

Jasper County Cares Coalition Meeting Agenda

Wednesday, August 13, 2025, at 10:30 AM

Location: 315 W 3rd St N., Large Conference Room, Newton, Iowa 50208



Mission: To enhance the awareness of health & human service resources & promote collaboration to serve Jasper County better.

Vision: Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring information or giveaways for the resource table. We keep track of attendance. If someone doesn't attend for a calendar year, we remove them from the distribution list.

Welcome/Updates: New Contacts or attendees. Welcome folders are available.

New contacts:

- Brock Milligan, Thrive Now Iowa, brock@thrivenowrc.com
- Keri Powers, Thrive Now Iowa- changed agency, keri@thrivenowrc.com
- Chelsie Dirksen, DON at Valley View Nursing and Rehab, valleyvistaDON@vvrehab.com
- Chloe Rosenbalm, Home Instead, Chloe.Rosenbalm@homeinstead.com
- Jessica Swank, St. Croix Hospice jswank@stcroixhospice.com
- Terry North, St. Croix Hospice tnorth@stcroixhospice.com
- Serena Thurman, Progress Industries serena.turman@progressindustries.org
- Nicole Hesson, Progress Industries nicole.hesson@progressindustries.org
- Katie Finch, Capstone (Housing)- change jobs katief@capstonebh.com
- Jordan Reynolds, Innovative Counseling, jreynoldsicc@gmail.com
- Shawn Kinnison, Hickory Recovery, s.kinnison@hickoryrecovery.com
- Sarah Wignall, Iowa Primary Health Care, swignall@phcinc.net
- Jasmine (Bailey) McGregor, Iowa State Extension, RSVP, Name change. jasmcgr@iastate.edu
- Austin Van Manen, SRO for Berg Middle School, vanmanna@newton.k12.ia.us
- Josh Britton, SRO for Baxter Middle School, jbritton@jaspersheriff.org
- Tom Troxell, tomtroxell61@gmail.com
- Kelly Zach, no longer at Salvation Army

- Joe McQueery, new position at EFR and Rachel Burnett taking over for Joe. Rburnett@efr.org

Resource Guide: updated

Mental Health: [Iowa Primary Health Association](#) (PCA) is the statewide administrative for behavioral health.

Jasper County Cares Information:

- [Website](#) and [Facebook](#)
- **Events:** <https://www.jasperia.org/calendar/> Check your events and submit events to the County calendar. If you have questions, contact: Jenn Cross, at jcross@jasperia.org
- **Resource Guide:** <https://www.jasperia.org/resources/>
- **Contact:** Becky Pryor jaspercocares@jasperia.org. If your information changes, please let us know.

Jasper County Cares Networking Event, July 9, 2025: 52 in attendance at KC Willies. Good feedback

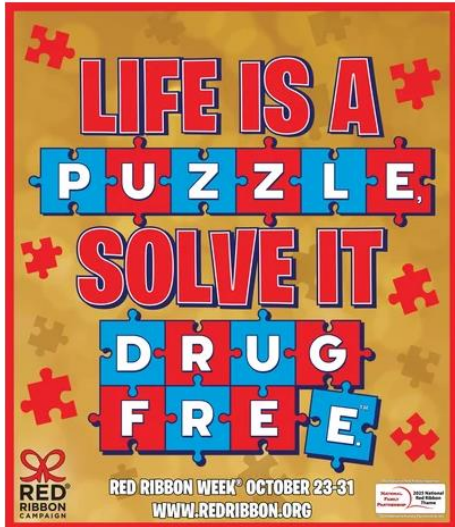
Funding Opportunities: [Jasper County Opioid Settlement](#) funds will release in fall of 2025.

Subgroup Meetings Upcoming: Transportation in October before Cares, MCH in September

Misc: [Iowa Healthiest State Walk, October 1](#) Anyone interested?

