

We added blue links to the agenda to make it more interactive online. Clicking a link will take you directly to the organization's website or the email.

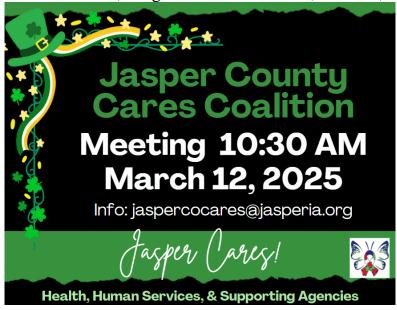
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## **Jasper County Cares Coalition Meeting Agenda**

Wednesday, March 12, 2025, at 10:30 AM

Location: 315 W 3<sup>rd</sup> St N., Large Conference Room, Newton, Iowa 50208



**Mission:** To enhance the awareness of health & human service resources & promote collaboration to better serve Jasper County.

Vision: Safe, healthy, and connected Jasper County.

**Sign-in and information table:** Please bring information or giveaways for the resource table. We keep track of attendance. If someone doesn't attend for a calendar year, we remove them from the distribution list. Leadership encourages all organizations to send a representative to be prepared to **share about your agency.** 

#### **Jasper County Cares Information:**

- Cares on Website
- Cares Facebook
- Events/calendar: <a href="https://www.jasperia.org/calendar/">https://www.jasperia.org/calendar/</a> A list of events is in the packet (towards the back). Check your events and submit events to the County calendar.
- Resource Guide: https://www.jasperia.org/resources/ Please check your agency information and update
- Contact: Becky Pryor jaspercocares@jasperia.org If you have staff or information changes, please let us know.

#### Welcome/Updates: New Contacts or attendees. Welcome folders are available.

- Newton YMCA George Sorensen, CEO, george.sorensen@newtonymca.org replace Lucas.
- IMPACT Community Action Partnership Amanda Scalise, ascalise@impactcap.org New contact.
- Immanuel Pathways/PACE Brendan Johnson, bjohnson@immanuel.com New contact.
- PCM School Contact, Kristen Souza, ksouza@pcmschools.org New contact.
- Newton Clinic Nicole Dunsbergen dunsbergenn@newtonclinic.com replacing Chelsea.
- Sheepgate Nikki Hook nhook@mysheepgate.org New
- Child Care Collaborative Mindy Aman maman@midsioux.org New
- <u>Home Instead- Newton</u> Anne Peters <u>anne.peters@homeinstead.com</u> Jeff is retiring.
- Central Iowa Workforce Eric Kress eric.kress@ciwdb.org New
- <u>Progress Industries</u> Keith Isley CEO <u>keith.isley@progressindustries.org</u> Sandy is retiring.
- If we missed anyone or you haven't attended in awhile, please let us know and make sure we have you on the distribution list!!!

## **March Spotlight Agencies:**

MICA (Mid Iowa Community Action)



United Way of Jasper County, Jessica Lowe Vokes unitedwayjc@gmail.com



### **Updates:**

- Jasper County Health Department has the movie <u>Gridshock</u>, about human trafficking along with educational materials if anyone would like to show it.
- Child Abuse Prevention Month is in April. We would love blue pinwheel gardens all over Jasper County. If you are interested, please let us know. We usually do one at the Newton Y, schools, City of Newton Police Department. Open Arms did a nice pinwheel garden last year for a fundraiser. We have coloring page and photo banner planned for the schools. Resource available at <a href="https://preventchildabuse.org/">https://preventchildabuse.org/</a>
- Emergency Planning:
  - https://www.safeguardiowa.org/
  - Jasper County EMA, Jasper County Ready App on your phone <a href="https://www.jasperema-https://wwww.jasperema-https://www.jasperema-https://www.jasperema-https://
- Congratulations to the <u>Colfax-Mingo CSD</u> on the Colfax Childcare Center for \$1.7 million grant. They are fundraising to raise their match. Learn more and donate at **cedcolowa.com**.

- <u>Aging Resources of Central Iowa</u> Rural Options Counselor, Ace Stonehocker, <u>ace.stonehocker@agingresources.com</u> or call (515)255-1310 <a href="https://www.agingresources.com/">https://www.agingresources.com/</a>
   Dates in Jasper County: 3/13/2025 <a href="ISU extension">ISU extension</a>, 3/21/2025 <a href="Newton Library">Newton Library</a>
- On **April 26**, Newton YMCA will be hosting Healthy Kids Day from 10 AM -12:00 PM. We will have a variety of free activities including bounce houses, games, and more! We are looking for area vendors to participate. If your agency is interested in participating, please let me know!
  - o Sarah Pittman, Tel: 641-792-4006, Email: sarah.pittman@newtonymca.org
- Save the Date: Newton YMCA Senior Health Fair, May 29. Sarah Pittman is the contact.
- Short Years, Parents as Teachers, has openings for families in Jasper County.
- <u>Salvation Army</u> Loan Closet: They are looking for an organization who could take over loan closet. Must have own space. Contact: Tim North, tim.north@usc.salvationarmy.org
- <u>Discover Hope</u> can always use volunteers (or organizations) and donations for the daily lunch from <u>Bread of Life Ministry</u> from 11:30-1 PM. Tel: 641-841-0598 or email <u>info@discoverhope517.org</u>
- <u>Jasper County Habitat for Humanity</u> has 3 houses to build in Newton for qualified applicants.
  - o Contact: Becca Decker (641)521-1727 or rdecker@gdmhabitat.org
  - o March 13<sup>th</sup> and 27<sup>th</sup> at Newton Chamber or make an appointment.

## **Funding Opportunities:**

- <u>Jasper County Opioid Settlement:</u> funding is coming soon.
- Jasper Comm. Foundation Grant: Due 4/30/25
- <u>De-categorization (Decat)</u> and CPPC funding: The funding is related to child abuse prevention. If you have projects, please talk to: <u>Meredith.Hershner@linncountyiowa.gov</u>

## **Upcoming Agency Spotlight:**

- April: Crisis Intervention Services, Jodi Blackford also Child Abuse Prevention Month!
- May: <u>The Well Thrift Store</u>, Mary Romberg
- June: American Lung of Iowa, Emma Krapfl
- July: **EFR**, Raichel Beierle
- August: Family Crisis Center, Shelley Koons
- September: Iowa Child Care Resource & Referral of Central Iowa, Brenda O'Halloran
- October: St. Croix Hospice, Jennifer Nevels
- November: Salvation Army of Newton- pending
- December: Newton YMCA- pending

#### **Member Introductions/Share** (1 minute for each person)

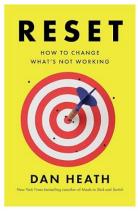
Please stand up & state your name, organization, services provided, any changes, projects, events, wins. Any volunteer needs or job openings? Take a moment for any questions.

## Free Resources: Share with your staff!

- <u>Canva:</u> free account for graphics for newsletters or social media posts. <a href="https://www.canva.com/">https://www.canva.com/</a>
- <u>ChatGPT</u>: <a href="https://chatgpt.com/">https://chatgpt.com/</a> AI (Artificial Intelligence) technology.
- Grammarly: editing documents. <a href="https://app.grammarly.com/">https://app.grammarly.com/</a>

**<u>Leadership</u>**: This is an example of a one-on-one meeting sheet for supervisors to use with employees.

- One on One meeting from Cy Wakeman (Handout in packet.)
- Books: Reset: How to Change What's Not Working

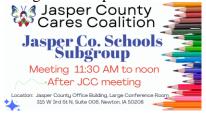


March 2025 Subgroups: All organizations are welcome.

- MCH (Childcare) Before Cares. Jana Larsen from MICA is the lead. Jana Larsen, jana.larsen@micaonline.org
- Schools: After Cares, see below.
- Housing/Homeless: March 19, at 9 AM, Jasper County Office Building.
  - o Everyone is welcome.
  - O See the Housing/Homeless flow sheet we are working on in packet.
  - o For more information, talk to Becca Decker or Becky Pryor.

Schools Subgroup: meeting after the Jasper County Cares meeting March 12th

The goal is a representative from each district.



### **Introductions**

- Child Abuse Prevention month, April. Activities: <a href="https://pcaiowa.org/">https://pcaiowa.org/</a> Coloring, banner, pinwheels
- Love for Red, Period Supplies, <a href="https://www.loveforred.org/">https://www.loveforred.org/</a>
- <u>Gridshock</u> is a documentary exposing the hidden and disturbing reality behind human trafficking in Iowa. Jasper County Health Department has a copy to lend out, along with educational information.
- Blank Children's Hospital: My Body, My Rules
  - a. CAP (Child Assault Prevention) Email: Janelle. Ballhagen@unitypoint.org Tel: (515) 241-6703
  - b. Anyone interested in program for next school year.

## Mental Health/Substance Updates

- <u>Capstone Behavioral Health</u>, Julie Smith, <u>julies@capstonebh.com</u>
- <u>EFR</u>: Joe McQuerry, <u>imcquerry@efr.org</u> Raichel Beierle <u>rbeierle@efr.org</u>, Lauren Asman lasman@EFR.ORG
- American Lung Association of Iowa, Emma, Emmaline.Krapfl@lung.org
- Measles and pertussis update. Think Measles handout link
  - c. Immunizations are the best defense: MMR and Tdap vaccines.
- Link to resource guide on school website and newsletters. Share with your staff.
- Emergency Preparedness: <u>Jasper County EMA</u>
  - Stop the Bleed training available. Contact: Jamey at jrobinson@jasperema-hls.org

#### **Funding Opportunities**

- Jasper County Opioid Settlement Fund coming soon. https://www.jasperia.org/health/opioid\_settlement/
- Jasper Comm. Foundation Grant https://www.jaspercommunityfoundation.org/grant-application Due 4/30/25
- De-categorization (Decat) and CPPC funding, Contact person: Meredith.Hershner@linncountyiowa.gov
- RAYS funding through IMPACT available for low income that want to be in activities.
- Resource Guide: https://www.jasperia.org/resources/
- Housing: Homeless Liaisons at schools. Updating resources. Jasper County housing/homeless flow sheet.
   Homeless Liaison: Please invite to attend the next meeting on March 19th at 9 AM.
- Food: Reminder https://foodbankiowa.org/

#### **Events, updates, or resources needed:**

- Baxter:
- Colfax Mingo:
- Lynnville-Sully:
- Newton:
- PCM:

Other: Newton YMCA: Healthy Kids Day, Date: April 26, 2025 <a href="mailto:sarah.pittman@newtonymca.org">sarah.pittman@newtonymca.org</a>

#### **Discussion**

### WINS or CELEBRATIONS: Do we have any WINS to share?

Next Meeting will be Wednesday, April 9, 2025.



April's guest speaker will be from Crisis Intervention Services ,<u>CIS</u>, Jodi Blackford, Email: jodib@stopdysa.org



We want you to feel welcome and connected in Jasper County. We have so many wonderful resources, opportunities, and organizations. Thank you for being apart of Jasper County Cares and collaborating to make a difference in Jasper County!

We are open to suggestions or ideas to improve Jasper County Cares!

Contact: Becky Pryor, bpryor@jasperia.org.



# Jasper County Cares Coalition

Meeting Dates (2nd Wednesday)

Apr 9 Sep 10 May 14 Oct 8 Jun 11 Nov 12 July 9 Dec 10 Aug 13

Contact: jaspercocares@jasperia.org Jasper Co. Office Building, Large Conference Room 315 W. 3rd St N. Newton, IA 50208



## **SCAN HERE**



www.jasperia.org/resources

Name	Organization
Ace Stonehocker	Aging Resources of Central Iowa
Alexis Thompson	St. Gregory Recovery Center
Amanda Scalise	IMPACT
Amanda Sinclair	House of Mercy, Newton
Amanda Wobken	MercyOne Central / Western Iowa
Amelia Garber	Proteus
Amy Hansen	IMPACT
Amy Blanchard	Greater Poweshiek Community Foundation
Amy Grunewaldt	CPPC/Decat Linn County
Andi Borsch	Department of Human Services IHHS, Newton
Angela Barnell	Parent Partners
Angela Busick	Iowa, Probation/Parole - IDOC
Angie Wells	Progress Industries
Anne Peters	Home Instead
Araceli Roberts	Mid Iowa Community Action Agency MICA
Art Sathoff	Prairie City Schools- INTERIM until Aaron Becker starts
Ashley Baker	Together for Good
Becca Decker	Habitat for Humanity, Greater of Des Moines
Becky Pryor	Jasper County Health Dept
Beila Flickinger	student
Beth Andrew	Quakerdale Family Services
Bill Ehler	NAMI Central Iowa
Bill Peters	DMACC- Des Moines Area Community College, Newton
Bobbi Streeter	Pella Regional Prairie City Clinic
Brad Magg	Candidate for Iowa House/Owner of Goldie's
Brad Shutts	Jasper County Sheriff's Office
Brenda O'Halloran	Orchard Place- CCR&R childcare resource & referral
Brendan Johnson	Immanuel Pathways
Brian Feist	Telligen
Brooke Ramsey	HIRTA
Bruce Showalter	Newton Housing Development
Caitlyn Hecht	Care Initiative Hospice Iowa State Extension ISU
Cathy Drost Chelsie Slack	Progress Industries
Chloe Barkema	Mercy One Newton
Chloe Hird	Telligen
Chris Clark	Optimae Life Services
Chris Peterson	Baxter Schools
Chris Pierson	Heartland AEA
Christine Dawson	Newton Schools
Christine West	Phoenix House- Newton
Cindy Rybolt	Iowa Legal Aid
Clay Harrold	Baxter Schools
Cody Daugherty	The Way
Connie McQuiston	Jasper County General Assistance
Connie McQuiston	Jasper County General Assistance

Corey Van Kooten	Jasper County Sheriff's Office/ LS SRO
Craig Armstrong	Lutheran Church of Hope
Dan Donohue	Newton Village
Danielle Kenworthy	Short Years Program, PAT
Danny Schnathorst	HIRTA
Darcy Baughman	Drake University Head Start
Daryl Dotson	Newton Schools, Berg Middle School Principal
Deana Van Brocklin	Iowa Courts, Juvenile Court
Deb Tupper	Pella Regional Prairie City Clinic
Devon McAnally	MICA
Drew Zwack	Clive Behavioral Health
Elizabeth Reibsamen	Parent Partners
Emmaline Krapfl	American Lung of Iowa
Eric Kress	Central Iowa Workforce
Erick Zehr	Newton YMCA
Erin Ouverson	Mid Iowa Community Action Agency MICA
Evelyn George	Newton, City of, mayor
Felicia Hazelton	Short Years Program, PAT
Gary Martin	Friends in Hope
George Sorensen	Newton YMCA
Hannah James	Accura Healthcare Administrator
Jamey Robinson	Jasper County EMA Emergency Management Agency
Jana Larsen	Mid Iowa Community Action Agency MICA
Janelle.Ballhagen	Blank Children's Hospital, Child Abuse Prevention
Jarica White	CICS Jasper County (Mental Health)
Jasmine Bailey	ISU Extension
Jason Sodders	Iowa Courts
Jeff Garney	ISU Extension
Jenn Tielbur	Team CSA-Community Support Advocates
Jennifer O'Halloran	Lynnville-Sully School
Jensyn Hall	NAMI Central Iowa
Jeremy Burdess	Colfax Police Department
Jessica Lowe Vokes	United Way of Jasper County
Jessica Miller	Mid Iowa Community Action Agency MICA
Jill Halter	Baxter Schools
Jill Robinson	Capstone Behavioral Health
Jodi Blackford	Crisis Intervention Services
Joe McQueery	EFR- Employee and Family Resources
John Hoyt	Walmart, Newton
Josh Price	General Assistance/VA
Judy Monroe	Neighbors Helping Neighbors
Julie Britton	Newton Police Department
Julie Smith	Capstone Behavioral Health
Justine Wyma	Lynnville-Sully School Nurse
Kara Dirksen	DMACC- Des Moines Area Community College, Newton
Karie Foster	ISU Extension
Karin Mills	Nightingale Center

