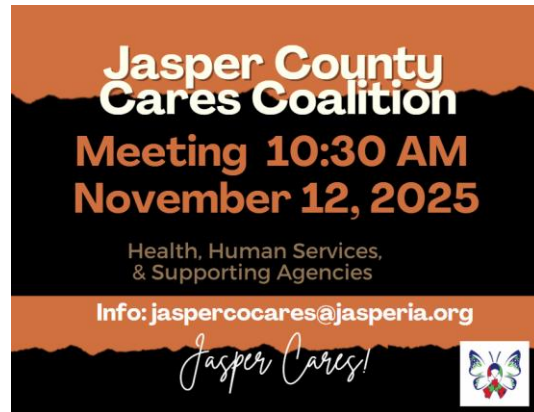


Jasper County Cares Coalition Meeting Agenda
Wednesday, November 12, 2025, at 10:30 AM
Location: 315 W 3rd St N., Large Conference Room, Newton, Iowa 50208



Mission: To enhance the awareness of health & human service resources & promote collaboration to serve Jasper County better. **Vision:** Safe, healthy, and connected Jasper County.

Sign-in and information table: Please bring information or giveaways for the resource table. We keep track of attendance. If someone doesn't attend for a calendar year, we remove them from the distribution list.

Welcome/Updates: New Contacts or attendees. Welcome folders are available.

Jasper County Cares Information:

- [Website](#) and [Facebook](#)
- **Events:** <https://www.jasperia.org/calendar/> Check your events and submit events to the County calendar. If you have questions, contact: Jenn Cross, at jcross@jasperia.org
- **Resource Guide:** <https://www.jasperia.org/resources/>
- **Contact:** Becky Pryor jaspercocares@jasperia.org. If your information changes, please let us know.

Spotlight Organization: Ramon Maxey <rmaxey@jasperia.org> https://jasperia.org/veterans_affairs/



Member Introductions/Share (1 minute for each person)

- Please stand up & state your name, organization, services provided, any changes, projects, events, etc.

- Volunteer or program needs or job openings. Take a moment for any questions.
- Share one good thing that happened last month.

Announcements: See flyers or Jasper County Cares Facebook page.

Upcoming Organizational Spotlights:

2026 Schedule

- January- no meeting
- February 11: Wesley Life Hospice and Palliative Care, Aime Spores, aspores@wesleylife.org
- March 11: [Disability Access Point](#), Julie Gibbons, Julie.Gibbons@polkcountyiowa.gov
- April 8: (Julie Smith will lead), Jaime Paca, [Clive Behavioral Health jaime.paca@uhsinc.com](mailto:Clive.BehavioralHealth@jaime.paca@uhsinc.com)
- May 13: [Progress Industries](#), Keith.Isley@progressindustries.org
- June 10: [Jasper County Senior Nutrition](#), Kelli Van Manen, kvanmanen@jasperia.org
- July: Networking Event
- August: [Colfax Child Care Center](#)- Tim Salmon tsalmon@colfaxmingo.org
- September: [United Way Jasper County](#), Jessica Lowe Vokes unitedwayjc@gmail.com
- October: [Dolly Parton Imagination Library](#), Rita Baker director@pccciowa.com
- November: Open
- December: Annual awards Event

Backup Speakers

American Lung of Iowa (pig lungs) Emma Krapfl
Dolly Parton Imagination Library, Rita Baker
Capstone, Substance Treatment, Julie Smith

If you have any suggestions, please let us know.

Jasper County Cares Leadership Committee

- Becky Pryor, Jasper County Health Dept.
- Connie McQuiston, Director, Jasper County General Assistance
- Julie Smith, Director, Capstone Behavioral Healthcare
- Rita Baker, Director, Pregnancy Center of Central Iowa
- Rob Burdess, Chief, City of Newton Police Department
- Becca Decker, Jasper County Habitat for Humanity
- Tim Salmon, Colfax-Mingo Schools Superintendent
- Emma Krapfl, American Lung of Iowa

Next Meeting: Wednesday, December 10, 2025, 10:30 AM. No meeting in January.

December 10: Awards and Networking. Attached invitation.

- Cookies and a hot chocolate bar
- Awards
- Ugly Sweater Contest



JASPER COUNTY CARES COALITION

AWARDS & NETWORKING EVENT

DEC. 10 2025 @ 10:30 AM

**JASPER COUNTY OFFICE BUILDING
LARGE CONFERENCE ROOM**

REFRESHMENTS WILL BE SERVED



HELP US FEED LOCAL FAMILIES



TOGETHER, WE CAN PUT FOOD ON THE TABLE

HOW YOU CAN HELP:

- Donate directly online — QR CODE & LINK BELOW
Just \$25 can help feed a family of four
- Drop off non-perishable food items at Capstone's front desk!