Schools: Meeting in September

- Red Ribbon Week is October: Theme this year:



- **My Body, My Rules.** Schools, please contact Janelle, Blank Children's Hospital. Janelle.Ballhagen@unitypoint.org Handouts attached.
- **Gridshock** movie available for download to schools and nonprofits. Lynnville- Sully and Colfax already have
- **Iowa Youth Survey:** If a district has not yet registered to participate – there's still time! The registration link was sent to Superintendents in April and can also be requested by emailing iowayouthsurvey@hhs.iowa.gov. Please reach out to Emily Tokheim, IYS Coordinator, at iowayouthsurvey@hhs.iowa.gov to learn which schools in your service area have registered to participate in the 2025 Iowa Youth Survey.
- **School supplies:** in resource guide
- **Open Houses:**
 - Berg 4:30-6 on the 19th and 20th Contact: Sarah Hummels, hummels@newton.k12.ia.us

Spotlight Organization:

- August, [Family Crisis Center](#), Speaker: Lorraine Uehling-Techel, lorraineu@ottumwacrisiscenter.org
Contact: Shelley Koons, shelleyk@ottumwacrisiscenter.org

**ORGANIZATION
.....SPOTLIGHT.....**

 **Family Crisis Center**

Safety & advocacy to victims of intimate partner violence in Jasper County. 24-hour crisis line, one-on-one counseling, support services, court, medical, & housing advocacy.

MORE INFORMATION

(641) 980-0359
 Shelley Koons, shelleyk@ottumwacrisiscenter.org
<https://familycrisiscenteriowa.org/>
 312 1st Ave W (United Way), Newton, Iowa

Member Introductions/Share (1 minute for each person)

- Please stand up & state your name, organization, services provided, any changes, projects, events, etc.
- Volunteer needs or job openings? Take a moment for any questions.
- Share one good thing that happened during last month.


Next Meeting: Wednesday September 10, 2025, 10:30 AM

**Jasper County
Cares Coalition**

**Meeting 10:30 AM
September 10, 2025**


**Health, Human Services,
& Supporting Agencies**
 Info: jaspercocares@jasperia.org

Jasper Cares!



**ORGANIZATION
SPOTLIGHT**

Newton YMCA




MISSION:
 FOR YOUTH DEVELOPMENT
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Programs: Sports & Recreation, Aquatics, Health & Wellbeing, Childcare, Events, & more

MORE INFORMATION

(641) 792-4006
george.sorensen@newtonymca.org
newtonymca.org
 1701 S 8th Ave E, Newton, Iowa



Upcoming Organizational Spotlights:

- September 10: [Newton YMCA](#), George Sorensen, george.sorensen@newtonymca.org
- October 8: [Progress Industries](#), Keith Isley, Keith.Isley@progressindustries.org
- November 12: [Jasper County Veterans Office](#), Ray Maxey, rmaxey@jasperia.org
- December [EFR](#), Employee and Family Resources, Lauren Asman, lasman@EFR.ORG

2026 schedule We will be scheduling topics and speakers. What would you like to hear?

- January- no meeting
- February
- March
- April (Julie Smith will lead)
- May
- June
- July
- August
- September
- October
- November: Veteran's Day
- December:

Attachments:

- Jasper County Senior Nutrition: Art & Craft Day (Sponsored by Centre for Arts and Artists)
- Cares List
- My Body, My Rules from Janella at Blank Children's Hospital, CAP Program
- 2025 Iowa Youth Survey Talking Points

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If you have any suggestions, please let us know.

Jasper County Cares Leadership Committee

- Becky Pryor, Jasper County Health Dept.
- Connie McQuiston, Jasper County General Assistance Director
- Julie Smith, Director, Capstone Behavioral Healthcare
- Rita Baker, Director, Pregnancy Center of Central Iowa
- Rob Burdess, Chief, City of Newton Police Department
- Becca Decker, Jasper County Habitat for Humanity
- Mercy One Newton
- Are you interested in leadership?

Jasper County Senior Nutrition
2401 First Ave E. Newton, Iowa
www.jasperia.org>Departments>Senior Nutrition
E-Mail: kvanmanen@jasperia.org



ART & CRAFT DAY

(Sponsored by Centre for Arts & Artists)



August 1 Project
Neurographic Art

12:15 PM

FRIDAY, AUGUST 1

FRIDAY, SEPTEMBER 5

FRIDAY, OCTOBER 3

LOCATION: Jasper County Community Center

2401 1st Ave. E. Newton

Call 641-792-7102 to sign up or get more information.