Kathy Dooley	Iowa Department of Public Health IHHS
Kathy Ellis	Jasper County EMA Emergency Management Agency
Katie Finch	Discover Hope 517
Katie Kuhn	St. Croix Hospice
Kayla Van Gorp	Iowa Healthiest State Initiative
Katlyn LeMaster	Iowa National Guard
Keith Isley	Progress Industries
Kelli Van Manen	Jasper County Senior Nutrition
Kelly Kirk	community
Kelly Sorenson	Newton Schools
Kelly Yeggy	Iowa, Mental Health Advocate
Kelly Zach	Salvation Army, Newton
Kelsey Miranda	Discover Hope 517
Kendi McCollum	House of Mercy, MercyOne, Newton
Kendra Perry	Colfax Mingo School Board
Keri Powers	Hickory Recovery Network
Keri Schippers	Mercy One Newton Medical Center
Kim Branncan	Heavenly Excursions, NEMT
Kim Zantingh	ITS Integrated Treatment Services
Kris Reicks	Optimae
Kristina Burma	MICA I-smile
Kristina Winfield	Jasper County Health Dept
Kristen Souza	PCM High School
Kylee Steenhoek	Capstone Behavioral Health
Larry Anderson	First Presbyterian Church
Lauren Asman	EFR- Employee and Family Resources
Lauren Pendroy	Mercy One Newton Medical Center
Leann Andre	Orchard Place- CCR&R
Lee Cochran	Jasper County Hunger Relief
Leisa Zylstra	Park Centre
Linda Anderson	Kid Assist
Lindsay Porter	Colfax Mingo Schools
Lindsey Anderson	Iowa Courts, Fifth Judicial District Court of Iowa
Lindsey Sinn	Central Iowa Shelter, Rolling Hills
Lisa Fiorentin	Pella Regional Prairie City Clinic
Lori Eisbrener	Community member
Lori Reynolds	State of Iowa VA
Lori Ward	community- homeless
Luke Skinner	Accura, Traditions Memory Care
Mari Wilson	Park Centre
Mariah Fox	Newton Healthcare Center NHCC
Mark Thayer	Newton Clinic
Martha Brightman Gasca	
Mary Romberg	The Well Thrift Store/Newton
Matt Dunsbergen	Lynnville Sully Schools- Sup

Megan Garrett	Iowa Courts
Megan Thompson	Mid Iowa Community Action Agency MICA
Megan Van Beek	Mid Iowa Community Action Agency MICA
Melissa Adams	Crisis Intervention Services
Melissa Gary	Jasper County Health Dept
Mercedes Grimes	Optimae
Meredith Hershner	Linn County Community Services
Michaela Gunsaulus	Lynnville-Sully Elementary School Counselor
Michelle White	Aging Resources of Central Iowa
Mike Gunsaulus &	
Poppy	Jasper County Sheriff's Office/Therapy dog
Mike Hunsberger	Sheepgate - division of Adult & Teen Challenge of the Midlands
Mindy Aman	Child Care Collaborative of Iowa, Mid Sioux Opportunity, Inc
Miranda Caldwell	Newton Village
Mollie Michelfelder	MercyOne House of Mercy
Nicholas Pietrack	Jasper County Attorney's Office
Nick Marois	Newton Village
Nicole Dunsbergen	Newton Clinic
Nicole Terry	Newton Library, City of Newton
Nikki Hook	Sheepgate - division of Adult & Teen Challenge of the Midlands
Paul Millhollin (Pastor)	First Presbyterian Church
Paul Richards	Central Iowa Shelter, Rolling Hills, Homeless contact
Paula Arkema	IMPACT Community Action Partnership
Phil Grout	Hy-Vee - Newton and Grinnell
Rachel Bardwell	Short Years Partnership
Rachel Beierle	EFR- Employee and Family Resources
Rachel Ferguson	Traditions Memory Care
	House of Mercy, MercyOne, Newton
Rex Heisdorffer	Newton Fire Department
Rita Baker	Pregnancy Center of Central Iowa
Rob Burdess- Chief	Newton Police Department
Robert "Robbie" Robinso	1
Roxanne Petersen	NAMI Central Iowa
Ryan Adams	Iowa Family Resource Collabortive
Ryan Larson	High Mark Senior Living
Sara Tiedje	Baxter School Nurse
Sarah Patterson	RSVP (Senior Volunteer Program)
Sarah Pittman	Newton YMCA
Sarah Urias	Capstone Behavioral Health
Scott Pritchard	Clearview Recovery
Shawn Kinnison	Hospice of the Midwest
Sheena Sullivan	Short Years Partnership
Sheldon Henderson	First Christian Church
Shelley Koons	Family Crisis Center
Sierra Stevens	Mid Iowa Community Action Agency MICA
Steve Ashing	Jasper County EMA Emergency Management Agency
Sue Nation	Jasper County Attorney's Office

Terianne Marsh	Proteus
Terra Cleveland	Aging Resources of Central Iowa
Terry Sallis	ITS Integrated Treatment Services
Tim North	Salvation Army Newton
Tim Salmon	Colfax Mingo Schools
Tina Lawson	Optimae Life Services
Tom Messinger	Newton School- Sup
Tracie Backstrom	Short Years Parents as Teachers
Ty Harris	Food Bank of Iowa
Victoria Williamson	ITS Integrated Treatment Services
Whitney Morrison	Newton Healthcare Center NHCC

Events	-Jasper Co	ınty	
Date	Times	What	Location
3/10/2025	9:00am	Battle of the Books	Newton Public Library
3/10/2025	3:00pm	Chess Club for Kids	Newton Public Library
3/12/2025	10:30 AM	Jasper County Cares	Jasper Adm. Large Conference
3/12/2025	9:30 AM	Jasper County Cares: Maternal Health Subgroup	Jasper Adm. Large Conference
3/13/2025	6:00pm	Voices featuring Ernie Schiller & Nathan Unsworth	DMACC-Newton
3/13/2025	9-12	Aging Resources Outreach	ISU Extension
3/13/2025	12-4 PM	Habitat for Humanity, Jasper County repeat 3/27	Newton Chamber
3/18/2025	12-4 PM	Habitat for Humanity, Jasper County	COLFAX
3/15/2025	3:00 PM	Shamrock Shuffle	Newton YMCA
3/17/2025	3:00pm	DIY Junk Journals	Newton Public Library
3/17/2025	6:00pm	Community Movie Night	102 E Watson, Baxter
3/17 & 3/19/2	10:00 AM	Free Movie-Despicable Me \$	Captial II Theatre
3/20/2025	10:30 AM	Finding Your Joy and Purpose	Newton Y/Park Centre
3/20/2025	5:00pm	Blues under the Blue Roof	Newton Public Library
3/21/2025	3/28/2025	Aging Resources Outreach	Newton Public Library
3/22/2025	10:00am	Bizarre Bazaar-Newton	Newton
3/27/2025	12-4 PM	Habitat for Humanity, Jasper County this is a repeat event	from different date above
3/29/2025	6:30am	Pancake Breakfast, Easter egg hunt, Fine Arts	PCM Highschool
3/31/2025	3:00pm	Chess Club for Kids	Newton Public Library
April			
4/1/2025	10:00am	Life Screening	Immanuel Baptist Church
4/1/2025	9:00am	April Mystery Bag	Newton Public Library
4/3/2025	5:30pm	Downtown Dreams	600 N 2nd Ave W
4/3/2025	5:00pm	Blues under the Blue Roof	Newton Public Library
4/4/2025	all day	Wear Blue for Child Prevention	
4/5/2025	9:00am	Charcuterie Event	The Gathering Place
4/5/2025	9:00am	Easter Celebration/Spring Vendor Fair	Prairie City Middle School
4/5/2025	7:00pm	Marvel Triva	The Venue & Public House
4/5/2025	5:00pm	Bingo Glow Party	Legacy Plaza

4/6/2025	8:00am	March into Maytag	Maytag Park
4/9/2025	10:30 PM	Jasper County Cares	Jasper Adm. Large Conference
4/10/2025	6:00pm	VOICES featuring Mary Owens	DMACC-Newton
4/11-4/13/20	25	3 Day Antiques and Collectibles Sale	112 S Commerce St. Monroe
4/12/2025	10:00am	Spring Vendor Fair	403 W 4th ST N
4/12/2025	8:00am	CPR/AED Frist Aid-You must register for this event	Jasper County EMA
4/12/2025	5:00pm	Tigerhawk Flock	Colfax Historical Society
4/14/2025	5:00pm	Spring Book Swap	Newton Public Library
4/15-4/16/20	) 9:00am	Library Spring Book Sale	Newton Public Library
4/17/2025	1:00pm	Community Egg Decorating Party	DMACC-Newton
4/18/2025	7:00pm	Patio Unveiling Party	The Venue & Public House
4/26/2025	5:30pm	MercyOne Newton- The Gala	DMACC-Newton
4/26/2025	10-12PM	Healthy Kids Day	Newton YMCA

# ORGANIZATION SPOTLIGHT Mid-lowa Community Action

Helping people. Changing lives. Building communities.

## **MICA Services in Jasper Co**

- Maternal and Child Health
- I-smile (Dental)
- WIC clinics in Newton & Colfax
- 1st Five (for providers
- FaDSS/Family Development

## MORE INFORMATION

- (641) 752-7162
- info@micaonline.org
- micaonline.org
- 1001 S 18th Ave Marshalltown, Iowa





# MID IOWA COMMUNITY ACTION



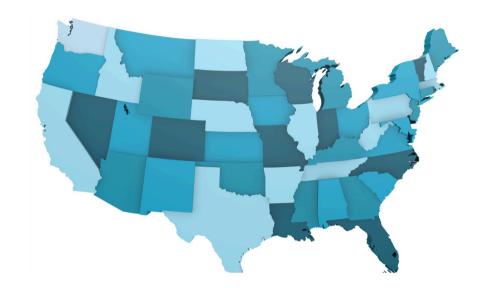
## What is Community Action?



# PRESIDENT LYNDON JOHNSON DECLARED THE WAR ON POVERTY

January 8, 1964

Purpose: Eliminate poverty, expand educational opportunities, increase safety net for the poor and underemployed, and tend to health and financial needs of elderly.



# 1,000 COMMUNITY ACTION AGENCIES SERVING THE US

Cover 96% of the nations counties

Primary source of direct support to more than 34.5 million people in the US.



## WHAT MAKES US A COMMUNITY ACTION?

Funded by Community Services Block Grant

## Tripartite Board

- 1/3 members from low income community
- 1/3 from private sector
- 1/3 are public officials

# Did you know?

By age 35, nearly 1/3 of the US population will spend a year below the poverty line. (1 person household making less than 14,580 a year)

By age 65, more than half of the population

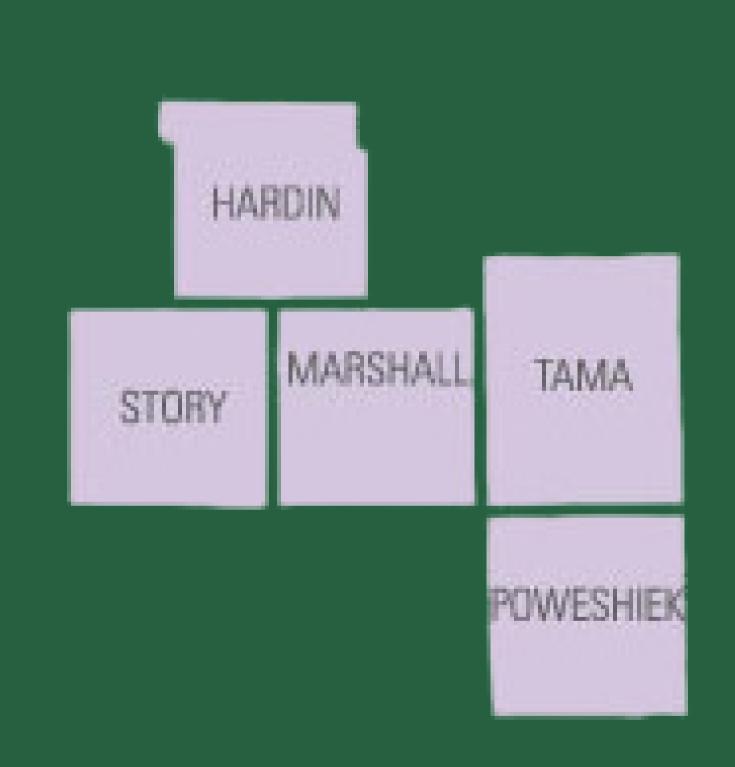
By age 85, two thirds of all Americans.





# MICA serves families in 5 core counties.

But, some of our programs expand outside of these counties.



## OUR MISSION

eir

MICA helps families experiencing poverty to meet their needs, build on their strengths, and achieve their goals.

## **OUR VISION**

MICA's Vision is resilient central lowa communities where all people thrive.

## MICA CARES

Compassion
Advocacy
Resiliency
Equity
Service



# MICA is MORE



21,898 people

Served in FY 2023. Filling Wells Fargo Arena with an extra 5,000 people outside.

**40% of our** families are under 50% of FPL

That is less than \$13,875 a year for a family of 4

287 Children Served by our Early Childhood Programs





## Weatherization

100 homes per year, average

# Provide energy saving improvements including:

- Attic insulation
- Wall insulation
- Replacement of furnaces or water heaters
- Replacement of inefficient refrigerators and freezers
- Installation of energy efficient light bulbs and shower heads.

Average cost of work done per home \$27,000



# Family Development and Self-Sufficiency Program

Serves families receiving cash assistance (FIP), income eligible, or parents in school.

Home Visits are based on the needs of the family, ranging from weekly to monthly

Families have options of curriculums to follow

Focus on the families goals and coach them to reach their goals.



Women, Infants and Children

(WIC)

Provides nutrition education and counseling

Breasfeeding education and support

Referrals to other resources

Food Benefits on an EBT card

Provided benefits to over 5,200 individuals FY23





# Breastfeeding Peer Counseling

WIC Peer Counselors = women who have been on WIC and had their own successful breastfeeding experiences, who support families with normal breastfeeding experiences.