DONATE TO HELP US FEED OUR COMMUNITY!



<https://www.zeffy.com/en-US/donation-form/food-drive-4>

WE NEED YOUR SUPPORT

Every night, families in our community go to bed hungry, especially now with SNAP benefits concluding on November 1st.

Your donation helps us provide fresh meals and groceries to those who need it most.

MOST NEEDED FOOD ITEMS:



- Canned protein (chicken, tuna)
- Canned vegetables, beans & soups
- Rice, pasta & cereal
- Shelf-stable milk, baby formula
- Peanut butter
- Spices, flour, sugar, cooking oil
- Cake Kits (cake mix, oil, shelf-stable eggs, candles)
- Bottled water



**DROP OFF LOCATION:
CAPSTONE BH**

1123 1st Ave E Suite 200
Newton, Iowa 50208

CAR SEAT CHECKS



Saturday, November 8, 2025

8 AM-1 PM (by appointment only)

Location: Pregnancy Center of Central Iowa
701 1st Ave W, Newton

FREE Car Seats will be available while supplies last!

A FREE Gift, including a \$25 gas card, will be given to the first 8 families who keep their appointments!

To schedule an appointment, please call
Melissa at (641)787-9224 ext 1 or the
Pregnancy Center at (641)792-3050

In the event of inclement weather, appointments
will be moved to the Jasper County EOC.
1030 W. 2nd St S. Newton



JASPER COUNTY
HEALTH DEPARTMENT - IOWA

Funding
provided by
JPT Decat.



PRESS RELEASE:

St. Nick's Christmas Club applications will be available Nov. 3.

Jasper County residents needing assistance this holiday season can pick up an application for St. Nick's Christmas Club beginning at 11 a.m. Monday, Nov. 3, at the Newton YMCA, 1701 S. 8th Ave. W.

Applicants must meet eligibility guidelines including children 18 and younger must be Jasper County residents, served by only one program for holiday help, and the custodial guardian must apply. All eligibility guidelines are included in the application packet and are posted on the Club facebook page.

Application packets are limited and are available on a first come, first served basis. Only one application will be given per person. Completed applications must be turned in to the YMCA by 5 p.m. Sunday, Nov. 9, or completed online using the special QR code by 8 p.m. Sunday, Nov. 9.

Club volunteers will review all applications and partner with other non-profits offering holiday assistance to ensure eligibility. Those applying for multiple programs will not be eligible for St. Nick's Christmas Club assistance. This is to ensure the Club can assist the most children in need.

If accepted into the program, children will receive new pants, shirt, socks, underwear (or diaper), and an item from their wish list. Families will also receive a food-only gift card purchased by the Club from local grocery stores.

St. Nick's Christmas Club was founded in 1988 by a group of friends seeing a need in Newton. The organization has grown to serve all of Jasper County communities with an all-volunteer group. The Club is a non-profit under the Jasper Community Foundation.

Monetary donations may be made by mailing c/o St. Nick's Christmas Club, PO 162, Newton, Iowa 50208. For those wanting to adopt a family the annual adoption book will be released in late November. For more information please email newtonchristmasclub@gmail.com.

LOVE BEYOND

CHRISTMAS



Christmas Assistance Sign up

From: newborn to 12 years.

November 3 – 5, 2025

Monday, Nov. 3: 10 p.m. – 12pm & 1 – 4:00 p.m.

Tuesday, Nov. 4: 10 am – 12pm & 1—4:00 pm

Wednesday, Nov. 5: 10 am – 12pm & 1-4:00 pm

Please have the following:

1. **Photo ID** & Social Security card for head of household.

And Social Security for all others 13 and up.

2. **Birth certificates** & Social Security for each child ages 0-12

3. **Piece of mail** for proof of address (within last 30 days)

Proof of Jasper County Residency

4. Working phone number



The Salvation Army
301 N 2nd Ave. E
Newton, Iowa 50208
(641) 792-6131

FOOD ASSISTANCE AVAILABLE IN NEWTON IOWA AREA

Department of Health and Human Services (DHHS) Local Office- Newton (IHHS) (DHS)

- **Supplemental Nutrition Assistance Program (SNAP):** An entitlement program that provides monthly benefits to assist low-income households in purchasing the food they need to maintain adequate nutritional levels.