Jasper County Cares Master List	8/6/2025
Name	Organization
Aaron Becker	PCM Schools
Ace Stonehocker	Aging Resources of Central Iowa
Aimee Spores	WesleyLife Hospice and Palliative Care
Alexis Thompson	St. Gregory Recovery Center
Alondra Sanchez	MICA
Amanda Conklin	Childcare Collaborative of Iowa
Amanda Scalise	IMPACT
Amanda Sinclair	House of Mercy, Newton
Amanda Wobken	MercyOne Central / Western Iowa
Amber Tompkins	Central Iowa Shelter and Services
Amy Blanchard	Greater Poweshiek Community Foundation
Amy Grunewaldt	CPPC/Decat Linn County
Amy Hansen	IMPACT
Andi Borsch	Department of Human Services IHHS, Newton
Andy Algreen	Senior Home Coach/ Gathering Place Monroe
Angela Barnell	Parent Partners
Angela Busick	Iowa, Probation/Parole - IDOC
Angie Wells	Progress Industries
Araceli Roberts	Mid Iowa Community Action Agency MICA
Ashley Baker	Together for Good
Austin Van Manen	Newton Police Dept, SRO Middle School
Becca Decker	Habitat for Humanity, Greater of Des Moines
Becky Pryor	Jasper County Health Dept
Becky Vanderbroek	Pella Regional Prairie City Clinic
Beila Flickinger	Capstone Behavioral Health
Beth Andrew	Quakerdale Family Services
Bill Ehler	NAMI Central Iowa
Bill Peters	DMACC- Des Moines Area Community College, Newton
Bobbi Streeter	Pella Regional Prairie City Clinic
Brad Magg	Candidate for Iowa House/Owner of Goldie's
Brad Shutts	Jasper County Sheriff's Office
Breanna Elliott	Phoenix House- Newton
Brenda O'Halloran	Orchard Place- CCR&R childcare resource & referral
Brendan Johnson	Immanuel Pathways
Brett Michael	Jasper County Mental Health Advocate
Brian Feist	Telligen
Brock Milligan	Thrive Now Iowa
Brooke Ramsey	HIRTA
Bruce Showalter	Newton Housing Development
Caitlyn Hecht	Care Initiative Hospice
Carlos Garcia	Proteus
Carrie Moreno	VA

Carter Riechmann	Monroe P.D. & PCM SRO
Casey Keller	Employee and Family Resources
Cathy Drost	Iowa State Extension ISU
Chelsie Dirksen	Valley Vista Nursinf and Rehab
Chloe Hird	Telligen
Chloie Rosenbalm	Home Instead
Chris Clark	Optimae Life Services
Chris Petersen	Baxter Schools
Chris Pierson	Heartland AEA
Christine Dawson	Newton Schools
Cindy Clark	Pella Regional Sully Clinic
Cindy Rybolt	Iowa Legal Aid
Clay Harrold	Baxter Schools
Cody Daugherty	The Way
Connie McQuiston	Jasper County General Assistance
Corey Van Kooten	Jasper County Sheriff's Office/ LS SRO
Craig Armstrong	Lutheran Church of Hope
Cyvannah Vecchio	Four Oaks
Dallas Vander Pol	Newton Christian School
Dan Donohue	Newton Village
Danielle Kenworthy	Short Years Program, PAT
Danny Schnathorst	HIRTA
Darcy Baughman	Drake University Head Start
Daryl Dotson	Newton Schools, Berg Middle School Principal
Deana Van Brocklin	Iowa Courts, Juvenile Court
Deb Tupper	Pella Regional Prairie City Clinic
Denise Doucette	Capstone Behavioral Health
Devon McAnally	MICA Grinnell
Elizabeth Reibsamen	Parent Partners
Emmaline Krapfl	American Lung of Iowa
Eric Kress	Central Iowa Workforce
Erick Zehr	Newton YMCA
Erin Ouverson	Mid Iowa Community Action Agency MICA
Evelyn George	Newton, City of, mayor
Felicia Hazelton	Short Years Program, PAT
Gary Martin	Friends in Hope
George Sorensen	Newton YMCA
Hannah James	Accura Healthcare Administrator
Jacque Spriggs	Elevate
Jaime Paca	Clive Behavioral Health
Jamey Robinson	Jasper County EMA Emergency Management Agency
Jana Larsen	Mid Iowa Community Action Agency MICA
Janelle.Ballhagen	Blank Children's Hospital, Child Abuse Prevention
Jasmine (Bailey) McGregor	ISU Extension, RSVP volunteers
Jason Sodders	Iowa Courts
Jeff Garney	ISU Extension
Jenn Tielbur	Team CSA-Community Support Advocates