24/7 support via text/call/email

Federally funded

# Title V Maternal and Child Health Services Block Grant Program

Enacted in 1935, and nations oldest federal-state partnership

59 states and jurisdiction receive this funding

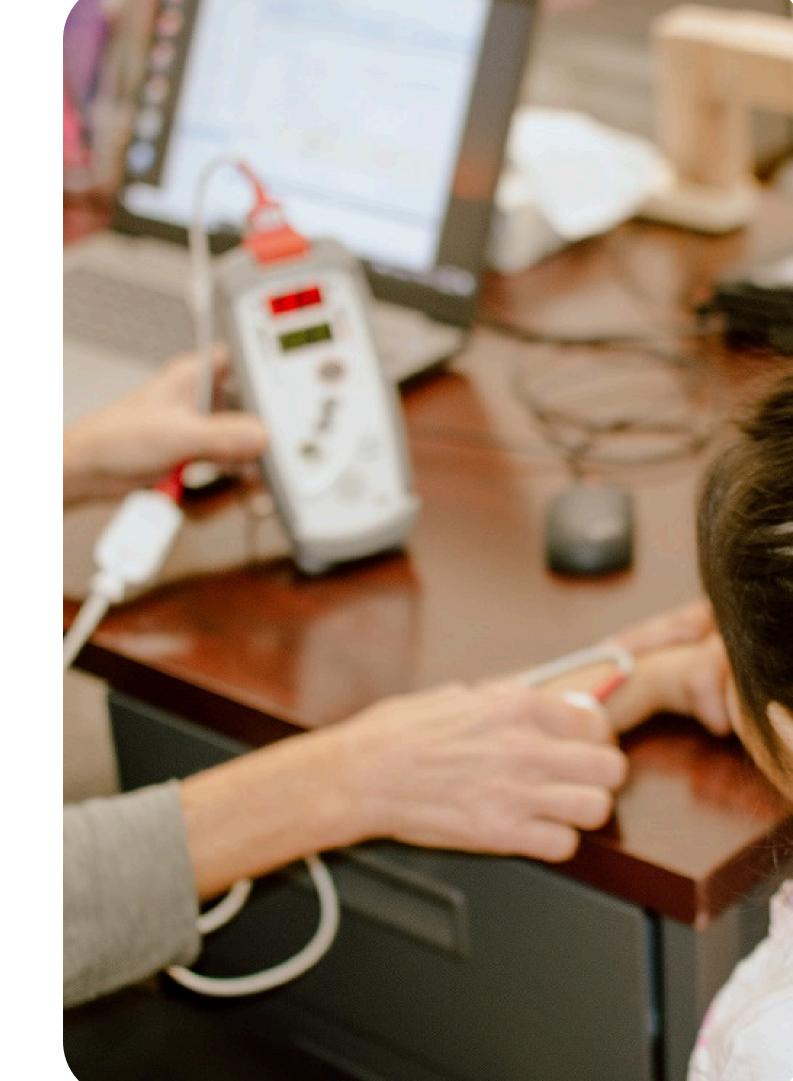
Federally funded and recieves Medicaid reimbursements for some services. Serves over 60 million individuals

- 92% of all pregnant individuals
- 98% of infants
- 58% of children nationwide including children with special health care needs.

## Child Health Services

Children ages 0-21

- Informing services
- Presumptive Medicaid eligibility
- Care coordination
- Immunizations
- Oral Health Services
- Nutrition counseling
- Development Testing
- Lead Testing
- Caregiver depression screening
- Domestic violence screening
- Substance abuse screening



## Maternal Health Services

Pregnant and Postpartum People

- Presumptive Medicaid eligibility
- Medicaid Prenatal Risk Assessment
- Care coordination
- Health Education
- Nutrition assessment and counseling
- Psychosocial assessment and counseling
- Oral health
- Assessing for tobacco use
- Listening visits
- Postpartum home visits



## 1st Five

Builds partnerships with health care providers and practices, and public service providers to enhance high quality well-child care by:

- Promoting standardized developmental screenings during well child visits
- Helping identify children who are at risk in any development area
- Providing early intervention for caregiver depression

 Identifying of adverse family stressors

 Producing overall better outcomes for children



## **I-Smile**

Connects Iowans with dental, medical, and community resources to ensure a lifetime of health and wellness.

State- funded and can receive Medicaid

## I-Smile can:

- help set up dental appointments
- provide reminders of appointments
- arrange transportation
- provide education and preventative services





# I-Smile @ School

School based sealant program provides dental screenings, fluoride and dental sealants.

Focus on children in 2nd, 3rd, and 7th grades.

School must have free and reduced lunch rate on 40% to qualify

All students are eligible

Last year, we provided over 1,300 sealants

## Child Care Nurse Consultant

Provides on site consultation, training, and technical assistance to early child care and education providers.

Childcare centers and providers may call or send questions to a nurse about health and safety policies, health of personne, and a specific child health or safety issue.

Use national and state performance measures to help providers improve the quality of care and protect the safety of children

Funded through Early Childhood Iowa





Mank Goal



# Contact Us

#### **Abra Dougherty**

abra.dougherty@micaonline.org

Resource Development and Communications Coordinator

#### **Sierra Stevens**

sierra.stevens@micaonline.org

**WIC Coordinator** 

#### Website

www.micaonline.org

**Phone Number** 

641-752-7162

#### **Email Address**

info@micaonline.org



# ORGANIZATION SPOTLIGHT United Way of Jasper County

United Way of Jasper County works to stabilize and uplift those in need in Jasper County, lowa.

Our vision is to foster strong, resilient, and equitable communities where every individual has the opportunity to thrive and live their best life.

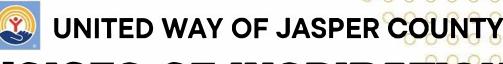
This vision is realized through our strategic priorities, which focus on:

- 1) Healthy Community;
  - 2) Youth Opportunity;
- 3) Financial Security; and
- 4) Community Resiliency

#### MORE INFORMATION

- **(**641) 792-1684
- 🔘 unitedwayjc@gmail.com
- UnitedWayofJasperCounty
- 🌘 321 1st Ave West, Newton, Iowa



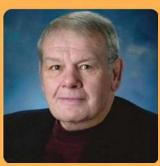


# **VOICES OF INSPIRATION**

ENGAGING | INFORMATIVE | MOTIVATIONAL ENTERTAINING | ENLIGHTENING



Matt Stutzman
Paralympic Athlete &
Gold Medal Winner
Feb. 27



Mike Chapman
Author, Historian &
Journalist
March 6



Ernie Schiller & Nathan Unsworth Rebuild Nepal March 13



Terry Rich
Retired: Iowa Lottery, "Idea
Dude," Speaker & Author
March 27



Mary Anne Owen
Donna Reed Foundation &
Daughter of Donna Reed
April 10

**Doors Open:** 6 p.m.

**Program:** 6:30 p.m.

DMACC Newton Auditorium 600 N. 2nd Ave. W.

All Ages Welcome Free Will Admission

#### Thank you to our sponsors!

Dodd's Trash & Recycling & Black Hills Energy

Pence Reese Funeral Home, Ryan's Tire & Auto,
Doug & Rhonda Wolf Family,

Erik Vokes & Jessica Lowe Vokes, DMACC Newton

o o o o o www.unitedwayofjaspercounty.org

UNITED WAY OF JASPER COUNTY & CARSON KING FOUNDATION

# Ellew Party

SATURDAY, APRIL 5

**LEGACY PLAZA • NEWTON** 

#### **Jasper County Opioid Settlement Application for Funding**

All funds must be used in Jasper County and for Jasper County residents for prevention, abatement, or treatment according to the Opioid Settlement guidelines.

Organization:
Federal Tax ID: (Must provide W9.)
Address:
Contact and title:
Telephone:
Email:
Website:
Description of the organization:(list the year established, mission, services)
Project Title:
Requested amount: \$ Detailed budget must be included.
Does your organization receive funding from other sources for this project?
Is this a capital or program request?
Project focus area: (pick one) prevention, abatement, or treatment
Summary of the project:
The target population to be served in Jasper County:
Estimated # of people to be served in Jasper County:
Timeline for the project and the completion of this project:
(Attachments are allowed.)
Describe in detail how the funds will be used (for opioid prevention, abatement, or treatment)
How will this project impact Jasper County with opioid prevention, abatement, or treatment?
I agree that the funds provided by Jasper County to this organization from the Jasper County
Opioid Settlement Fund will be used for an approved Opioid Remediation Use for residents of
Jasper County and any misuse of such funds may result in legal action. (See Exhibit #1 for
approved Opioid Remediation Uses).
Print Name and Title
Signature of Director/Chair Date

Email: <a href="mailto:bpryor@jasperia.org">bpryor@jasperia.org</a> for a Word version.

#### **How to apply for Jasper County Opioid Settlement Funds?**

To be considered for funding, the application MUST include the following items:

- A complete and signed Application for Funding
- Federal Tax Identification Number copy.
- A detailed budget of the project included estimates of expenses for staff time, capital, or program costs. Please indicate other funds used for this project.

Submit the required documentation by the deadline to:
Jasper County Health Department
Attn: Opioid Settlement Committee Funding/Becky Pryor
315 W 3<sup>rd</sup> St N, Suite 100, Newton, IA 50208

01

Email: bpryor@jasperia.org Once received, a confirmation email will be sent.

#### **Procedure for Opioid Settlement Funds:**

- 1. Deadlines will be established by the Opioid Settlement Committee and posted on the website, Jasper County's Facebook, and in the Jasper County Cares meetings.
- 2. All requests must be a non-profit organization located in Jasper County and the funds are only to serve Jasper County residents.
- 3. Return the completed application and required documentation by the deadline. Additional sheets and attachments are acceptable.
- 4. The Jasper County Opioid Fund Committee will meet and review the applications.
- 5. If qualified and the committee chooses to consider the project, the Jasper County Opioid Fund Committee will request the organization's presence at a meeting.
- 6. A decision by the committee for recommendation will be made within 2 weeks of the meeting date to determine eligibility, whether to recommending to fund or not to fund, or a request for additional information.
- 7. The Opioid Settlement Committee will make recommendations to the Jasper County Board of Supervisors for approval. The organization will be notified of the date of the meeting (Tuesdays at 9:30 AM located at the Jasper County Courthouse).
- 8. If funding is issued, the organization will be required to complete a W9 with the Jasper County Auditor's Office.
- 9. The organization's W9, agreement, and all required paperwork will need to be signed to the Jasper County Auditor's office located on the 2<sup>nd</sup> floor in the Courthouse.
- 10. A progress report will be due to the Jasper County Auditor every 3 months from the receipt of funds until the project is complete. See the dates on the form. (Exhibit C)
- 11. Funds must be spent within the designated timeline approved by the committee or a payback to the County may be required. If additional time is needed for the project, the organization must submit a request in writing to the address above for approval before the end of the agreement.
- 12. The next deadline for fund consideration will be TBD.
- 13. If or when additional funding is available, future deadlines will be determined.
- 14. Exhibit 1 includes a list of all allowable projects and all projects must meet the requirements.
- 15. The application and Exhibit 1 will be located on the Jasper County website and a hard copy at the address listed above.
- 16. Promotion about the funds will be on the Jasper County website, a press release to the media, the social media accounts, and the Jasper County Cares Coalition meetings and Facebook account. We strongly encourage awarded organizations to promote funding received on their social media, press releases, and websites. Organizations should include information on publications that include "Funded by Jasper County Opioid Settlement Funds".
- 17. The committee may choose areas that they feel are most needed in Jasper County or a gap in service for Jasper County
- 18. Organizations will be allowed to apply for more than one project, more than one time, as long as funding is available. Priority may be given to new projects.
- 19. Disclaimer: The funds should not be considered ongoing, and organizations should explore other avenues for future sustainability.
- 20. For any questions or concerns, please contact Becky Pryor at bpryor@jasperia.org.

#### **Jasper County Opioid Settlement Funds Report - Exhibit C**

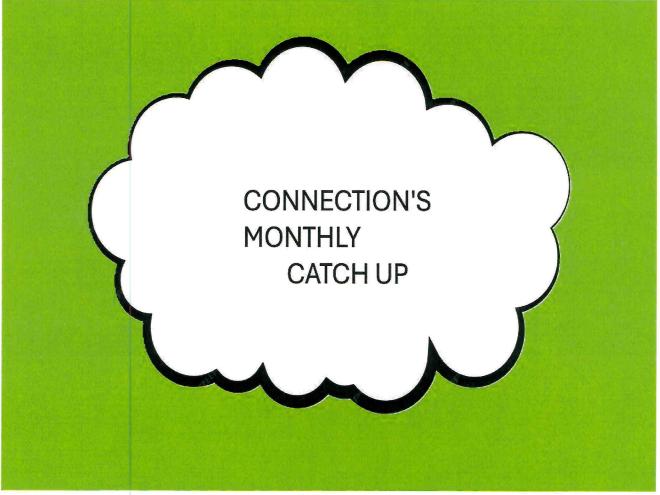
#### SAMPLE REPORT

Quarterly reports are due:

- January- March, due April 15th
  April-June, due July 15th
  July-September, due October 15th
  October-December, due January 15<sup>th</sup>

Reports are due to the Jasper Co. Auditor, Jenna Jennings, jjennings@jaspercounty.iowa.gov

Organization:
Date of report:
Name and Title:
Email:
Project focus area: (pick one) prevention, abatement, or treatment
Amount of funds awarded:
Amount of funds spent: (Please submit detailed receipts of expenditures.)
Estimated # of people served:
How were the funds used?
Tell us a positive impact story about the funds used:
Any barriers? yes or no If yes, describe.
Is the project complete? yes or no
Comments:





Thank you so very much,
Joe McCombs
Connections Peer Drop-In
Center Director

Hello all, boy what a cold February we had, it was so bitterly cold but again we survived here at Connections. Again warming our tummies with Roast, Heart shaped pizzas for

Valentines Day, BLT's, Baked Potato Bar, and Ham and Potato Casserole. We had some fun Valentine's activities here at

Connections, They made homemade chocolates, Valentine's Day cookies, and Valentines Day Tye Dye shirts. We are going to transplant our Marigolds and Moon Flowers into bigger pots, they have grown so well, thanks to Rowdy. This is our 4th edition of the newsletter and will be adding more this month from our Connections consumers. Also, please check out Connections of Jasper County Facebook page for other

Additions, if you are not following us, please start. Liz's art classes have been a big hot and we will be continuing them into the next Several months. Happy St. Patrick's Day.



Hello, this is Jen P.S.S> @ Connections. Come to Connections Friday through March at 10:30AM for our Mindfulness Wellness Group. We look forward to seeing you!

The # C's Of Recovery—C3

Choice—You've Got To Make The Choice

Chance—To Take The Chance

Change—To Make The Change

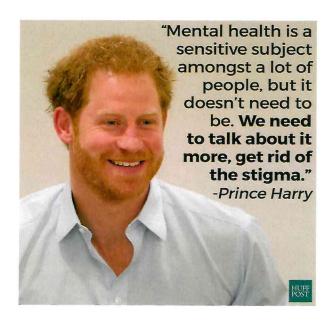
Mindfulness is: Becoming present and paying attention to your thoughts, feeling and physical sensations without getting lost in them>



Why Mindfulness: You are in charge of your own happiness, happiness is a very personal journey and you have the right to pursue Happiness.

When we practice mindfulness, we are practicing the art of creating space for ourselves, a space to think, space to breathe, space between ourselves and our reactions.

What you need to know before practicing mindfulness: 1. Nothing! You don't need to buy a thing! 2. There is no way to quiet your mind... 3. Your mind will wonder, it is human nature. 4. It's all about returning yourself to the present time and again.







Hello, my name is Stephanie, I am a consumer here at Connections Peer Drop-In Center, I enjoy Coming here to meet with my friends here, playing games, laughing, joking. I am also very active In the Special Olympics Program, which is held every year. This year I plan to participate in the Softball throw,100 meter dash and 4 X 100 meter Relay. As I mentioned I am very excited about this and have been practicing. Please take the time to wish me luck and if able come see me Participating in my events held the Iowa State University in Ames, Iowa.

Thanks so very much!

Steph

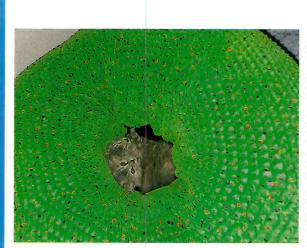


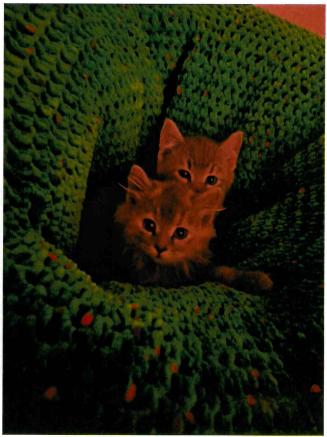


Hello Everyone, Rowdy here! I'm healing after losing my dog "Little Bit". The good news is I adopted 2 farm kittens. They are 12 weeks old. The boys name is" Buddy" and his sister is "Puffy". Together they are quite the team. They have brought me a lot of enjoyment. They are, sorry but, "Hell On Wheels"! LOL. It's very nice to come home from work and see my kittens.