IMPACT Community Action Partnership

- **Food Cards:** IMPACT Resource Centers located in counties where we do not have a food pantry (Jasper, Marion, and Warren) offer limited access to food cards for local grocery stores. Please call [515-518-4770](tel:515-518-4770) to check on the availability of the cards.

Blessing Boxes in Newton: food for those in need.

- Connections, Capstone Behavioral Healthcare, 306 N Third Ave E, Newton, IA 50208
- American Legion, 1101 W Fourth St S, Newton, IA 50208
- First Baptist Youth Blessings Box, 620 S Eighth Ave E, Newton, IA 50208
- Christian Reformed Church, 511 S Fifth Ave E, Newton, IA 50208
- Christian Life Church of Newton, 421 S 2nd Ave W, Newton, IA 50208
- The Least of Saints Church, 1305 E 10th St S., Newton, IA 50208
- Grace Church, 1620 N 11th Ave E, Newton, IA 50208
- Parking lot across from Salvation Army

East Jasper Christian Food Pantry

- The Pantry serves Jasper County East of a line corresponding to Highway T-12, including Kellogg, Lynnvile, Sully, Galesburg, Newburg & surrounding areas. The mailing address for the East Jasper Christian Food Pantry is PO Box 333, Kellogg Iowa, 50135; phone 641-594-4483.

First United Methodist Church

- Wednesday night meal in Newton church basement

Jasper County Veterans Affairs

- Veterans' assistance for housing food and utilities

MICA (Mid-Iowa Community Action) Women, Infants & Children (WIC)

- Newton location, Capstone BH, lower level, 1123 First Ave. E., Newton IA 50208

Salvation Army – Newton

- **Emergency Food Pantry** is by appointment only. Accepts food and hygiene donations.
 - Jasper County residents can use the emergency food pantry once every 30 days for canned goods, packaged foods, and other staples. Those wishing to use the pantry are required to complete a form provided by The Salvation Army as well as give identification, employment verification or paycheck stubs, a piece of current mail to validate residency, and Social Security cards for all members of the household. The food pantry may be closed for restocking two days a month.
 - **Bread Line and Produce Giveaway:** In Newton, Fridays from 9:30-11:30 a.m. Outside of Newton, check with your local food pantry.
 - Any Jasper County residents in need on a first-come, first-served basis. There are no income requirements.

Connections Peer Support – Capstone Behavioral Health

- Lunch service Monday – Friday
- Food Pantry and food donations accepted.

Discover Hope 517 Ministry

- Bread Of Life offers free lunches to those who are in need of a meal, with no questions asked. The meals are available in DH517 Community Center from Monday to Friday, between 11:30 am and 1:00 pm. Additionally, if you need food for your home, please visit our front desk volunteers for a food box.

Mom's Meals

- Mom's Meals provides home-delivered, medically tailored meals designed by registered dietitians and professional chefs. Mom's Meals has meal options and programs that serve a wide range of health and nutritional needs. In many cases, meals may be covered under a health plan or other type of benefit. 3210 SE Corporate Woods Drive, Ankeny, IA 50021. Phone 1-877-508-6667

Additional Information:

HY-VEE Grocery Stores

Stores with Hot Food services will provide a free kids meal to those ages 12 and under from 4-7 pm.

11/3 Baked Potato with pulled pork

11/4 Spaghetti with meat sauce, salad, and garlic bread

11/5 Chicken and Noodles with mashed potatoes

11/6 Chili and cinnamon roll

11/7 Sesame or Orange Chicken (only stores with HyChi) for other stores they will offer chicken tenders, mashed potato and corn

- All Hy-Vee's are participating.
- As of right now the meals will only be offered 11/3-11/7. Depending on what happens with SNAP it might be extended.
- Kids (12 and under) are free. Adults are \$3 each. families do NOT need to purchase an adult meal to get the free kids meal.