Jennifer Gooden	House of Mercy
Jennifer O'Halloran	Lynnville-Sully School
Jensyn Hall	NAMI Central Iowa
Jeremy Burdess	Colfax Police Department
Jessica Lowe Vokes	United Way of Jasper County
Jessica Miller	Mid Iowa Community Action Agency MICA
Jessica Swank	St. Croix Hospice
Jill Halter	Baxter Schools
Jill Robinson	Capstone Behavioral Health
Jodi Blackford	Crisis Intervention Services
Joe McQueery	EFR- Employee and Family Resources
John Hoyt	Walmart, Newton
Jordan Reynolds	Innovative Counseling and Consulting Inc
Josh Britton	Jasper County Sheriff's Office/ Baxter SRO
Josh Price	General Assistance/VA
Josh Stafford	Progress Industries
Judy Monroe	Neighbors Helping Neighbors
Julie Britton	Newton Police Department
Julie Gibbons	Polk County Behavioral Health
Julie Smith	Capstone Behavioral Health
Justine Wyma	Lynnville-Sully School Nurse
Kami Ware	St. Croix Hospice
Kara Dirksen	DMACC- Des Moines Area Community College, Newton
Karie Foster	ISU Extension- Jasper County
Karin Mills	Nightingale Center
Kathy Dooley	Iowa Department of Public Health IHHS
Kathy Ellis	Jasper County EMA Emergency Management Agency
Katie Finch	Capstone Behavioral Health
Katlyn LeMaster	Iowa National Guard
Kayla Van Gorp	Iowa Healthiest State Initiative
Keith Isley	Progress Industries
Kelli Van Manen	Jasper County Senior Nutrition
Kelly Kirk	KC Willies
Kelly Sorenson	Newton Schools
Kendi McCollum	House of Mercy, MercyOne, Newton
Kendra Perry	Colfax Mingo School Board
Keri Powers	Thrive Iowa
Kim Brannan	Heavenly Excursions, NEMT
Kim Zantingh	ITS Integrated Treatment Services
Kit Gregorich	Care Initiatives Hospice
Kris Reicks	Optimae
Krista Prior	Valley Vista for Nursing and Rehab
Kristen Souza	PCM High School
Kristina Burma	MICA I-smile
Kristina Winfield	Jasper County Health Dept

Kylee Steenhoek	Capstone Behavioral Health
Larry Anderson	First Presbyterian Church
Lauren Asman	EFR- Employee and Family Resources
Lauren Pendroy	Mercy One Newton Medical Center
Leann Andre	Orchard Place- CCR&R
Lee Cochran	Jasper County Hunger Relief
Leisa Zylstra	Park Centre
Linda Anderson	Kid Assist
Lindsay Porter	Colfax Mingo Schools
Lindsey Anderson	Iowa Courts, Fifth Judicial District Court of Iowa
Lisa Fiorentin	Pella Regional Prairie City Clinic
Lora Patton	Orchard Place- CCR&R
Lori Eisbrener	Community member
Lori Reynolds	State of Iowa VA
Lori Ward	community- homeless
Lorraine Uehling-Techel	Family Crisis Center
Luke Skinner	Accura, Traditions Memory Care
Madison Ellis and Piper (dog)	Capstone Behavioral Health
Mari Wilson	Park Centre
Mariah Fox	Valley Vista for Nursing and Rehabilitation
Mark Feilmann	Newton Optimist
Mark Thayer	Newton Clinic
Martha Brightman Gasca	UCS Healthcare
Mary Romberg	The Well Thrift Store/Newton
Matt Dunsbergen	Lynnvile Sully Schools- Sup
Mayra Garcia	Mid Iowa Community Action Agency MICA
Megan Garrett	Iowa Courts
Megan Thompson	Mid Iowa Community Action Agency MICA
Megan Van Beek	Mid Iowa Community Action Agency MICA
Meggan Baird	Newton Walmart
Melissa Gary	Jasper County Health Dept
Mercedes Grimes	Optimae
Michaela Gunsaulus	Lynnvile-Sully Elementary School Counselor
Michelle White	Aging Resources of Central Iowa
Mike Gunsaulus & Poppy	Jasper County Sheriff's Office/Therapy dog
Mike Hunsberger	Sheepgate - division of Adult & Teen Challenge of the Midla
Mindy Aman	Child Care Collaborative of Iowa, Mid Sioux Opportunity, Ir
Miranda Caldwell	Newton Village
Mollie Michelfelder	MercyOne House of Mercy
Morgan Burford	Crisis Intervention Services
Nicholas Pietrack	Jasper County Attorney's Office
Nick Marois	Newton Village
Nicole Dunsbergen	Newton Clinic
Nicole Hesson	Progress Industries
Nicole Terry	Newton Library, City of Newton
Nikki Hook	Sheepgate - division of Adult & Teen Challenge of the Midla
Paul Millhollin	First Presbyterian Church