Thanks so much,

Rowdy.









Happy Birthday Wishes Go Out To Two Of Our Connections Family— Liz's is March 20th and Rowdy's is March 25! Happy Birthday to you, Happy Birthday to you, Happy Birthday Dear Friends Happy Birthday to you!!!

#### **CELEBRATE YOUR SPECIAL DAYS!!**

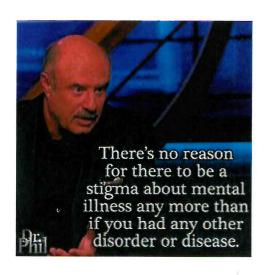
**Your Connections Family!** 



Hello Everyone! Sherry here, I'm happy to announce that I've lost 13 pounds in February. I've made several sacrifices and chose a healthier diet. I have cut my portions in half, I've starting drinking lots of water and avoiding sugars. With spring almost upon us, I encourage everyone to make the choice, take the chance and make the change! I started using an exercise bike. I am in a wheelchair so I'm asking anyone if they have ideas of exercises that I can do in my chair or on my bed. Please go to Connections Facebook page and share your ideas. Also, come see us at Connections! Thank you so much,

Sherry









Liz comes to Connections just about daily, she is a breath of fresh air and makes the Connections Center positive with her art talent. Liz requested to do an art class for the other consumers and she did it. The others enjoyed watching her amazing talent as she drew things in from of them. Liz is Excited and willing to participate in all activities here at Connections, here she is making homemade chocolate, pouring them into molds to make Valentines Day Chocolates. Matt and Jen were also Participating in the candy making activity as well, I think some of us at Connections enjoyed the sweets for Valentines Day.





# Support Groups



Wellness & Recovery Program is offered on Fridays at 10:30Am with Jen

TWC is offered on Wednesdays at 10AM—11AM—Still working on WRAP Plans (Wellness Recovery Actions Plans)

NAMI Again we no longer have a Jasper County Provider for NAMI Meeting, still trying to get a Schedule of NAMI meeting so do ZOOM with here at Connections.



We here at Connections

Still have our Blessing Box, we provide needed items, food, blankets, gloves, etc. when able, other churches also have Blessing Boxes, but please remember to Share with others.







This last month we made several tasty dishes and foods. We enjoy having consumers join in the process of preparing and cooking their our lunches. Here we did two different kinds of pizzas. The first one was personal pan pizzas made with French bread, we had all the trimmings, pizza sauce, three different kinds of meats, sausages, pepperoni and bacon, cheese and spices. In the lower right hand corner you can see Jerry, Liz and Josh preparing their masterpieces. Then the day before Valentine's Day, we again prepared pizzas but in a different way. We made the dough, let it rise, then shaped them into hearts, we then made a sausage and pepperoni pizzas, prepared by Matt & Sherry. They were so good there was nothing left!!!







_	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	23	24	25	26	27	28	1
	LUNCH	SERVED D	AILY @ 11:	80 AM			
	2	Letter Ideas	10AM - St. Patty's Day Maze/Prize 1PM - Peer Choice	lyve Can	10AM - Make 6 4 Leaf Clovers 1PM - Calendar Ideas	10:30AM - Self 7 Help Mindfulness 1PM - Final News Letter ideas	8
	9	10AM - 10 Calendar Ideas 1PM - Website Suggestions	0	10AM - Togeth <b>é</b> lr2 We Can 1PM - Pen Pals			15 r
		Matt's Rurritos		VVe Can	10 AM - Happy20 Birthday to Liz 1 PM - Trivia Game	10:30AM - Self21 Help Mindfulness 1PM - Liz's Art Class	22
		10AM - Botanical Center Trip #1	Rowdy's B-Day25 10AM - Lucky Coin Toss/Prize 1PM - Peer Music	10AM - Togeth <b>ଌ</b> 6 We Can 1PM - Visit Pen	10AM - Botanic	10:30AM - Self 28 Help Mindfulness 1PM - Clay Creations	29
	30		7	. 2	3	4	Jonemade

Holidays and Observances: 17: St. Patrick's Day

# FINDING YOUR Joy & Purpose WORKSHOP

"When do I feel fulfilled?"

"Where do I belong?"

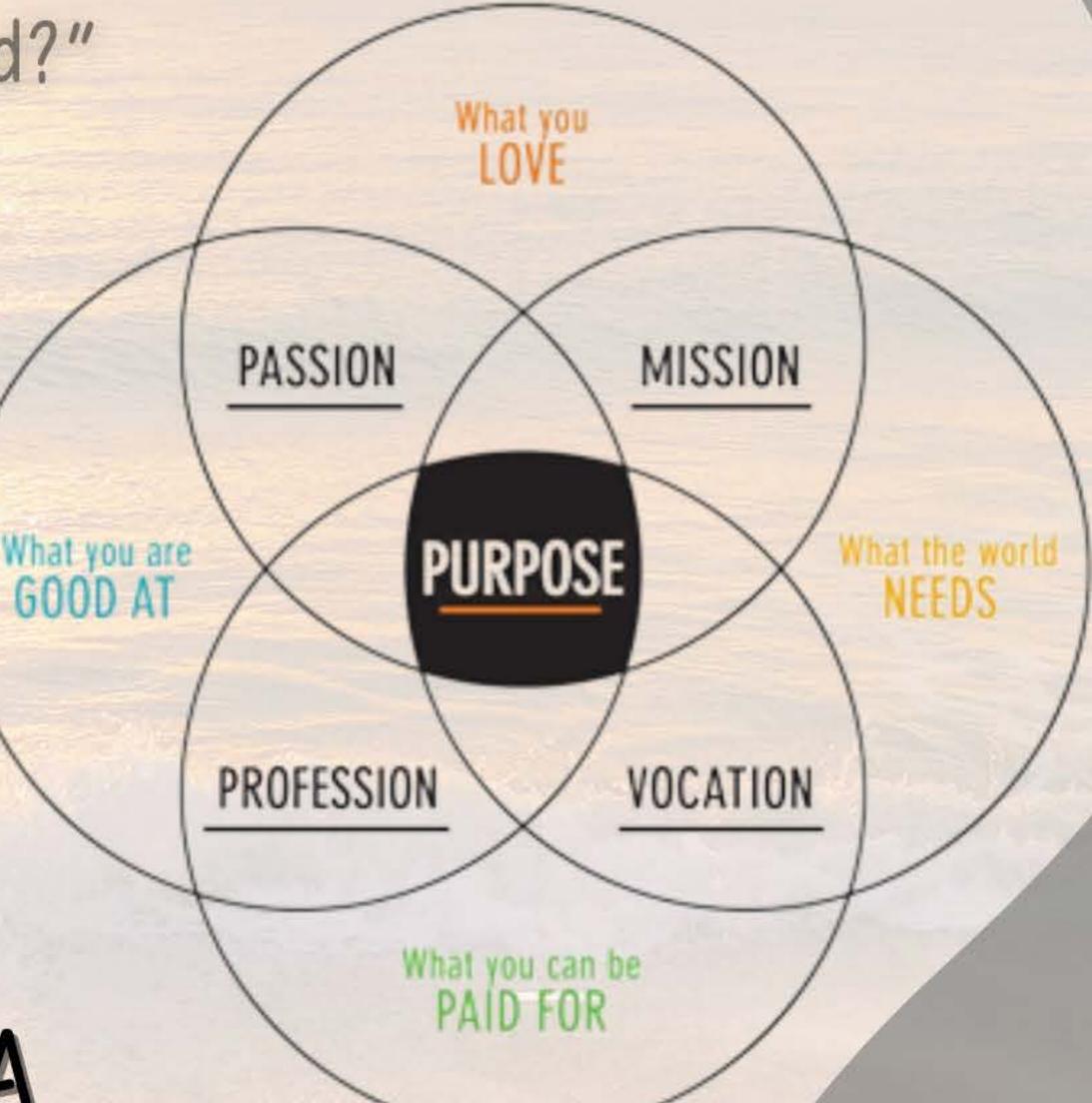
"Who am 1?"

March 20

10:30-11:30

@Newton YMCA

(Refreshments provided)





Join this hands-on workshop to uncover and connect to your values, ultimately living a more purpose-driven life

Presented by: Brittany Glienke Well-being Director at Park Centre









#### SERVING STORY, JASPER, MARION, WARREN, POLK, MADISON DALLAS AND BOONE COUNTIES

#### OUR PROGRAMS



#### Information & Assistance

Our specialists can help connect you to services and programs.



#### Family Caregiver Program

Our Family Caregiver Program helps you be the best caregiver you

can be.



#### Prevention & Awareness

If you and/or a loved one suspect financial exploitation/abuse



Aging & Disability Resource Center

Explore all your options.



#### Nutrition & Wellness

Learn about programs and services to help you live a healthy lifestyle.



#### Aging Well

I ind tools to take charge of your health and wellbeing.

#### Populations We Serve:

- · Adults 60 years old and older
- Adults 18+ years of age and older with a disability
- · Family Caregivers
- Grandparents Caring For Grandchildren

Partner with professionals to provide education on Medicaid programs.

What We CAN Do

What We CAN Do

Offer support and guidance.

Provide options relevant to each unique altuation.

Provide emergency housing or application assistance.

#### What We

Financially assist more than once in a 24 month period.

Give legal advice or provide legal assistance.

Provide direct services.

#### Contact us today!

(515) 255-1310 - Office (515) 255-9442 - fax (800) 747-5352 - Toll-Free

5835 Grand Avenue, Suite 106 Des Moines, IA 50312-1444

# AGING March RESOURCES

#### **OUTREACH DATES**

03/04/2025	THE WELL (10 AM - 12 PM)
03/13/2025	ISU EXTENSION OFFICE (9 AM TO 12 PM)
03/21/2025	NEWTON LIBRARY (12 PM TO 2 PM)
03/28/2025	THE WELL (1PM - 3 PM)

EXTENSION OFFICE NEWTON, IA

THE WELL KNOXVILLE, IA

COMMUNITY LIBRARY

#### **AGING RESOURCES RURAL INFO**

ACE, A RURAL OPTIONS COUNSELOR, WILL BE IN JASPER AND MARION COUNTIES THROUGHOUT THE MONTH OF MARCH FOR OUTREACH.

ACE CAN HELP WITH LOCATING RESOURCES, HELPING COMPLETE RENT REBATE APPLICATIONS, MEDICAID APPLICATIONS, AND MUCH MORE. STOP BY IF YOU MAY NEED ASSISTANCE!



## ARE YOU 60+ YEARS OLD?

#### DO YOU NEED LEGAL HELP/ADVICE?

- Eviction or Other Housing Issues
- Debt collection issues/Bankruptcy
- Medicare/Medicaid Denial
- Wills/POA/End-of-Life Planning
- Social Security Issues
- Veteran's Benefits Issues
- Other Civil Legal Issues



#### Iowa Legal Aid's Rural Justice Project

Iowa Legal Aid's Rural Justice Project for Older Iowans offers FREE:

- In-person (or phone) legal assessments
- Disaster preparedness counseling
- Holistic needs assessments and case management services

A representative from Iowa Legal Aid will be at:

Jasper Community Center 2401 1<sup>st</sup> Ave E Newton, IA 50208 (10:30 am – 1:30 pm)

Tuesday 02/18/25 Tuesday 3/25/25 Tuesday 5/20/25 Tuesday 7/22/25 Tuesday 9/16/25 Tuesday 11/18/25

\*weather permitting\*

The Rural Justice Project for Older Iowans is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$195,393 with 75 percent funded by ACL/HHS and 25 percent funded by non-federal sources. The contents of the project are those of Iowa Legal Aid and do not necessarily represent the official views of, nor an endorsement by ACL/HHS or the U.S. Government.

# Housing/Homeless

info to follow



The next meeting will be held on March 19, 2025 at 9 AM at the Jasper Co. Office Building, in the Large Conference Room.

All organizations are invited to attend.

Housing referrals: Jasper County flow chart Edited 3.7.2025, version 10, DRAFT

Goal: We offer resources to be self-sufficient. We will not enable people. "What do we ask people?"

Name:

How to contact:

Who is in the home and ages:

Current living situation:

Where are they from?

Other support people? Who usually helps them?

• Examples: Parent or guardian, siblings, children, grandparents, aunt/uncles, friends, neighbors, church, school, etc.

Current housing issue: Example: homeless, can't pay rent or mortgage, utilities, landlord

Barriers: Examples: criminal record, pets, no reference, no id, no credit, no phone, no job, etc. Will they accept help?

What resources or agencies have they already tried?

Get a release for every agency. A mental health and substance abuse release are separate. Jasper County Resource Guide: https://www.jasperia.org/resources/

If after hours: 988 or https://988lifeline.org/

#### **Homeless:**

#### Do they want help? Yes or No

Refer to Iowa Housing Help and CISS.

If on the streets, refer to CISS, contacts: Paul Richards or Lindsey Sinn.

Supplies for homeless: https://www.joppa.org/services/

Also see resource guide for food, etc.

Shower/laundry: Discover Hope during regular business hours

Shower after hours: Newton Y during regular business hours. 30 minutes limit.

Laundry: Neighbor Helping Neighbors

**Shelters:** Are they willing to go to a shelter if they have a ride? Yes or No

- CISS 24 Hour Emergency Shelter
- Access Care Center Extending Shelter & Support:
  - o Rapid Rehousing Marshalltown is the closest.
- <u>YSS</u>- Youth
- PHC Iowa Shelter- Des Moines
- Cooling and warming centers in the <u>resource guide</u>.
- Also see transportation resources in the resource guide.

#### **Children involved:**

- Homeless Liaisons School District Contacts Ages: 3-21
- <u>Pregnancy Center of Central Iowa:</u> Pregnant and young children, if they need clothes, diapers, etc.
- YSS: Youth Services in Des Moines
- DHS: TANF Application, children if emergency
- Kids placed outside of the home: AMP Iowa or Open Arms Foundation

• See resource guide for childcare resources

**Rental List:** Rentals and Newton Rentals

#### **Seniors or Disability:**

Refer to Aging Resources of Central Iowa.

Options see resource guide:

Housing for seniors, Long Term Care, and Assisted Living

Adult Day

**Progress Industries:** Group Homes

**Capstone BH**: Group Homes and Apartments

#### **Health Issues:**

Refer to their primary medical provider for orders or referral, Medicaid,

Consider <u>Aging Resources</u> Consider Primary Health

For those with cancer: Mission Cancer Foundation

Cancer Financial Assistance Coalition

Veteran: Refer to Jasper County VA

#### **Utilities or Rent Assistance or Can't pay Mortgage:**

- Refer to <u>IMPACT</u> help apply for <u>LIHEAP</u>, \$300/year rental assistance
- Other: General Assistance 1 time
- <u>Salvation Army</u> \$200/year
- Do they have a church?

Mental Health: Refer to Jill at Capstone Behavioral Health and Optimae

<u>Substance/Addiction:</u> Refer to <u>Discover Hope</u>, Katie Finch. (non-medical)

- Capstone Behavioral Health can screen
  - o refers to places such as <u>Clearview</u>, <u>Sheepgate</u>, or other places with openings.
- Anyone can refer to Capstone for substance or mental health screening.
  - o If issues, call Julie Smith.
  - o If a referral to inpatient is needed after screening.
  - o Options in Jasper County: <u>Clearview Recovery</u> (women) and <u>Sheepgate</u> (men).
  - Other substance inpatient. See resource guide for options.

