSATIONS: DRIVING, DOCTOR VISITS, LEGAL AND FINANCIAL PLANNING





UNDERSTANDING ALZHEIMER'S AND DEMENTIA 30 60 🛨

driving and make legal and financial plans for future care.



Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms and Alzheimer's Association resources.

AWARENESS PRESENTATION



In this brief presentation, learn about the Alzheimer's Association, resources and support, and how to get involved

*Specific presentations for Rotary Club and Edward Jones are also available upon request.

SPECIALTY CLASSES

MANAGING MONEY:

A CAREGIVER'S GUIDE TO FINANCES



It's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

NEW ADVANCEMENTS IN ALZHEIMER'S TREATMENTS

Learn about the latest treatments available for Alzheimer's disease, how they work, who may be a candidate for the treatment, access and availability.

EMPOWERED CAREGIVER SERIES

These classes are designed to increase caregiver confidence while reducing stress. They offer helpful ways to approach the responsibilities of caring for someone living with dementia using a person-centered approach. Classes can be scheduled individually or bundled together to create an education series.

BUILDING FOUNDATIONS OF CAREGIVING



This class explores the role of the caregiver and changes they may experience, how to build a support team and ways to manage caregiver stress.

SUPPORTING INDEPENDENCE



This class focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

COMMUNICATING EFFECTIVELY



This class teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

RESPONDING TO DEMENTIA-RELATED BEHAVIORS



This class details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

EXPLORING CARE AND SUPPORT SERVICES



This class examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of-life care.



Alzheimer's and Dementia Care ECHO® Program Primary Care Practices

Every other Thursday, beginning October 10, 2024 12:00-1:00 PM CT (1:00-2:00 PM ET)

Date	Topic
10/10/2024	ECHO Introduction and Disease Causing Dementia
10/24/2024	Signs and Symptoms of Cognitive Impairment and Cognitive Assessment Tools
11/7/2024	Evaluation and Diagnosis in the Primary Care Office
11/21/2024	Routine Care Planning
12/5/2024	Person-Centered Communication
12/19/2024	Care Management: Addressing Role and Needs of Caregivers
1/9/2025	Care Management: Cognition and Comorbidities
1/23/2025	Referral and Specialty Testing
2/6/2025	Care Management: Behavioral and Psychological Symptoms of Dementia (BPSD)
2/20/2025	Developing Treatments and the Clinician's Role
3/6/2025	Advance Care Planning
3/20/2025	Coordination of Care and Transitions of Care

For more information, please contact Rachel Goldberger at rbgoldberger@alz.org.

EXPAND YOUR DEMENTIA CARE EXPERTISE WITH THE ALZHEIMER'S AND DEMENTIA CARE ECHO PROGRAM FOR PRIMARY CARE



What is Project ECHO® (Extension for Community Healthcare Outcomes)?

- » Mentoring and support conducted by the Alzheimer's Association® via case-based, interactive videoconference sessions.
- >> Twelve biweekly sessions include 10-to-12-minute didactic lessons followed by group consultation on de-identified patients.

What will I learn?

- » Best-practice guidance for dementia detection, diagnosis and management
- » Person-centered care planning strategies
- Communication strategies for working with patients and caregivers
- Expanded knowledge of and access to community-based resources

What will I gain?

- Mentoring from experts in the field
- Increased confidence to care for people living with Alzheimer's and other dementia
- Access to resources used during the series
- » Certificate of completion
- » Continuing education units (CME/CNE/CEUs)

Note: Active engagement using a webcam and internet is strongly encouraged, and learners will have the opportunity to share feedback on their experience.

THERE IS NO COST TO JOIN. REGISTER NOW!

Every other Thursday, beginning October 10, 2024 at 12:00PM-1:00PM CT

For more information, contact Rachel Goldberger at rbgoldberger@alz.org

Accreditation Statement:

In support of improving patient care, Rush University Medical Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation Statements:

For Medicine: Rush University Medical Center designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

For Nursing: Rush University Medical Center designates this live activity for a maximum of 1.00 nursing contact hour(s).

For Social Work: As a Jointly Accredited Organization, Rush University Medical Center is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved continuing education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.00 general continuing education credits.





OCTOBER 7, 2024

FFA ENRICHMENT CENTER ANKENY, IA

A CONFERENCE FOR

DIRECT CARE WORKERS AND FAMILY CAREGIVERS

Joining Caregiver Voices Together in a Chorus of Compassion to Serve the Needs of Others

SAVE THE DATE!

DIRECT CARE: A CHORUS OF COMPASSION

It is our goal to work in *harmony* to serve the needs of lowans. The tempo of caregiving can be very quick and the *dynamics* can vary a lot, but it is important to get into a good *rhythm*. The *bar* is set high. Your participation in this conference can be *key* to rebuilding your passion and to avoiding falling *flat* from burnout. You will experience programs for self-care, professional and skill development, mental health, and networking with the *ensemble* of direct care workers and family caregivers in attendance. The day will *crescendo* in fun and motivation and send you away feeling *harmonious* and *in unison*.

THINGS TO LOOK FORWARD TO:

- Motivational Keynote Speakers
- Agenda and Sessions Tailored to Topics for Those in Direct Care and Family Caregivers
- Networking with Fellow Caregivers
- Exhibitors with Lats of Resources
- Theme-Related Fun
- Great Food
- Feel Good Atmosphere!