Paul Richards	Central Iowa Shelter, Rolling Hills, Homeless contact
Paula Arkema	IMPACT Community Action Partnership
Peg Ehler	Jasper County Hunger Relief packaging St Lukes
Phil Grout	Hy-Vee - Newton and Grinnell
Phyllis Peter	Newton Public Library
Rachel Bardwell	Short Years Partnership
Rachel Ferguson	Traditions Memory Care
Rachel Lazenby	Capstone Behavioral Health
Raichel Burnett	EFR Employee and Family Resources
Ray Maxey	Jasper County Veterans Office
Rebecca Becky Peterson	House of Mercy, MercyOne, Newton
Rex Heisdorffer	Newton Fire Department
Rita Baker	Pregnancy Center of Central Iowa
Rob Burdess- Chief	Newton Police Department
Robert "Robbie" Robinson	Discover Hope 517
Robyn Friedman	Mercy One Newton
Roxanne Petersen	NAMI Central Iowa
Ryan Adams	Iowa Family Resource Collabortive
Ryan Larson	High Mark Senior Living
Sam Brown	PCM Middle School Principal
Samantha Pohl	PCM High School
Sara Tiedje	Baxter School Nurse
Sarah Patterson	RSVP (Senior Volunteer Program)
Sarah Pittman	Newton YMCA
Sarah Urias	Capstone Behavioral Health
<u>Sarah Wignall</u>	Iowa Primary Health Care
Scott Pritchard	Clearview Recovery
Serena Thurman	Progress Industries
Serenity Bookout	Newton YMCA Childcare Director
Shawn Kinnison	Hickory Recovery Network
Sheena Sullivan	Short Years Partnership
Shelley Koons	Family Crisis Center
Sierra Stevens	Mid Iowa Community Action Agency MICA
Stephanie Crawford	Poweshiek County Public Health
Stephanie Huggins	Families First Counseling
Steve Ashing	Jasper County EMA Emergency Management Agency
Sue Nation	Jasper County Attorney's Office
Terra Cleveland	Aging Resources of Central Iowa
Terry North	St. Croix Hospice
Terry Sallis, Terris (son)	ITS Integrated Treatment Services
Tim North	Salvation Army Newton
Tim Salmon	Colfax Mingo Schools
Tina Lawson	Optimae Life Services
Todd (TJ) Decker & Delta	Jasper County Sheriff's Office/ LS SRO
Tom Messinger	Newton School- Sup
Tom Troxell	Faith Ministry Kellogg- reached out
Tracie Backstrom	Short Years Parents as Teachers

Trista Martin	Community Member- Homeless contact
Ty Harris	Food Bank of Iowa

Subject: Child Assault Prevention Resources

Dear Administrators,

Blank Children's Hospital and the Jasper County Health Department are partnering to provide Jasper County Schools with the following child assault prevention resources:

- **Posters:**

Schools may request complimentary 11" x 14" *My Body, My Rules* posters. A PDF version is attached and may be used in newsletters, websites, or social media.

- **Classroom Workshop:**

Blank Children's Hospital's *Child Assault Prevention (CAP) Program* is a free 90-minute classroom workshop for students in Grades 1-5. Through interactive role plays and discussions, students learn strategies to prevent:

- Bullying
- Stranger abduction
- Grooming

**CAP worksheets align with the National Health Education Standards.*

To order posters or learn more about CAP, contact Janelle Ballhagen at Janelle.Ballhagen@unitypoint.org or 515.241.6703.

We appreciate your commitment to student safety and look forward to supporting your school.

Warm regards,

Becky Pryor, Administrator
Jasper County Health Department
641.787.9224, extension 3
bpryor@jasperia.org

Janelle Ballhagen, CAP Coordinator
Blank Children's Hospital
319.240.5830
Janelle.Ballhagen@unitypoint.org



MY BODY MY RULES

Personal Safety Information for Kids

MY BODY BELONGS TO ME!

- I can say **"No"** to anyone who wants to hug or kiss me when I don't want to.
- These are things I can do instead - fist bump, high five or a handshake.
- It's MY body and I'm the boss of it!