#### **Poor Living Conditions:** Do they own, rent, live with others?

- Mold: USDA Loans and Grants, FEMA Flood Damage
- Bugs/Infestation: Lice, fleas, bed bugs, mice, rats, bats, other animals.
- Rentals review lease agreement, if own home, check with homeowner insurance.
- Landlord issues- Iowa Legal Aid
- If in Newton, https://www.newtongov.org/122/Building-Division
- In County, well, septic, or zoning issue or building permit.

Jasper Co. Community Development

#### Repairs to Home: Refer to <u>Jasper Co. Habitat for Humanity</u>

If in Newton, refer to grants.

Also see Seniors or Jasper Co. VA (Veterans)

Income/Employment/Work: Iowa Workforce Development

**Refugees:** Refer to <a href="https://hhs.iowa.gov/programs/programs-and-services/refugee-services">https://hhs.iowa.gov/programs/programs-and-services/refugee-services</a>

Violence, Domestic Violence or Violent Crimes: Family Crisis Center or CIS

Jail/Legal/Probation: Refer to Jill Robinson at Capstone Behavioral Health Capstone

Ramp: Refer to Kid Assist or Habitat for Humanity

**Real Estate Tax Help in Jasper County:** 

Refer to <u>Jasper Co. Treasurer</u> If VA, Refer to <u>Jasper Co. VA</u>

Furniture/Appliances: Free and delivery at Friends in Hope

Lower cost Habitat Restores

Household Goods/Clothing: The Well or Salvation Army or Good Will

**Disaster Relief:** Emergency such as flooding or tornado.

- FEMA
- Jasper Co. EMA
- Red Cross

#### Homeownership programs:

- Habitat for Humanity
- First Time Home Buyer
- Also see Veterans
- Past due on Mortgage: See <u>Iowa homeowners assistance</u> Up to \$25,000, one time

If other resources are needed, please see <u>Jasper County Resource Guide</u>. <u>https://jasperia.org/resources/</u>

### You could own a home!

#### Habitat can help.

## Affordable homeownership is available in **Newton** right now



Founded on the conviction that every person should have a decent, safe and affordable place to live, Habitat for Humanity brings people together to build homes, communities, and hope. We provide an affordable pathway to homeownership where homebuyers will spend no more than 30% of their income on their mortgage.

We are actively looking for a home buyer for Newton to build this year, which would be purchased by a homebuyer with an affordable Habitat mortgage.

Our program helps Jasper County residents prepare to own a home through homebuyer education, and program participants complete 200 hours of "sweat equity," volunteering to help keep our homes affordable.

Homebuyers purchase their home upon completion of the program, with a mortgage payment capped at no more than 30% of their income at the time of purchase.



#### **Get started today!** Scan the QR code or contact:

Rebecca Decker | rdecker@gdmhabitat.org



#### We Do Business in Accordance with the Federal Fair Housing Law

We are pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the Nation. We encourage and support an affirmative advertising and marketing program in which there are no barriers to obtaining housing because of race, color, religion, sex, handicap, familial status, or national origin.

# open office times

Stop by during these open office times for any help or questions needed for our **Home Preservation** or **Home Ownership** programs

# Colfax at The Nook

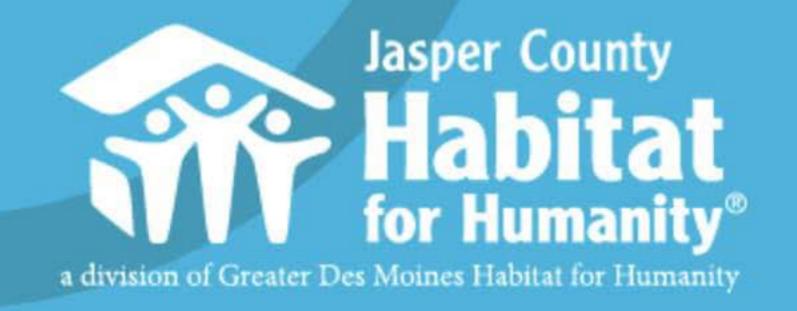
25 E Howard Street

March 4th and 18th from 10:00am-1:00pm

# Newton at The Newton Chamber

403 W 4th Street, N Suite 101

March 13th and 27th from 12:00-4:00pm





#### Low-Moderate Income Existing Housing Improvement Grant

**Purpose:** Property owners that have an income at or lower than 80% of the median income for Jasper County may apply for an existing housing improvement grant for rehabilitation/revitalization projects for owner-occupied homes.

**Eligibility:** Property owners that have an income at or lower than 80% of the median income for Jasper County. The applicant shall provide proof of income eligibility by submitting the most recent income tax return. The applicant must show proof of ownership of the property and proof that the property serves as the owner's primary residence.

	Jasper County Low-Moderate Median Income Information								
Median	FY 2023				Persons	in Family			
Family	Low	1	2	3	4	5	6	7	8
<i>Income</i> \$83,300	(80%) Income Limits	\$46,800	\$53,450	\$60,150	\$66,800	\$72,150	\$77,500	\$82,850	\$88,200

Data Source: https://www.huduser.gov/portal/datasets/il.html

Application Process: Applicants must submit this application and all required items stipulated within the applications.

- Grants shall be provided as a reimbursement of completed work. Applicant shall provide a copy of paid invoices
  and the City will inspect the property to verify work has been completed. A 25% applicant cash match for each
  program area shall be met.
- Work covered by the program includes:
  - o Foundation Work: \$10,000
  - Permanent/Semi-permanent Interior Work, including wall reconstruction, floor refinishing and flooring, cabinetry, paint, etc. Not eligible items include window coverings, furnishings, etc.: \$15,000
  - Windows and Doors: \$10.000

HVAC: \$6,000Plumbing: \$8,000Electrical: \$5.000

Exterior Treatments, including siding, tuck-pointing, stucco, exterior paint, etc.: \$10,000

o Roofing: \$6,000

If you are considering applying for grant funds, please contact the the City of Newton Community Development office with any questions.

#### **Erin Chambers**

Community Development Director Phone: 641-792-6622

Email: <a href="mailto:erinc@newtongov.org">erinc@newtongov.org</a>

**Bethany Hovda** 

Administrative Assistant Phone: 641-792-6622

Email: bethanyh@newtongov.org

Return your completed application and all applicable supporting materials to:

City of Newton
Attn: Community Development Department
403 W 4th Street N, Suite 501
Newton, Iowa 50208



#### Low-Moderate Income Existing **Housing Improvement Grant Application**

Property Owner Information										
Name:										
Address:										
City:		;	State:				Zip Co	de: _		
Phone Number:										
Email Address:										
Number of household members:	□ 1	□ 2	□ 3	□ 4	□ 5	□ 6	□ 7	□ 8		
Application Materials										

Please include copies of the following with your application:

- Copy of the property owner's most recent tax return, to verify low-mod income qualifying
- Proof of ownership of the property and proof that the property serves as the owner's primary residence.
- Written description of work, full plan sets showing proposed work, including material specifications. photographs of interior and exterior of the property

#### **Program Conditions and Terms of Agreement**

- The applicant meets all eligibility criteria outlined for the program.
- No funds are approved for the improvement project until the applicant is notified in writing of grant award and meets all program requirements. Work completed prior to final approval is ineligible for funding.
- The City will not invest in a property found to have structural deficiencies that are not planned to be addressed in the work plan. Property owners should plan to have the property available for inspection by City as part of the review of the proposal and funding request.
- The maximum grant received per property from the City's LMI set-aside funds will be based on project area. A 25% applicant cash match for each program area shall be met.
- Floor plans and/or product specific information shall be submitted for City review; all required building and trades permits shall be obtained.
- The applicant is responsible for meeting the match requirement. The applicant shall keep record of all applicable documents and receipts to substantiate that they are in conformance with this requirement. Upon completion of the project, the applicant must submit receipts for all of the work to the City of Newton Community Development Department. The City of Newton will pay the awarded grant amount directly to the contractor.

I authorize the verification of the information provided on this form and have attached all required documentation as

specified in the application materials. I also understand that my project may be used for ma businesses. I acknowledge that I have read and agree to the program conditions outlined a	
Property Owner Signature:	Date:

lowaHousingSearch.org is a website promoted by Newton Housing Development Corp. for landlord and tenant use.

There are 2,364 "Permitted" rental units in Newton

Kaldenberg Apartments Thunder Mountain Condo's Kirkshire Place Klocke Apartments Lincoln Apartments - KEM Investments Lions Gate Apartments Linden Place Apartments  Linden Place Apartments  Linden Place Apartments  Linden Place Apartments  The Meadows  427 N 2nd Ave E  MSG Newton Properties LLC MSG Newton Properties LLC MSG Newton Properties LLC MSG Newton Apartments LLC Newton Place Apartments  * 1425 N 11th Ave E Newton Place Apartments Newton Plaza Apartments  * 1425 N 11th Ave E Newton Sundance Apartments  * 210 & 220 E 28th St Newton Village Plant 1 Apartments Regency Apartments  Regency Apartment  * 1820 S 13th Ave E Regency Apartments  * 1820 S 13th Ave E	641-792-9535   641-79
Aurora Apartment - KEM Investments  Bristol Square Apartments  Brookfield Apartments  Brookfield Apartments  Brookfield Apartments  Cambridge Place or 6th Ave Appartments  CandleRidge of Newton  Cardinal Circle Meadow Wood of Newton  Chamberlin Apartments  Community Terrace Apts - KEM Investments  Courtyard Newton Apartment  East Town Apartments  First Avenue Cottages  Forest View Apartments  Forest View Apartments  Historic Hotel Maytag Apartments  East Run Apartments  Forest Neun Apartments  Hunter's Run Apartments  Kaldenberg Apartments  Kaldenberg Apartments  Kirkshire Place  Kirkshire Place  Kirkshire Place  Kirkshire Place  Kirkshire Place  Misca Apartments  Lincoln Apartments  Lincoln Apartments  Lincoln Apartments  Lincoln Apartments  Mag Os 25 5th St Place  Mag Os 25 5th Ave E  Mag Os 33 N 3rd Ave E  Mag Os 13th Ave E  Mag Os 13th Ave E  Misca Poperties LLC  Newton Apartments LLC  Newton Apartments  Poperties LLC  Newton Park Apartments  Poperties LLC  Newto	641-792-9535   641-79
Bristol Square Apartments Brookfield Apartments Brookfield Apartments Cambridge Place or 6th Ave Appartments CandleRidge of Newton Cardinal Circle Meadow Wood of Newton Chamberlin Apartments Community Terrace Apts - KEM Investments Courtyard Newton Apartment East Town Apartments S5+ 400 E 8th St S First Avenue Cottages Forest View Apartments Forest View Apartments Forest View Apartments First Avenue Cottages Forest View Apartments Forest View Apartments First Avenue Cottages Forest View Apartments First Avenue First Ave E Forest View Apartments First Avenue	641-521-5206   h St S   641-792-9535   641-780-8921   800-383-5204   assistant@truversemanagement.  ace E   515-979-9324   515-373-8331   spirepropertymgmt.com   641-792-9535   515-465-4886   515-373-8331   spirepropertymgmt.com   641-521-3208   641-521-3208   641-792-9535
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Hunter's Run Apartments & Townhomes	641-792-9535
Kading PropertiesSeveral complexes at A00 N 2nd Ave EThunder Mountain Condo's1800 S 13th Ave EKirkshire Place418 S 2nd Ave EKlocke Apartments820 & 824 E 12th StLincoln Apartments - KEM Investments520 S 5th Ave ELions Gate Apartments320 W 3rd St NLinden Place Apartments*62+ 1105 E 12th St SThe Meadows1020 - 1026 E 12th St427 N 2nd Ave E427 N 2nd Ave EMSG Newton Properties LLC1111 N 11th Ave EMSG Newton Properties LLC503 N 3rd Ave EMSG Newton Properties LLC420 N 8th Ave ENewton Apartments LLC1209 W 16th St SNewton Apartments LLC1301 W 16th St SNewton Park Apartments* 1425 N 11th Ave ENewton Place Apartments* 1425 N 11th Ave ENewton Place Apartments* 210 & 220 E 28th StNewton Village55+ 110 N 5th Ave WPlant 1 Apartments515 W 4th St NQuail Ridge Apartments1820 S 13th Ave ERegency Apartment603 E 3rd St S	Saround town   S15-276-9384   <u>kaddingproperties.com</u>   S15-321-2088   S15-321-2088   S15-321-2080   S15-35-250-1498   <u>anthonyklocke@yahoo.com</u>   S15-216-4700   <u>kourimanagement.com</u>   S15-373-8331   Spirepropertymgmt.com   S15-373-8331   S15-373
Kaldenberg Apartments Thunder Mountain Condo's Kirkshire Place Klocke Apartments Lincoln Apartments - KEM Investments Lions Gate Apartments Linden Place Apartments The Meadows A27 N 2nd Ave E MSG Newton Properties LLC MSG Newton Properties LLC Newton Apartments LLC Newton Apartments LLC Newton Apartments LLC Newton Apartments LLC Newton Place Apartments Newton Place Apartments Rewton Place Apartments Newton Apartments LLC Newton Place Apartments Newton Place Apartments Newton Place Apartments Selection Apartments Newton Place Apartments Selection Apartments Newton Place Apartments Newton Place Apartments Newton Place Apartments Selection Apartm	515-321-2088 641-990-5280 641-780-8921 515 S 515-250-1498 anthonyklocke@yahoo.com 641-792-9535 515-216-4700 kourimanagement.com 641-792-3018 515-373-8331 spirepropertymgmt.com 515-373-8331 spirepropertymgmt.com 641-792-9535
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Plant 1 Apartments 515 W 4th St N  Quail Ridge Apartments 1820 S 13th Ave E  Regency Apartment 603 E 3rd St S	641-792-0115 newtonvillage.org
Quail Ridge Apartments1820 S 13th Ave ERegency Apartment603 E 3rd St S	641-440-0941 plant1lofts.com
Regency Apartment 603 E 3rd St S	515-373-8331 spirepropertymgmt.com
•	several buildings 515-373-8331 spirepropertymgmt.com
Robert's Apartments 912 1st Ave W	641-521-8217
Smoking Tree Duplexes 308 - 326 S 8th Ave	
Somerfield Apartments 1711 & 1715 S 4th A	
Southtown Apartments - Volkan Properties 604 & 616 E 3rd St S	
Suncrest Village *62 1800 S 4th Ave E	641-521-3208 suncrestvillageapts.com
Trevor Estate - condos 1300 - 1500 blocks	
Walnut Creek Apartments 500 & 510 E 17th St	
Washington Heights Apartments 706 S 2nd Ave W	515-373-8331 spirepropertymgmt.com
Woodland Heights Apartments * 1800 W 4th St N	641-791-7407 woodlandheightsliving.com
Dittmer Properties manage several unit	nits 641-417-8136
Newbury Management manage several unit	
Real Estate Solutions, LLC manage several sing	
CENTRAL IOWA REGIONAL HOUSING AUTHORITY (CIRHA) – PUBLIC HOU	OUSING & HOUSING CHOICE VOUCHERS (SECTION 8): Phone 515-986-1882 cirha@cirhahome.org
3 - has 3 bedroom units	
* - Income guidelines	
55+ - 55 years old restriction	
NS - Non Smoking	
This list was provided & maintained by Newton Housing Development Co	



# Need help with your energy bills?

#### You may be eligible for assistance!

Join us in person at a pop-up event to meet with IMPACT to discuss your options.