IN 2023:

91%	rated it excellent or very good
-----	---------------------------------

Watch our website and Facebook page for more information: lowaCareGivers.org

Iowa CareGivers

939 Office Park Rd., Ste. 332 • West Des Moines, IA 50265

PHONE: 515.223.2805 EMAIL: pam.biklen@iowacaregivers.org

lowa CareGivers.org



Cookies for a Cause

August 5th - September 30th



\$1 goes to Open Arms Foundation of Jasper county For every Bakery fresh 12ct cookie package sold,



OPENARMSJASPER.ORG



DAKIN
9
#PuntingIs@iving



Iowa - \$25/\$22



Iowa State - \$25/\$22



PERKINS 80 PuntingIsGiving



2024 Issue

RED RIBBON CAMPAIGN® Parent / School Planning Guide

NATIONAL FAMILY PARTNERSHIP PRESENTS





COMING SOON RED RIBBON WEEK® OCTOBER 23-31 WWW.REDRIBBON.ORG

GARAGE & BAKE SALE

When:

Thursday, September 5: 8 AM-5 PM

Friday, September 6: 8 AM-5 PM

Baked goods available until sold out

Where:

Jasper County Community Center

2401 1st Avenue East, Newton

Proceeds Benefit Jasper County Elderly Nutrition

What is Jasper County Elderly Nutrition?
Jasper County Elderly Nutrition serves anyone 60 years of age or older and their spouse (spouse need not be 60). Home delivered meals are provided throughout Jasper County. Congregate meal sites are available in Colfax, Monroe, & Newton. The program is funded by Aging Resources of Central Iowa, Jasper County, donations from clients, Medicaid, EFSP funds from United Way, memorials and fundraising events.

TO DONATE ITEMS AND/OR BAKED GOODS CALL 641-792-7102

(No clothing—non food donated items for the sale can be dropped off Wednesday, Aug. 28 and Thursday, Aug. 29 from 8 AM-4 PM or by appointment (please mark your items with a price)

Baked Goods may be dropped off Wednesday, September 5.



Over 95% of the time, a citizen is the first one to respond to an emergency before a professional responder can arrive. Knowing what to do in a time of emergency can help save a person's life.



Studies show that communities with wellprepared civilian responders can reduce the impact of disasters. When civilians are trained and ready, they can provide critical support, save lives, and help ensure a faster recovery. Strength lies in community, and resilience is built through preparedness.

Together, we can face any challenge and emerge stronger.

Jasper County CERT

ill you be ready

Emergencies and disasters can strike at any moment, and being prepared can mean the difference between life and death. Those who are trained and ready can act decisively to save lives and mitigate damage, while those unprepared may find themselves unable to help. Be the person who makes a difference. Equip yourself with the skills and knowledge to support your family, your community, and your country in facing the very real threats of today. Do the right thing—get trained, be prepared, and stand ready to help when it matters most.



More Information

www.jasperema-hls.org

em@jasperema-hls.org



Jasper County EMA 1030 W. 2nd St S, Newton, Iowa 50208

Jasper County Emergency
Management Agency



Jasper County Community Emergency Response Team (CERT)

When a disaster strikes, will you be ready?





The Jasper County Community Emergency Response Team (CERT), a division of Jasper County Emergency Management, is a dedicated group of volunteers committed to making our community safer, stronger, and better prepared for emergencies. Our mission is to educate and train citizens to respond effectively to disasters, providing critical support to first responders and ensuring the well-being of our neighbors during times of crisis.

What we do

Training and Education:

We offer comprehensive training programs that equip community members with essential skills in disaster preparedness, fire safety, medical operations, search and rescue, and team organization.

Emergency Response:

During emergencies, our trained volunteers assist with evacuation procedures, triage and medical aid, search and rescue operations, and logistical support. We also focus on first responder rehabilitation, ensuring that all responders have the resources and support they need to achieve the best possible outcomes.

Community Outreach:

We actively engage with the community through educational events, preparedness drills, and public awareness campaigns, fostering a culture of readiness and resilience.

Get Involved

At Jasper County CERT, we believe everyone has a role in creating a resilient community. Whether you're a seasoned volunteer or new to emergency response, there is a place for you on our team. We welcome individuals of all ages, backgrounds, and skill levels. From administrative support and logistics to hands-on emergency response and community education, your unique skills and talents can make a real difference. Gain valuable skills in disaster preparedness, first aid, fire safety, and more, while contributing to the safety and well-being of Jasper County. Join a dedicated team of like-minded individuals, build lasting friendships, and help ensure that our community is ready to face any challenge.

Why Join Us

M DIVERSE ROLES

From administrative support and logistics to hands-on emergency response and community education, there is a job for everyone. Your unique skills and talents can make a real difference.

INCLUSIVE ENVIRONMENT:

We value the diverse experiences and perspectives that each volunteer brings. Regardless of your background, you have a vital role to play in our efforts.

☑ EMPOWERMENT:

Gain valuable skills in disaster preparedness, first aid, fire safety, and more. Be equipped to protect yourself, your family, and your community.



Disaster response is not just about immediate action; it's about making a lasting difference.

Every moment of preparedness, every act of courage, and every helping hand can transform a crisis into a testament of resilience.

Why Join Us

S COMMUNITY IMPACT:

Help ensure that Jasper County is ready to face any challenge. Your contribution can provide critical support to first responders and enhance community resilience.

S CAMARADERIE:

Join a dedicated team of like-minded individuals who share a passion for community service and disaster preparedness. Build lasting friendships while making a difference.

S EMPOWERMENT:

Gain valuable skills in disaster preparedness, first aid, fire safety, and more. Be equipped to protect yourself, your family, and your community.