MY SAFE AND TRUSTED ADULTS

- I have **5 safe adults** I can tell anything to.
- If I feel frightened, uncomfortable or nervous about something, I can tell one of these 5 adults.
- If one of my safe adults doesn't listen or believe me, I need to **keep telling** other safe adults.



WARNING SIGNS

- If I begin to feel scared or unsafe, my body may begin to sweat or I might get a funny feeling in my tummy. My heart might start to beat really fast too. These are warning signs that might mean something is wrong.
- If I get these kinds of feelings, it's important **I tell one of my 5 grown ups right away.**



PRIVATE PARTS

- My private parts are the parts of my body that my swimming suit covers up.
- I call my private parts by their correct names - not nicknames.
- No one can touch me in my private parts and no one can ask me to touch someone else's private parts.
- No one should ever show me pictures of someone's private parts either.
- If something like this happens, **I need to tell one of my trusted adults** right away.



UNSAFE SECRETS

- Unsafe secrets are secrets that make me feel scared or uncomfortable. If someone asks me to keep something a secret that makes me feel frightened, I need to tell a trusted adult right away.
- Kisses and touches are things that should **never be kept a secret.**



Blank Children's Hospital
UnityPoint Health

MI CUERPO MIS REGLAS

Información de seguridad personal para niños



¡MI CUERPO ME PERTENECE!

- Puedo decir **"NO"** a cualquiera que quiera abrazarme o besarme cuando yo no quiero.
- Estas son cosas que puedo hacer en su lugar: choca el puño, choca los cinco o un saludo de mano.
- ¡Es MI cuerpo, y yo soy el dueño!

MIS ADULTOS DE CONFIANZA

- Tengo **5 adultos de confianza** a los que puedo decirles cualquier cosa.
- Si me siento asustado, incómodo o nervioso por algo, puedo decírselo a uno de estos 5 adultos.
- Si uno de mis adultos de confianza no me escucha o no me cree, necesito **decirles** a los otros adultos de confianza.



SEÑALES DE ADVERTENCIA

- Si empiezo a sentirme asustado o inseguro, mi cuerpo puede comenzar a sudar o puedo tener una sensación extraña en mi estómago. Mi corazón también podría comenzar a latir muy rápido. Estas son señales de advertencia que podrían significar que algo está mal.
- Si tengo estos tipos de sensaciones, es importante que se **lo diga a uno de mis 5 adultos de inmediato**.



PARTES PRIVADAS

- Mis partes íntimas son las partes de mi cuerpo que cubre mi traje de baño.
- Llamo a mis partes privadas por sus nombres correctos, sin apodos.
- Nadie puede tocarme en mis partes privadas, y nadie puede pedirme que toque las partes privadas de otra persona.
- Nadie debería mostrarme fotos de las partes privadas de alguien.
- Si algo como esto sucede, necesito **decirle a uno de mis adultos de confianza de inmediato**.



SECRETOS INSEGUROS

- Los secretos inseguros son secretos que me hacen sentir asustado o incómodo. Si alguien me pide que mantenga algo en secreto que me hace sentir asustado, necesito decírselo a un adulto de confianza de inmediato.
- Los besos y las caricias son cosas que **nunca deben mantenerse en secreto**.



Blank Children's Hospital
UnityPoint Health

2025 Iowa Youth Survey Talking Points

July 2025

These talking points may be used to guide conversations with school officials and other interested parties about the Iowa Youth Survey (IYS).

IYS information, including questionnaire content, can be found on the [Iowa Youth Survey webpage](#).

What is the Iowa Youth Survey and what information is collected?

- The IYS is a survey that collects data on issues facing Iowa students.
- The IYS includes questions about actions and beliefs about healthy eating, physical activity, community involvement, substance use, gambling, school engagement, bullying, mental health, screen time, and safety.
- No student is required to answer any question he or she is uncomfortable answering, and students can stop completing the survey at any time
- Results are confidential and individuals are not identifiable.

Why does participation matter?

- A high rate of participation benefits the individual school, county and state by providing more representative data.
 - Student success is affected by all aspects of the environment. Schools cannot control the outside environment, but knowing what factors are present can help inform programs, policies, and processes to give students their best chance at success.
- In 2021, approximately 91% of school districts participated in the Iowa Youth Survey, with data from nearly 50,000 students collected. In 2023, 2% of school districts and approximately 2,200 students participated. We need schools and students to participate in order to understand the current needs of youth in Iowa.

How can I encourage participation in my community?