We want to help you before you get behind. Bring a friend!

Date:	Monday, March 24th, 2025
Time:	9:00 AM - 11:00 AM  Walk-Ins Only
Location:	<b>Grace Food Pantry</b> 1620 N. 11th Ave. E. Newton IA 50208
What to have:	<ul> <li>Social Security cards for all household members.</li> <li>Household income information, one of the following:         <ul> <li>Most recent income from the last 30 days.</li> <li>Your annual completed federal tax return forms.</li> <li>Zero income is okay.</li> </ul> </li> <li>List of all household member's demographic information.</li> <li>Heat &amp; Electric account information and a copy of bill(s).</li> </ul>
Contact:	Amanda Scalise - IMPACT Community Outreach Specialist Email: ascalise@impactcap.org Phone: 515-706-3259
<b>Need Transportation?</b>	HIRTA: 877-686-0029
Prefer a Home Visit?	Call: 515-518-4770 Email: info@impactcap.org





# Need help with your energy bills?

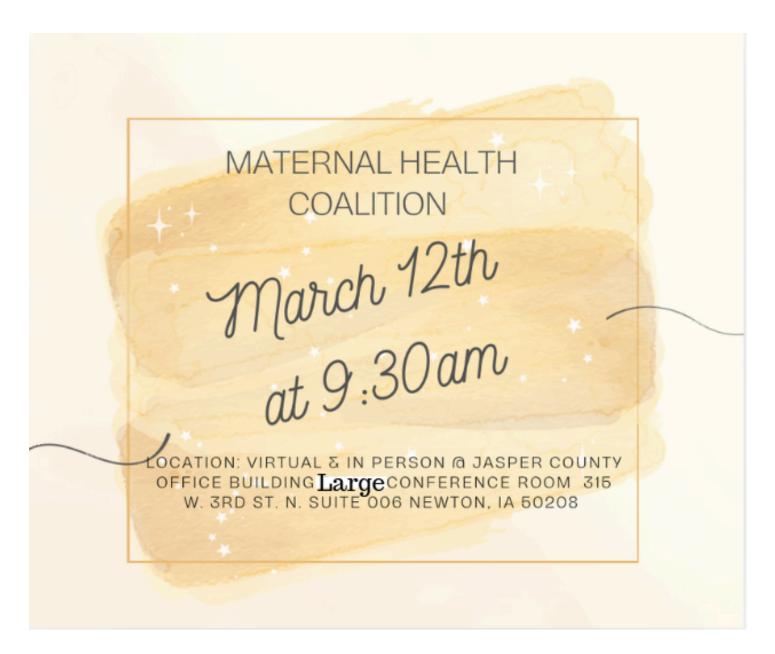
#### You may be eligible for assistance!

Join us in person at a pop-up event to meet with IMPACT to discuss your options.

We want to help you before you get behind. Bring a friend!

Date:	Friday, March 14th, 2025
Time:	9:00 AM - 4:00 PM Appointments: 9:00 AM - 12:00 PM Call 515-518-4770 to schedule Walk-Ins: 1:00 PM - 4:00 PM
Location:	<b>Discover Hope</b> 733 1st Ave E. Newton IA 50208
What to have:	<ul> <li>Social Security cards for all household members.</li> <li>Household income information, one of the following:         <ul> <li>Most recent income from the last 30 days.</li> <li>Your annual completed federal tax return forms.</li> <li>Zero income is okay.</li> </ul> </li> <li>List of all household member's demographic information.</li> <li>Heat &amp; Electric account information and a copy of bill(s).</li> </ul>
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#### Agenda, minutes, handouts to follow

#### **Maternal Health Coalition Meeting Notes**

#### December 11th, 2024

Round Robin Introductions: Megan Van Beek (MICA), Jana Larsen (MICA), Jessica Miller (MICA), Krissy Burma (I-SMILE), Noemi Nava-Castellanos (MICA), Sierra Stevens (MICA/WIC), Melissa Gary (JCPH), Karen Mills (Nightingale), Rita Baker (PCCI), Araceli Roberts (MICA), Shannon (TCPH), Emma Krapfl (lung association), Shari & Miranda (Martha's House of Hope), Bridget Konz (HHS) (sorry if I missed anyone else!)

#### > Topics we discussed:

- Nick Pietrack from the Jasper County Attorney's office presented on bringing a Safe
  Haven Baby Box to Jasper County. Nick sent an email with PowerPoint and information
  discussed. If you missed the email, please let Jana or Megan know and we can get the
  information for you.
- Bridget Konz, RN, MPP at HHS presented on Maternal Mortality. Her PowerPoint is attached to this email and links are below for more information.

https://hhs.iowa.gov/advisory-groups/iowa-maternal-mortality-review-committee

Maternal Mortality Prevention | Maternal Mortality Prevention | CDC

#### > Topics for our next meeting:

Please email us with any other topics to discuss!

Next meeting: March 12th – in person & virtual

#### Contacts: MICA-

Jana Larsen- Maternal, Child, and Adolescent Coordinator <a href="mailto:jana.larsen@micaonline.org">jana.larsen@micaonline.org</a>
Megan Van Beek, RN <a href="mailto:megan.vanbeek@micaonline.org">megan.vanbeek@micaonline.org</a>

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https://hhs.iowa.gov/advisory-groups/iowa-maternal-mortality-review-committee

Maternal Mortality Prevention | Maternal Mortality Prevention | CDC

#### > Topics for our next meeting:

Please email us with any other topics to discuss!

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#### Contacts: MICA-

Jana Larsen- Maternal, Child, and Adolescent Coordinator <a href="mailto:jana.larsen@micaonline.org">jana.larsen@micaonline.org</a>
Megan Van Beek, RN <a href="mailto:megan.vanbeek@micaonline.org">megan.vanbeek@micaonline.org</a>

# Healthy Kids Day at the Newton YMCA on Saturday, April 26, 2025.

#### **Attachments:**

Resource Guide flyer (please make copies and distribute)

Jasper Community Health Improvement Plan for Childcare

Contacts for help with child care,

Brenda (CCR&R of Central Iowa) brochure

Mindy, Child care Collaborative of Iowa, handout

Newton Daily News Article about childcare.

Colfax-Mingo School new child care

Newton YMCA hopes to expand

Parents as Teachers (PAT) Short Years, enrolling families in Jasper

County.

Blank's trainings

Village Closet, Grinnell Regional- new

MICA, January report

Pregnancy Center of Central Iowa info, including life skills

CHILI CARE	Complete 2.2025. 4.) Monitor State guidelines and advocate change for the childcare system. 5.) CCR&R will promote and offer training to childcare providers. 6.) Added. MCH, Jasper Co. Cares Subgroup will meet and discuss childcare resources, challenges on the agenda. Invite CCR&R, Newton YMCA, Colfax Childcare. Add Child Care Collaborative of Iowa to resource guide 2.26.2025 7.) MICA to hire a Child Care Consultant to cover Jasper Co. Still posted 2.25 8.) Colfax Child Care Center received a 1.7 million dollar grant to build a facility by 2026. Fundraising 2.2025. Connected with Mindy at Childcare Collaborative of Iowa on 2.26.2025. 9.) Newton YMCA seeking funding to expand to serve 50 more children. Met with George, new CEO at the Newton YMCA. Invited to Cares. 2.2025 Gave Child Care Collaborative Info. 10.) NEW Brenda from CCR&R and Melinda from Childcare	about childcare care resources available in Jasper County. Increase in people utilizing affordable childcare resources. Increase the number of trained childcare providers.	Resource Guide (online) Resource Table Brochure Holder by HHS Outreach: social media Jasper Co. Cares Coalition monthly meeting Funding Website - Child Care Connect CCR&R	+ to MCH meeting- talk to Jana at MICA plan 3.12.2025. CCR&R Jasper County Cares Coalition Employers Parents & Guardians Schools Colleges: DMACC Childcare Providers and Facilities Iowa State Extension - Childcare resources MICA- Childcare consultant Child Care Connect- Iowa (website) Newton YMCA- expanding Colfax- grant to expand Workforce Development JMP ECI (funding) Met Amy B. on 2.24.2025 ECI changes.  Child Care Collaborative of Iowa added 2.26.2025
	children. Met with George, new CEO at the Newton YMCA. Invited to Cares. 2.2025 Gave Child Care Collaborative Info.			Iowa added 2.26.2025

Highlighted indicates changes since original plan.

#### **IOWA STATE UNIVERSITY**

**Department of Human Development and Family Studies** 



#### **ESTIMATED COST OF THE CHILD CARE SHORTAGE IN IOWA**

February 2020. Quentin Riser, Heather Rouse\*, Jessica Bruning, Allison Gress, Cass Dorius, and Tami Foley

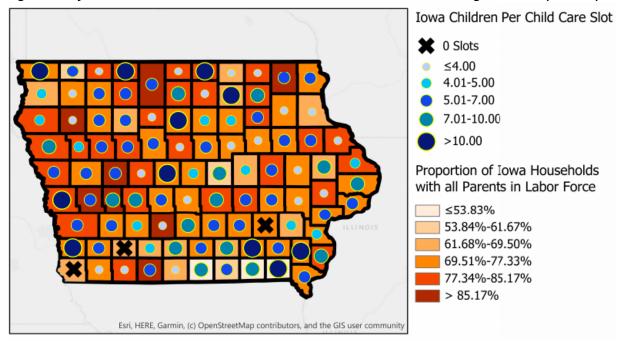
#### **Executive Summary**

Lack of accessible child care not only affects individual families, but costs businesses and taxpayers. This is particularly problematic for Iowa, a state with the highest rate of parents with young children in the workforce. Using national estimates of these costs relative to Iowa's population of working families with young children, findings reveal a cost to Iowa of over \$241 million in lost annual earnings and an \$82.8 million annual loss to Iowa businesses.

#### **Background**

Working parents with young children often do not have access to needed child care.<sup>a,b</sup> Lack of access translates into lost wages and productivity in the workplace. Iowa has the highest percentage of parents with young children with both (or the only) parents in the workforce (75% vs. 66%, nationally<sup>c</sup>); this means there are approximately 72,000 working parents in Iowa with children under the age of 3. In a state where 88 of 99 counties are identified as rural, Iowa has diverse gaps in child care access. Figure 1 presents the percentage of households with all parents in the labor force relative to the ratio of children per child care center slot for infants and toddlers. Counties with the largest circle indicate a ratio of over 10:1, meaning for every 10 children under the age of 3 in the county there is only 1 available child care slot. Findings also show important disparities in child care access for Iowa's youngest children across counties.

Figure 1. Infant and Toddler Slots in Iowa Child Care Centers and Working Parents by County



Source. Data were derived from 2020 lowa Department of Human Services child care licensing information for providers of care for infants and toddlers and 2018 American Community Survey 5-Year Estimates, Table B23008. Infant and toddler slots are assessed at the time of the DHS licensing compliance visit. Child care centers may change locations of classrooms or decide to operate below maximum capacity on the basis of staff availability or quality assurance, thus altering the available slots. Early Head Start programs that offer varying hours of care are included.

\*This work was conducted in partnership between Early Childhood Iowa and ISU Department of Human Development and Family Studies. For more information please contact ISU faculty lead Heather Rouse (hlrouse@iastate.edu).

In September of 2018, ReadyNation released a report which outlined the national burden of insufficient child care and its cost to families, taxpayers, and businesses.<sup>d</sup> They found the child care crisis costs the United States \$57 billion annually and 86% of parents reported that child care issues hurt their effort or time commitment at work.

The purpose of the current report was to generate estimates of lowa's economic burden resulting from the child care shortage.

#### **Approach**

Annual and long-term economic burden per working parent with children under 3 in Iowa was estimated using the 2017 American Community Survey 1-Year Estimates Tables B09002<sup>e</sup> and S1101<sup>f</sup> and analytic methods from the 2018 Economic Impacts of Insufficient Child Care on Working Families report.d The analysis used weights from the 2018 American Community Survey 5-Year Estimates Table B23008<sup>c</sup> to calculate the number of working parents with young children.

#### **Estimates of Iowa's Economic Burden**

Iowa parents lose over \$241 million in annual earnings that can be attributed to the child care shortage. See Figure 2 for more information on aggregate yearly burden.

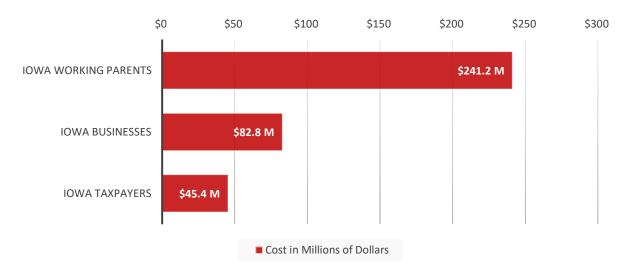


Figure 2. Aggregate Yearly Burden to Iowans from the Child Care Shortage

Source: 2017 American Community Survey Tables B090023, S11014; 2018 Economic Impacts of Insufficient Child Care on Working Families.

These costs associated with the child care shortage also translate to individual losses for families, businesses, and taxpayers each year:

- **Iowa Working Parents** lose, on average, \$3,350 in annual earnings, reduced productivity, and job seeking capacity.
- **lowa Businesses** lose, on average, \$1,150 per working parent each year in diminished revenue and additional recruitment costs.
- **lowa Taxpayers** lose, on average, \$630 per working parent in annual lost income tax and sales tax.

Long-term economic impacts are also found for the child care shortage. National estimates suggest that over the time period when each child is under age 3 and the subsequent 10 years, the average career economic burden from inadequate child care is equivalent to \$8,940 per working parent across the U.S.<sup>d</sup> These estimates were also generated for Iowa parents, businesses, and taxpayers (see Figure 3). In Iowa, across the first 13 years of a child's life, these economic impacts sum to over \$914 million (see Figure 3).



Figure 3. Aggregate Long-Term (first 13 years) Burden to Iowans from the Child Care Shortage

Source: 2017 American Community Survey Tables B090023, S11014; 2018 Economic Impacts of Insufficient Child Care on Working Families.

These long-term costs also translate to individual losses for families, businesses, and taxpayers:

- **lowa Working Parents** lose an average of \$8,940 in total earnings, reduced labor market participation, and decreased returns on work experience in the first 13 years of a child's life.
- **Iowa Businesses** lose, on average, \$1,490 per working parent in reduced revenue and in extra recruitment costs over the first 13 years of a child's life.
- **Iowa Taxpayers** lose, on average, \$2,270 per working parent in lower income tax and sales tax over the first 13 years of a child's life.

The economic impact of insufficient or unavailable child care is a problem facing not only those parents with young children, but the child care shortage is a challenge for lowa businesses and taxpayers as well. Given that lowa has one of the largest percentages of families with young children with both (or the only) parents in the labor force, there is a significant need to address this crisis to support lowa families and the future vitality of lowa's economy.