- Visit with Superintendents, Principals, counselors, nurses, and/or lead health education teachers about the importance of participating in the 2025 Iowa Youth Survey.
- Encourage parents to provide active permission for their student(s) to take part in this survey. Students may not take the survey without their parent or guardian's consent. This is an important step in keeping parents informed and making sure they have the right to decide what their students are involved in!

Tips for talking with school officials about participation in the IYS

- Consider showing exactly how you and other community partners use IYS data to support the school district and youth in your service area. Here are some examples that may be of interest to communities.
 - Educational programming for mental health or substance use.
 - Highlight the need for resources such as a community garden to improve access to fruits and vegetables or a community food pantry to address food insecurity.
 - Develop awareness campaigns aimed at reducing bullying among youth.
 - Understand youth substance use behaviors for parental and community education.
 - Partnering with local schools and parks and recreation organizations to improve physical activity opportunities for youth.
- If your district has not participated in recent years, share what data you would like to use in your community that could be collected through IYS participation.

PRE-CARES COALITION MEETING ON LOW-INCOME HOUSING & HOMELESSNESS

AUGUST 13TH
9:30 AM



Join us for a focused discussion prior to the regular Jasper Co Cares Coalition meeting. This session is intended for those involved in addressing low-income housing and homelessness in our community. We will have an organized conversation on:

- Recent changes in housing and homelessness efforts
- Current processes in place
- Available resources and how to access them

Your input and collaboration are valuable as we work together to improve outcomes for those in need.

Introductions

Recent changes or updates:

- Point in Time Count, late notice, July
- Neighbors Helping Neighbors: Laundry for those in need
- Salvation Army
- Discover Hope
- Capstone BH

Current processes: flow sheet

Resources Available: See Resource Guide

Discussion:

Follow Ups Needed:

Housing referrals: Jasper County flow sheet. Edited 7.30.2025 version 15, draft

Goal: We offer resources to be self-sufficient. We will not enable people.

“What do we ask people?”

Name: _____ Date of birth: _____
How to contact: _____
Who is in the home and ages: _____
Current living situation: _____
Where are they from? _____
Other support people? Who usually helps them? _____
Examples: Parent or guardian, siblings, children, grandparents, aunt/uncles, friends, neighbors, church, school, etc.
Current housing issue: Example: homeless, can't pay rent or mortgage, utilities, landlord
Barriers: Examples: criminal record, pets, no reference, no ID, no credit, no deposit (CIS, GA), no phone, no job, lack of planning/need now, can't wait, destroying hotels/places, etc.
Will they accept help? _____
What resources or agencies have they already tried? _____
Get a release for every agency. A mental health & substance abuse release are separate.

Jasper County Resource Guide: <https://www.jasperia.org/resources/>

If after hours: 988 or <https://988lifeline.org/>

Homeless/Unhoused:

Do they want help? Yes or No

Refer to [Iowa Housing Help](#) and [CISS](#).

Note: Cap to 150 beds in Des Moines My Shelter.

If on the streets, refer to [CISS](#), contact: Paul Richards (off until June) or Lindsey Sinn.

Supplies for homeless: <https://www.joppa.org/services/>

See the resource guide for food, etc.

Shower/laundry: Discover Hope during regular business hours

Shower after hours: Newton Y during regular business hours. Form. 30 minutes limit.

Laundry: Neighbor Helping Neighbors Process. Meeting with Capstone BH, Julie.

Shelters: Are they willing to go to a shelter if they have a ride? Yes or No

- [CISS 24-Hour Emergency Shelter](#) Call ahead. Capacity is 150, so they may be full.
- [Access Care Center Extending Shelter & Support:](#) Rapid Rehousing for families for 12 months, classes include budgeting. Apartment Buildings, Marshalltown is the closest. Boone and Ames. [Rapid Rehousing Info](#)
- [YSS- Youth](#)
- [PHC Iowa Shelter- Des Moines](#)
- Cooling and warming centers in the [resource guide](#).
- Also see transportation resources in the [resource guide](#).

Children involved:

- [Homeless Liaisons School District Contacts](#) Ages: 3-21
- [Pregnancy Center of Central Iowa](#): Pregnant and young children, if they need clothes, diapers, safe sleeping and riding, etc.
- [YSS](#): Youth Services in Des Moines
- [DHS](#): TANF Application, children if emergency
- Kids placed outside of the home (foster): [AMP Iowa](#) or [Open Arms Foundation](#)
- See [the resource guide](#) for childcare resources

Rental List: [Rentals](#) and [Newton Rentals](#)**Seniors or Disability:**

Refer to [Aging Resources of Central Iowa](#).

For options see the resource guide: [Housing for Seniors](#), [Long-Term Care](#), and [Assisted Living](#)

[Adult Day](#)

[Progress Industries](#): Group Homes

[Capstone BH](#): Group Homes and Apartments

Health Issues:

- Refer to their primary medical provider for orders or referrals, [Medicaid](#), Mainstreet Rural Health
- Consider [Aging Resources](#)
- Consider [Primary Health](#)
- For those with cancer: [Mission Cancer Foundation](#) [Cancer Financial Assistance Coalition](#)

Veteran: Refer to [Jasper County VA](#)

Utilities or Rent Assistance:

- Refer to [IMPACT](#) help apply for [LIHEAP](#), \$300/year rental assistance
- Other: [General Assistance](#) 1 time ever. Must disconnect notice.
- [Salvation Army](#) \$200/year. Must have disconnect notice.
- Do they have a church?

Mortgage Assistance:

- They might work with their bank.
- [Iowa Finance Authority](#)

Mental Health: Refer to Jill at [Capstone Behavioral Health](#) (Capstone flow sheet)

Substance/Addiction: [Come to Discover Hope](#) (non-medical)

- Can stay in the community: [Offer Discover Hope programs, groups, and church](#).
- 12 step groups (AA, Al-Anon, and NA) at the churches. See resource guide.
- [Capstone Behavioral Health](#) can screen
 - refers to places such as [Clearview](#), [Sheepgate](#), or other locations.

- Anyone can refer to Capstone for substance or mental health screening.
 - If there are issues, contact Julie Smith, julies@capstonebh.com
 - If a referral to an inpatient is needed after screening
 - Options in Jasper County: [Clearview Recovery](#) (women) and [Sheepgate](#) (men).
 - Other substance inpatient. See the resource guide for options.
 - Note: Manning is often used for substance/mental health with a hospital for a high level of care.
 - Medication: County assistant, Capstone

Poor Living Conditions: Do they own, rent, live with others?

- Mold: [USDA Loans and Grants](#), [FEMA Flood Damage](#)
- Bugs/Infestation: Lice, fleas, bed bugs, mice, rats, bats, and other animals.
- Rentals review lease agreement, if you own a home, check with homeowner insurance.
- Landlord issues- [Iowa Legal Aid](#)
- Well, septic, zoning issue, or building permit. [Jasper Co. Community Development](#) or city.

Inspection for Rentals?

- Rental inspections in Baxter and Newton. Colfax will be starting again.
 - If in Newton and need inspections, <https://www.newtongov.org/122/Building-Division>

Repairs to Home: Refer to [Jasper Co. Habitat for Humanity](#)

If in Newton, refer to [grants](#).

See Seniors or [Jasper Co. VA](#) (Veterans)

[USDA](#) home repairs: funds vary. Low income.

Income/Employment/Work: [Iowa Workforce Development](#)

Refugees: Refer to <https://hhs.iowa.gov/programs/programs-and-services/refugee-services>

Violence, Domestic Violence or Violent Crimes: [Family Crisis Center](#) or [CIS](#)

Jail/Legal/Probation: Refer to Jill Robinson at [Capstone Behavioral Health](#) [Capstone](#)

Ramp: Refer to [Kid Assist](#) or [Habitat for Humanity](#)

Real Estate Tax Help in Jasper County:

Refer to [Jasper Co. Treasurer](#)

If VA, Refer to [Jasper Co. VA](#)

Furniture/Appliances:

- Free and delivered at [Friends in Hope](#)
- Lower cost [Habitat Restores](#)

Household Goods/Clothing: [The Well](#) or [Salvation Army](#) or [Goodwill](#)

Children: [Open Arms](#) and [Pregnancy Center](#) (Maternity and kids)

Disaster Relief: Emergency such as flooding or tornado.

- [FEMA](#)
- [Jasper Co. EMA](#)
- [Red Cross](#)

Homeownership programs:

- [Habitat for Humanity](#)

- [FirstHome](#)
- Veterans: Refer to [Jasper County VA](#). No downpayment.
- Past due on Mortgage: See [Iowa homeowners assistance](#) Up to \$25,000, one-time

If other resources are needed, please see the [Jasper County Resource Guide](#).
<https://jasperia.org/resources/>