#### **Sources**

<sup>a</sup> Why Child Care Matters to Iowa Businesses. https://iowaccrr.org/resources/files/news/Why%20Child%20Care%20Matters%2001-25-2018.pdf <sup>b</sup> Malik, R., Hamm, K., Schochet, L., Novoa, C., & Workman, S. (2018). *America's Child Care Deserts in 2018*. Center for American Progress. Retrieved from https://www.americanprogress.org/issues/early- childhood/reports/2018/12/06/461643/americas-child-care-deserts-2018/ <sup>c</sup> U.S. Census Bureau; American Community Survey, 2018 American Community Survey 5-Year Estimates, Table B23008; American FactFinder; http://factfinder.census.gov

d Belfield, C. (2018). Economic Impacts of Insufficient Child Care on Working Families. Report prepared for ReadyNation/Council for a Strong America. Retrieved from https://strongnation.s3.amazonaws.com/documents/522/3c5cdb46-eda2-4723-9e8e-f20511cc9f0f.pdf?1542205790&inline;%20filename=%22The%20Economic%20Impacts%20of%20Insufficient%20Child%20Care%20on%20Working%20Families.pdf%22

<sup>e</sup> U.S. Census Bureau; American Community Survey, 2017 American Community Survey 1-Year Estimates, Table B09002; American FactFinder; http://factfinder.census.gov

<sup>f</sup> U.S. Census Bureau; American Community Survey, 2017 American Community Survey 1-Year Estimates, Table S1101; American FactFinder; http://factfinder.census.gov

#### **Appendix 1: Calculation Estimates and Related Data Sources**

Name: Iowa Married Couple Households with children under 3

Formula: IA<sub>MHHCh3</sub> = (IA<sub>MCh3</sub><sup>1</sup>/IA<sub>MCh18</sub><sup>2</sup>)\*IA<sub>MHHCh18</sub><sup>3</sup>

Name: Iowa Male-Headed Households (no females present) with children under 3

Formula: IA<sub>SMHHCh3</sub> = (IA<sub>SMCh3</sub><sup>4</sup>/IA<sub>SMCh18</sub><sup>5</sup>)\*IA<sub>SMHHCh18</sub><sup>6</sup>

Name: Iowa Female-Headed Households (no males present) with children under 3

Formula: IA<sub>SFHHCh3</sub> = (IA<sub>SFCh3</sub><sup>7</sup>/IA<sub>SFCh18</sub><sup>8</sup>)\*IA<sub>SFHHCh18</sub><sup>9</sup>

Name: Iowa Parents with children under 3

Formula: IA<sub>PCh3</sub> = (2\*IA<sub>MHHCh3</sub>) + IA<sub>SMHHCh3</sub> + IA<sub>SFHHCh3</sub>

Name: Iowa Working parents with children under 3

Formula: IA<sub>WPCh3</sub> = IA<sub>PCh3</sub>\*0.75

Name: Iowa Worker/Family Annual Burden

Formula: IA<sub>WFB</sub> = IA<sub>WPCh3</sub>\*3350

Name: Iowa Business Annual Burden

Formula: IABB = IAWPCh3\*1150

Name: Iowa Taxpayer Annual Burden

Formula:  $IA_{TB} = IA_{WPCh3}*630$ 

Name: Iowa Worker/Family Long-term Career Burdens

Formula: IA<sub>WFLB</sub> = IA<sub>WPCh3</sub>\*8940

Name: Iowa Business Long-term Burdens

Formula: IA<sub>BLB</sub> = IA<sub>WPCh3</sub>\*1490

Name: Iowa Taxpayer Long-term Burden

Formula:  $IA_{TLB} = IA_{WPCh3}*2270$ 

<sup>1</sup> Children under the age of 3 in married households derived from ACS Table B09002

<sup>&</sup>lt;sup>2</sup> Children under the age of 18 in married households derived from ACS Table B09002

<sup>3</sup> Married households with children under the age of 18 derived from ACS Table S1101

<sup>&</sup>lt;sup>4</sup> Children under the age of 3 in male-headed households derived from ACS Table B09002

<sup>&</sup>lt;sup>5</sup> Children under the age of 18 in male-headed households derived from ACS Table B09002

<sup>&</sup>lt;sup>6</sup> Male-headed households with children under the age of 18 derived from ACS Table S1101

<sup>&</sup>lt;sup>7</sup> Children under the age of 3 in female-headed households derived from ACS Table B09002

<sup>&</sup>lt;sup>8</sup> Children under the age of 18 in female-headed households derived from ACS Table B09002

<sup>&</sup>lt;sup>9</sup> Female-headed households with children under the age of 18 derived from ACS Table S1101

Brenda and Mindy are facilitating a Peer to Peer Event, March 25 for Centers and Providers to come together to discuss business practices or trends that are current challenges and facilitate potential group brainstorming around these topics.

Brenda OHalloran,
Child Care Consultant
Jasper, Marion, and Poweshiek Counties
Child Care Resource & Referral of Central Iowa
Child Guidance Center Orchard Place
bohalloran@orchardplace.org

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Financial Management Coach

Child Care Collaborative of Iowa

Mid-Sioux Opportunity, Inc.

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Iowa's Child Care Partner!

Choosing quality child care is one of the most important decisions you will make for your family.

### Why Choose CCR&R?

Think of us as Iowa's #1 Resource for Everything Child Care.

Choosing quality child care is one of the most important decisions you'll make for your family and your community. At CCR&R, we are dedicated to supporting families, empowering child care providers, and educating communities throughout lowa.

Jowa CCR&R is here to support you!

#### STRENGTHEN COMMUNITIES

CHAMPION CHILD CARE!

Child care is a critical part of a thriving community.

Start your child care journey with CCR&R and let us help build a stronger community together.

We educate and advocate for child care within communities by:

- Facilitating discussions and solutions about child care
- Raising awareness about the importance of quality child care
- Supporting community initiatives and policies

#### IOWA'S VISION:

All children, beginning at birth, will be healthy and successful.

#### SHAPE TOMORROW

START A CHILD CARE CAREER TODAY!

CCR&R is dedicated to helping lowa child care businesses achieve their full potential. By supporting these businesses, we are investing in the future of lowa.

We help child care providers reach their full potential through:

- Training and professional development
- Licensing and regulatory support
- Developing policies and procedures
- Preparing applications for lowa Quality for Kids (IQ4K<sup>®</sup>) - lowa's Quality Rating and Improvement System for licensed child care centers, preschools and registered child development homes



#### OUR MISSION:

Iowa Child Care Resource & Referral provides resources, education and advocacy to support quality child care. CCR&R is committed to ensure that Iowa's vision is met.

www.iowaccrr.org

#### SIMPLIFY THE SEARCH

NAVIGATE CHILD CARE WITH CCR&R!

Our Parent Service Team help families find childcare that's just right for them, at no cost.

We guide parents about what to look for in quality child care and provide useful resources and tips.

Connect with us today to learn more!

We help families find child care solutions tailored to their needs with:

- Free personalized assistance and useful resources for finding quality child care
- Quality child care education on safety standards, qualifications and early childhood education importance
- Assistance navigating financial aid benefits for affordable child care

Connect with your CCR&R Parent
Service Team for FREE child care referrals!

Email: childcare@episervice.org

Text: IAchildcare to 59925

855-244-5301





## **One Stop Shop:**

# Business Coaching, Automation & Technology for Child Care Providers

#### **Overview**

We're here to help you invest in the future through child care. Child Care Collaborative of Iowa (CCCI) can strengthen your business with the help of a financial management coach (FMC).

In October 2022, we launched CCCI to help child care center, home, and tribal providers improve child care business operations. The strategy is multi-pronged: 12-months of business coaching through CCCI, free brightwheel or Playground child care management software licenses, and technology grants.

## The Benefits: Business Coaching, Automation & Technology



Free license to brightwheel or Playground child care management software system through 6/30/2025

12 months of individualized business coaching from a Financial Management Coach

#### **Participant Testimonials**

Child care providers benefit from this One Stop Shop.

"I finally have the support every provider has dreamed of when it comes to the business and financial side of things. [My FMC] isn't afraid to have hard conversations about what I need to change to increase revenue, figure out my yearly budget, and work toward the bigger picture. These gals are so fantastic and have the utmost respect for every provider."

Sarah Harson, Bright Minds Child Care, Child Development Home — Category B, Hinton

"[This] is basically a lifesaver. I don't know how we functioned before. We could have been doing things a lot easier if we had gone to a child care management system. The time I have saved is amazing!"

Kelsey Andersen, Director, Bluff's Little Thinkers Educational and Child Care Center, Sergeant Bluffs

#### **How it Works**

Your personal CCCI coach will work to understand your business and then offer personalized guidance to best improve your workflow. Together with your coach, you'll explore child care software that can reduce your time spent on administrative tasks, improve cash flow, and support strong business operations.

#### **About Business Coaching**

Our coaches support you for a full year on issues such as budgeting, cash flow, financial reporting, marketing, profitability, staff compensation, growth, debt, and other key metrics.

#### **About Child Care Software**

CCCI includes access to a child care management system (CCMS) software, Playground or brightwheel. Both CCMS software products offer a comprehensive set of features and functions that ease your ability to manage key business operations more accurately and quickly.

- Enrollment tracking
- Invoicing
- Fee collection
- Family communication
- Compliance
- And more

#### **CCMS** and Data Bridges

In early 2023, the Iowa Department of Health and Human Services launched a data bridge between Playground and brightwheel and Iowa's child care subsidy data system, KinderTrack, making it quicker and easier for you to invoice and get paid for children/families receiving Child Care Assistance.

"As a childcare provider, you must wear a million different hats.

Utilizing a child care management software helps streamline so many aspects of your business; it ends up saving HOURS of time each day. I cannot imagine doing this work without a childcare management software!"

Paige Smothers, Director/owner, Sprouts Early Learning Academy, Carlisle

#### Role of Financial Management Coaches

- Focus on child care provider business sustainability
- Assist providers to access and fully use technology and child care management system software
- Help providers identify annual compensation and retirement saving goals and work towards realizing them, support strong recordkeeping and tax preparation practices
- Help providers with staff identify human resources goals and work towards realizing them — improved compensation, increased retention, HR policies and procedures, recruitment strategies, etc.
- Help providers identify financial goals and work towards realizing them — profitability, cash flow, fiscal policies and procedures, debt reduction, etc.

Contact the Child Care
Collaborative of Iowa here
to learn more about how
coaching, automation,
and technology can
streamline your business.



https://midsioux.org/programs-services/children-and-families/ccci/

Funding for this program is being made available through the Iowa Department of Health and Human Services through the Child Care and Development Fund

# Lack of affordable childcare looms large in Jasper County

The Jasper County Community Health Needs Assessment found childcare and early childhood education a top concern for residents

By Jamee A. Pierson

February 17, 2025 at 3:00 pm CST

**Expand** 



Lack of affordable, quality childcare is a not a new issue for the county but continues to be ever present with conditions not improving over time.

Editor's note: This is the fifth in a series of articles exploring the results of the Jasper County Community Health Needs Assessment.

Lack of childcare is a top concern in the community Health Needs Assessment, and it is an issue that has been present in the county for an extended period of time. With a workforce shortage perception of more than 56 percent for childcare providers in the county, finding quality childcare close to home is more difficult than ever for local families.

More than 16 percent of respondents also eported they were unable to get childcare when it was needed in the past year. For those who attended the community town hall meeting, lack of childcare was a top three concern.

The county is also falling behind in head start programs, which are designed to help children ages 5 and under who come from families at or below poverty level. In Jasper County, there is a rate of 4.63 per 10,000 kids in a head start program, below the state average of 13.16 per 10,000 kids, according to the U.S. Department of Health and Human Services.

"This indicator is important because the program's goal is to help children become ready for kindergarten while also providing the needed requirements to thrive, including health care and food support," the report said.

Preschool fares better with 426 children ages 3 and 4 enrolled in the county. That is 44.24 percent of those children that age within the borders compared to 43.19 percent of kids in the state according, to the U.S. Census Bureau American Community Survey.

To address the issue of lack of affordable daycare, the county plans to launch a public awareness campaign through local media, including social media,

newspapers and radio, highlighting the importance of children in improving community health. Information will be presented at a Jasper County Cares meeting and using social media will be promoted. Jasper County Cares will also update the county resource guide with any childcare information available.

The county will monitor state guild lines and advocate for changes for the childcare system. Promotions and offerings to train childcare providers will also be rolled out with a completion date for all efforts Dec. 31, 2026.

By doing so, the county hopes to increase awareness about childcare resources available in Jasper County. It also hopes to increase the people utilizing affordable childcare resources and increase the number of trained childcare providers.

January 17, 2025

#### **COLFAX CHILD CARE CENTER**

Construction will begin in July 2025 with a completion date of July 2026. A Director will be hired early 2026 for the center.

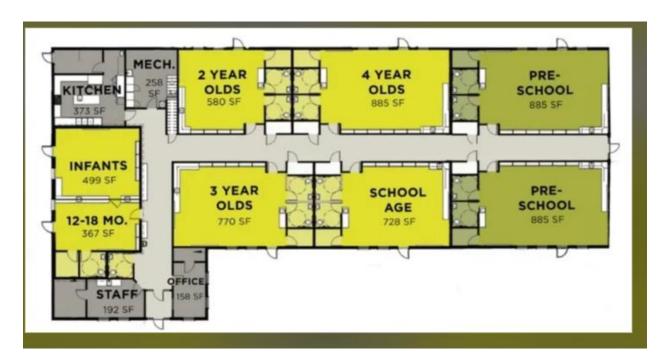
Made possible by a \$1.7 million grant from the State of Iowa, the new childcare center is the first project for CEDCO.

To be constructed on the elementary site, the new childcare center will provide year-round care for infants through school-age children as well as two preschool classrooms

1. Purpose: The Colfax Economic Development Corporation (CEDC) is soliciting qualification statements for the design of a new 11,500 sf and 100 child seat facility. As a new childcare provider, and only one of two in the community, this facility will help meet the needs of families of Colfax and the surrounding communities. A preliminary study was done as part of a grant application to assist with funding for the project. Based on preliminary estimates and the awarded grant, a budget of \$3.45M has been set. The CEDCO is seeking a design team to prepare construction documents and provide construction administration services through the duration of the project.



https://cedcoiowa.com/



Colfax proposal link

#### WHO13 News

https://www.facebook.com/story.php?story\_fbid=1138488611200215&id=100 051172605324& rdr

COLFAX, Iowa — Colfax-Mingo Community School District is teaming up with the new nonprofit Colfax Economic Development Corporation to open a childcare center.

Tim Salmon, the Superintendent of the school district, worked with the Iowa Women's Foundation to create the Colfax Economic Development Corporation (CEDCO) which applied for and received a \$1.7 million grant from the state to build the childcare center.

However, to receive the grant money, CEDCO must raise a matching amount of money from the community. "So the way that the grants are set up is the state will kick in half the money, but the state won't provide their half of the money until we raise them out locally," Salmon said.

#### **Newton YMCA Community Enhancement Project - Newton**

#### **Proposed Recipient:**

YMCA of Newton, Iowa Inc

1701 S. 8th Ave East,

Newton, IA 50208

**Amount Requested: \$4,797,975** 

**Explanation of Request**: Funding for this project will be used to expand the existing Newton YMCA structure to allow for the childcare center to open an additional 50 spots within the current facility. This would be a valuable use of taxpayer dollars because it will expand childcare opportunities in Jasper County, promotes the health and well-being of residents, stimulates economic growth, enhances education and workforce opportunities for youth, and contributes to the overall prosperity of the community.





#### **Think Measles**

Consider measles in any patient presenting with a febrile rash illness, especially if unvaccinated for measles or traveled internationally in the last 21 days.

#### 1 Measles Symptoms

- High Fever
- Cough
- Coryza (runny nose)
- Conjunctivitis (red, watery eyes)

- Maculopapular Rash
  - o Typically appears 2-4 days after symptoms begin.
  - o Begins at hairline, spreads downward, to face, neck, and trunk.
  - Rash appears red on light complexions, but may be harder to see or appear as purple or darker than surrounding skin on dark complexions.

#### Pre-Visit Telephone Triage

- For those reporting measles symptoms, assess the risk of exposure:
  - Are measles cases present in your community?
  - Did the patient spend time out of the country in the 21 days before symptom onset?
  - Has the patient ever received the MMR vaccine?
- Triage should only be completed by a clinically trained person.
- If patient will be seen in the office, provide instructions on face masks for patient (2 years of age and older) and family.
- Instruct to arrive to a side or back entrance instead of the main entrance.

#### 3 Patients Presenting with Suspected Measles

- Provide face masks to patients (2 years of age and older) and family before they enter the facility. Patients unable to wear a mask should be "tented" with a blanket or towel when entering the facility.
- Immediately move patient and family to an isolated location, ideally an airborne infection isolation room (AIIR) if available. If unavailable, use a private room with the door closed.
- No other children should accompany a child with suspected measles.
- Patients (2 years of age and older) and family should leave face masks on if feasible.

#### 4 Infection Prevention Precautions

Only health care providers with immunity to measles should provide care to the patient and family. Standard and airborne precautions should be followed, including:

- Use of a fit tested NIOSH-approved N95 or higher-level respirator.
- Use of additional PPE if needed for task (e.g., gloves for blood draws).
- Cleaning hands before and after seeing the patient.
- Limiting transport or movement of patients outside of room unless medically necessary.

#### 5 Public Health Notification

- To ensure rapid investigation and testing with contact tracing, notification should occur immediately upon suspicion of measles. Public health departments will be able to help confirm vaccination history for U.S. residents, provide guidance on specimen collection and submission, and manage contacts of confirmed cases.
- Acute care facilities should immediately notify the hospital epidemiologist or infection prevention department.
- Outpatient settings should immediately notify local or state health departments.
- Visit CSTE for reporting contact information: <a href="https://www.cste.org/page/EpiOnCall">https://www.cste.org/page/EpiOnCall</a>

#### 6 Clinical Care

- People with confirmed measles should isolate for four days after they develop a rash.
- If an AIIR was not used, the room should remain vacant for the appropriate time (up to 2 hours) after the patient leaves the room.
- Standard cleaning and disinfection procedures are adequate for measles virus environmental control.



Maculopapular Rash Source: CDC PHIL



#### Resources:

- Measles Red Book Online Outbreaks Page
- CDC Interim Infection
   Prevention and Control
   Recommendations for Measles
   in Healthcare Settings

Project Firstline is a national collaborative led by the U.S. Centers for Disease Control and Prevention (CDC) to provide infection control training and education to frontline healthcare workers and public health personnel. American Academy of Pediatrics is proud to partner with Project Firstline, as supported through Cooperative Agreement CDC-RFA-OT18-1802. CDC is an agency within the Department of Health and Human Services (HHS). The contents of this flyer do not necessarily represent the policies of CDC or HHS and should not be considered an endorsement by the Federal Government.



# Enrolling families in Jasper and Marion Counties

Parents As Teachers provides home visits and support to families with children ages prenatal to three. Scan here to visit our website and learn more about PAT and to enroll:









# Celebrating



Parents As Teachers in Iowa

30 is our favorite number! Help us celebrate 30 years of Parents As Teachers in Iowa: We are the oldest PAT program in the state! In honor of our 30 years, please consider bringing a \$30 donation. Hear about 30 impactful steps we've taken through the years. We can't wait to celebrate with you!



RSVP with number attending to clair@shortyears.org OR scan here.

## Thursday, April 10, 2025

Middleswart Lodge 15875 118th Ave Indianola, IA 5-7pm, come & go reception Short program at 6pm





# Blank Children's STAR Center Save the Date 2025 Workshop Series



#### Series Overview and Purpose

The Blank Children's STAR Center at Blank Children's Hospital seeks to improve outcomes for child victims of abuse by providing educational opportunities for members of our professional community at no cost to attendees. The purpose of the Workshop Series is to impact the systemic coordination of services for children and families through increased professional knowledge and skills surrounding developmentally appropriate, child-focused interventions.

#### Intended Audience

The Workshop Series is intended for professionals involved in the child protection field including: Department of Human Services professionals, law enforcement, attorneys, victim advocates, medical and mental health providers, family service professionals, nurses, school-based professionals, and foster parents.

#### 2025 Workshop

#### Thursday, March 6

Addressing Domestic and Firearms Violence: Promoting Safety, Prevention, and Healing Presented by: Alicia Nichols

#### Tuesday, April 1

'What happened to you?'
Presented by: Sebastian Scales

#### Tuesday, April 15

Overcoming Barriers to Protecting Children from Sexual Abuse
Presented by: Kacey Barrow-Miner & Kaylie Graham

Monday, May 19 & Tuesday, May 20
Day 1: Foundational Concepts - Understanding the Impact of Porn Culture on Youth
Day 2: Investigating Sexual Violence – Porn's Influence on CSAM & Trafficking
Presented by: Dr. Mandy Sanchez

#### Workshop Series Schedule

For the March 6, April 1, and April 15 presentations, choose either a morning or afternoon session – these sessions are the same. The May 19 & 20 presentations are both morning sessions but they are different, stand-alone presentations. Participants can register for just one presentation, or both if they desire.

1	Morning	Session		n Session f <i>Morning</i>
•	8:00 <b>8:30</b>	Sign-in Begins <b>Presentation</b>	•	Sign-in Begins Presentation
	10:00	Break	2:30	Break Presentation
	10:15	Presentation	2:45	
	11:45	Evaluation	4:15	Evaluation
	11:50	Adjourn	4:20	Adjourn

#### Location

The Workshop presentations will be held in either the Virginia Thompson Auditorium or the Kelley Conference Room in the Education & Research Center on the Iowa Methodist/Blank Children's Campus. Visit <u>ERC</u> <u>Directions and Parking</u> for more detailed directions and a video tour.

Registration, detailed course descriptions, and CEU/CLE information will be found on the Blank Children's Hospital Classes and Events page by searching for the Workshop Series: https://www.unitypoint.org/blankchildrens/classes-and-events.aspx



#### VILLAGE CLOSET

#### Poweshiek Public Health



Supplies for Newborns up to 12months old

Expectant mothers, grandparents and foster parents in need can now access free essential items for their babies.



By Appointment

Schedule an appointment by calling (641) 236-2385, option 3 or emailing dm\_village\_closet@unitypoint.org. Provide us the size, gender and any specific items needed. We will prepare a bag for you!



The closet offers a wide range of free items. Some of which are carseats, pack & play, bottles, hygiene products, maternity clothes, NB-12mo clothes and some breast feeding essentials.

THE VILLAGE CLOSET IS DONATION RAN AND ACCEPTING DONATIONS OF NEW OR LIKE-NEW ITEMS.



MICA helps families experiencing poverty meet their needs, build on their strengths, and achieve their goals.

Serving Families in: Boone, Jasper, Marshall, Poweshiek, Story and Tama Counties.

#### **Board of Health Newsletter January 2025**

WIC	December
Participation	2024
Marshalltown	1,397
Grinnell	189
Tama	248
Colfax	78
Newton	455
Settlement	23
Boone	237
Ames	1,149
Nevada	139
Traer	22
Brooklyn	35
Agency Total	3,972

\*WIC grant requires participation numbers in all BOH newsletters.

October-3,948 November 3,993

#### Give Kids A Smile Day

MICA's I-Smile Team is partnering with Kimball & Beecher in Marshalltown to host Give Kids A Smile Day. This will be held Friday, February 7<sup>th</sup> at Kimball & Beecher – 105 W. Merle Hibbs Blvd. Marshalltown from 8am to 12pm. Free preventative dental services and treatment will be provided for children ages 1-13. Appointments are on a first call basis until spots are filled, 641-753-3383.



#### **Success Stories from FY24:**

- 1- The WIC and Child Health team saw a child with a low HGB. MICA's nurse called McFarland and referred the child to see his primary doctor that day as his HGB was extremely low, prompting concerns. A few weeks after seeing the doctor the family reported that he was seen by a specialist in DSM as well and his current HGB is already three points higher. Had this not been tested and identified by the WIC/CH team this child could have become very weak and ill.
- 2- A mom brought her young child in for a Child Health appointment and throughout the visit the nurse could see mom was very sad and teary. Mom shared she was going through a really hard time, she hardly had enough gas to make her WIC appointment but she needed the food benefits she would receive that day to feed her family. The CH nurse was able to connect her to a gas card through another local program to help ease some barriers and worries. At the family's next visit mom brought her son in for his final appointment at WIC and she hugged the CH nurse commenting that the gas card saved her and she wouldn't ever forget it. The nurse's compassion and knowledge of community resources were able to help that family out during a very difficult time.
- 3- MICA's Child Care Nurse Consultant (CCNC) helped a family receive services for their young toddler as the doctor and Early Access had told the family it was "just a phase". This 1-year-old child had severe anxiety, would sleep sitting up at childcare and at home when mom was away. The child often rocked back and forth and clutched items in her hands "most of the time" per family and childcare provider. The CCNC worked with the family directly, giving instructions on how to fill out an ASQ-SE via email and telephone calls. The CCNC emailed the correct tool to the mother who filled the ASQ out and sent it back to the CCNC. The CCNC then scored this for them and the child scored very high, out of range, which indicated she could use interventions/services to support development. The CCNC then directed the mother to take the ASQ score and a referral letter written by the CCNC to her physician and ask for a 1st Five referral. Mom did so and the child was then referred to 1st Five. Through guidance and referrals from 1<sup>st</sup> Five the child now has support services, play therapy and had an autism screening completed within a couple of months. The child received a diagnosis on the autism spectrum and is now receiving the care and services she needs to thrive. Through these connections the family and childcare provider were also able to learn and alter their caregiving to better support the child with her daily needs.

#### **Additional Health Program Updates:**

#### Child Care Nurse Consultant (CCNC)

MICA's CCNC Program provides health and safety guidance as well as technical assistance to local childcare providers. Centers and In-Home daycares can receive support from one of MICA's Child Care Nurse Consultants. CCNCs also help providers through the new IQ4K process by completing health and safety checklists. MICA's CCNC has been busy providing trainings such as Safe Sleep, Medication Administration and Caring for Children with Allergy, Anaphylaxis and Seizures.

#### **WIC**

Statewide, WIC has seen an increase of **5.19**% for December, translating to **3,039 additional participants** across the network from last year. MICA's increase for December was **7.09**%. Our Grinnell WIC Clinic has now co-located with MICA's Poweshiek County Family Services at 609 4<sup>th</sup> Avenue in Grinnell. Families are able to come to the MICA building in Grinnell to receive WIC, LIHEAP & food pantry items as well as other family support services. Our goal is to continue co-location efforts in each county to bundle services and reduce barriers to families. We are also able to offer TeleWIC appointments for families who experience barriers getting to our office (transportation, illness, etc.)

#### 1st Five

1<sup>st</sup> Five continues to partner with local pediatric and family practice providers in Boone, Jasper, Marshall, Poweshiek, Story and Tama Counties to promote the use of validated developmental screening tools such as the ASQ at well-child visits. Through early identification 1<sup>st</sup> Five is able to support families by getting children connected to early intervention services, promoting healthy growth and development before they start school.

#### Maternal Health

The Maternal Health Program at MICA serves pregnant individuals throughout their pregnancy and postpartum. Through appointments with our Maternal Health nurse, patients receive one-on-one education and support to help them have the healthiest pregnancy possible. The Maternal Health Nurse can also provide referrals for tobacco cessation and newborn necessities. Free prenatal vitamins are also offered to those participating in the Maternal Health Program.

#### Child Health

The Child Health Team has completed 32 lead draws since October 1, 2024. This is a gap-filling service for children who are at high risk. If children have a high lead level the nurse connects them to a medical provider for a follow up venous draw and will coordinate care as needed to address risk factors associated with high lead. The Child Health Nurse has also completed 32 caregiver depression screens and 71 ASQ developmental screenings. If concerns are identified on either screening, referrals are sent to community partners for ongoing support and care to improve mental health and overall development.

#### Pick A Better Snack

Since October, Pick A Better Snack has been facilitating lessons with zucchini, pears, sweet potatoes and kiwi. 2<sup>nd</sup> and 3<sup>rd</sup> grade students at all Marshalltown Elementary Schools and 1<sup>st</sup> and 2<sup>nd</sup> graders at South Tama Elementary receive these monthly lessons to increase healthy snacking habits and promote physical activity for a healthy lifestyle.

#### **I-Smile**

Since October 1, 2024 the I-Smile @ School team has screened 568 students and placed a total of 952 sealants on 221 kids. 313 of the students screened had a history of decay. Sealants are a prevention effort, placing a thin, protective coating on teeth to fill the grooves and pits therefore preventing decay. Sealants are ideal for school-aged kids after their permanent molars come in. Kids receiving oral health services at school also get a screening, oral health hygiene instruction and nutrition education to promote healthy teeth and gums.

## Pregnancy Center of Central Fowa

Am I Pregnant?
Find out how we can help you answer this question and any other questions you may have.

Pregnancy &

<u>Parenting Education</u>

If you're unsure how to navigate the new worlds of pregnancy and parenting, come to us for free education.

Abortion
Information
Considering an
abortion?
You need to know
the facts and
risks before you
decide.

709 1st Ave W, Suite 1 Newton, Iowa 50208 pcci@iowatelecom.net 641-792-3050 www.pcciowa.org Appointment Hours: Monday - Thursday, Noon to 4

Walk-ins Welcome
Appointments Encouraged

#### **Educational Opportunities**

Examples of the courses we offer:

- Prenatal Care
- · Labor, Delivery & Breastfeeding
- Infant Care
- Postpartum Care & Depression
- Successful Family Living
- Positive Discipline Toddlers to Teens
- Coping with Life Changes

#### What We Offer

- Free Pregnancy Tests
- Unplanned Pregnancy Counseling
- Pregnancy & Prenatal Information
- Alternatives to Abortion Information
- Abstinence Education and Support
- Post-Abortion Counseling, Education and Support
- Earn While You Learn Program
- Referral Services

#### **Baby Boutique**

We've devoted an entire area of our center with items you will need for your baby. You can use the points you earn from taking our one-on-one courses to shop in our fully-stocked Baby Boutique.

What's in our Boutique?

Maternity Clothes - Diapers - Wipes Baby and Toddler Clothing - Blankets
- Cribs - Pack 'n Plays - Strollers Car Seats - Breast Pumps, Bottles
and much more.

The Pregnancy Center of Central lowa was established in 1991. Our purpose is to provide education, practical help and caring support for moms, babies & families. All services are free and confidential.



Did you know? 🧐

The Pregnancy Center isn't just for pregnant people or parents—we also offer life skills programs for teens and adults, including:

- Managing debt and understanding finances
- Navigating credit cards and building good credit
- Tips for buying a car and making smart financial choices
- Preparing for job interviews and career opportunities
- Tips for success at work and career growth
- Learning conflict management and building healthy relationships

Whether you're looking for support or just want to learn new skills, the Center is here to empower you! 💪

#LifeSkills #TeenSupport #YoungAdultResources #Empowerment #CommunitySupport



...

## REALITY-BASED LEADERSHIP

#### **Ego Bypass Tool**

NAME:

Additional discussion points:

#### **ONE-ON-ONE MEETING AGENDA**

If you have a small team, it is ideal to plan a quick one-on-one with each of your people once a week. The benefit is that you keep abreast of any issues as they arise, so they don't metastasize, and that your people always know when their next scheduled one-on-one is, so they can save up any noncritical questions for the meeting.

**WEEK ENDING:** 

Here's an example of what an agenda for such a meeting might look like:

What has been the most challenging part of your week?						
What has been the most rewarding part of your week?						
Goals or planned actions for the week:	Progress on the goals or planned actions:					
1.	1.					
2.	2.					
3.	3.					
Issues to review:						
Resources needed:						
Questions:						
Next week's goals or planned actions:  1 2 3						