Jasper County, IA Food Pantry Locations

Pantry Name	Address/Phone	Hours/Notes
Baxter Food Pantry	203 S. Main St. Baxter, IA 50028 Jo: 641-227-3391 Bruce: 515-250-4839	By appointment only. Breadline every 2nd Tuesday of the month.
Colfax-Mingo Area Food Pantry	125 W. State St. Colfax, IA 50054 515-674-4335	By appointment only.
East Jasper Christian Food Pantry	423 2 nd St Kellogg, IA 50315 641-594-4483	By appointment only.
Grace Food Pantry	1620 N. 11th Ave. E. Newton, IA 50208 641-792-1793	Monday 9:00-11:00am Thursday 3:30-5:30pm
Heart to Heart Food Pantry	14263 Hwy. F-62 E. Lynnville, IA 50153 641-780-3022	By appointment only.
Mingo Caring Corner	307 Mohawk Dr. Mingo, IA 50168 641-363-4631	Monday 3:00-5:00pm Tuesday 9:00am-12:00pm Wednesday 1:00-5:00pm Thursday 9:00am-12:00pm Saturday 9:00-11:00am
PCM Food Pantry	115 S. Main St. Monroe, IA 50170 641-259-2657	Monday 9:00am-12:00pm 6:00-7:00pm
Salvation Army-Newton	301 N 2nd Ave E Newton, IA 50208 641-792-6131	Friday 9:30am-11:20am and by appointment

Please call ahead to confirm hours, bring photo ID/residence proof may be needed.



Hy-Vee (1501 1st Ave E, Newton, IA)

October 31 at 4:21 PM · 📍

...

With food banks preparing to serve a record number of families, we're committed to helping our neighbors experiencing hunger.

We're supporting our communities by:

♥ Offering \$5 and \$10 food donation bags available to purchase in store or online. Each bag includes essential pantry items that will be delivered to local food banks.

🍲 Feeding families a hot meal. From Nov. 3-7, we will be open for dinner service with \$3 nightly specials from 4-7 p.m. for all customers. Kids 12 and under will eat free.

🥗 Including affordable ingredients in our ad for customers to make family meals under \$3 per serving.

We are here to serve and support our neighbors. Learn more about our ongoing community support efforts: <https://ms.spr.ly/6188tEUZk>

KIDS (12 and under) EAT FREE

Everyone else is welcome to
purchase the same meal for \$3.

MON

ONLY
\$3

Baked Potato
With Pulled Pork

TUE

ONLY
\$3

Spaghetti With Meat Sauce,
Salad, and Bread

WED

ONLY
\$3

Chicken & Noodles With
Mashed Potatoes

THU

ONLY
\$3

Chili and Cinnamon Roll

FRI

ONLY
\$3

HyChi Sesame or Orange Chicken
Rice Bowl With Appetizer
or Chicken Strip meal at select locations



HIRTA Public Transit

October 30 at 9:16 AM · 🌐

...

Because of the ongoing federal government shutdown, HIRTA is providing free rides to anyone traveling to food pantries, meal sites, or free meal programs for the durati... [See more](#)

FREE RIDES

Due to the government shutdown, HIRTA is providing free rides to food pantries, meal sites, and free meal programs for the duration of the shutdown.



ARE YOU 60+ YEARS OLD?

DO YOU NEED LEGAL HELP/ADVICE?

- Eviction or Other Housing Issues
- Debt collection issues/Bankruptcy
- Medicare/Medicaid Denial
- Wills/POA/End-of-Life Planning
- Social Security Issues
- Veteran's Benefits Issues
- Other Civil Legal Issues



Iowa Legal Aid's Rural Justice Project

Iowa Legal Aid's Rural Justice Project for Older Iowans offers **FREE**:

- In-person (or phone) legal assessments
- Disaster preparedness counseling
- Holistic needs assessments and case management services

A representative from Iowa Legal Aid will be at:

Jasper Community Center

2401 1st Ave E

Newton, IA 50208

(10:30 am – 1:30 pm)

Thursday 11/20/25

weather permitting

The Rural Justice Project for Older Iowans is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$195,393 with 75 percent funded by ACL/HHS and 25 percent funded by non-federal sources. The contents of the project are those of Iowa Legal Aid and do not necessarily represent the official views of, nor an endorsement by ACL/HHS or the U.S. Government.

THANKSGIVING



5:30-
7 PM

Food and Fellowship

25
NOV

DISCOVER HOPE

733 1st Ave E

Newton, Iowa

CELEBRATION

All are welcome

please Join us for

COMMUNITY Thanksgiving meal



At The Salvation Army

301 N. 2nd Ave. E., Newton, Iowa

Date: Thursday, November 27, 2025

Time: 11:00 – 1:00 pm

COME CELEBRATE THANKSGIVING WITH US!

RSVP by 11/17/25

You and your family will enjoy a traditional Thanksgiving meal.

Dine In

or

Take Home



To RSVP and for more information call: (641) 792-6131



Group Ringers Needed!

MAKE A DIFFERENCE WITH EVERY RING.

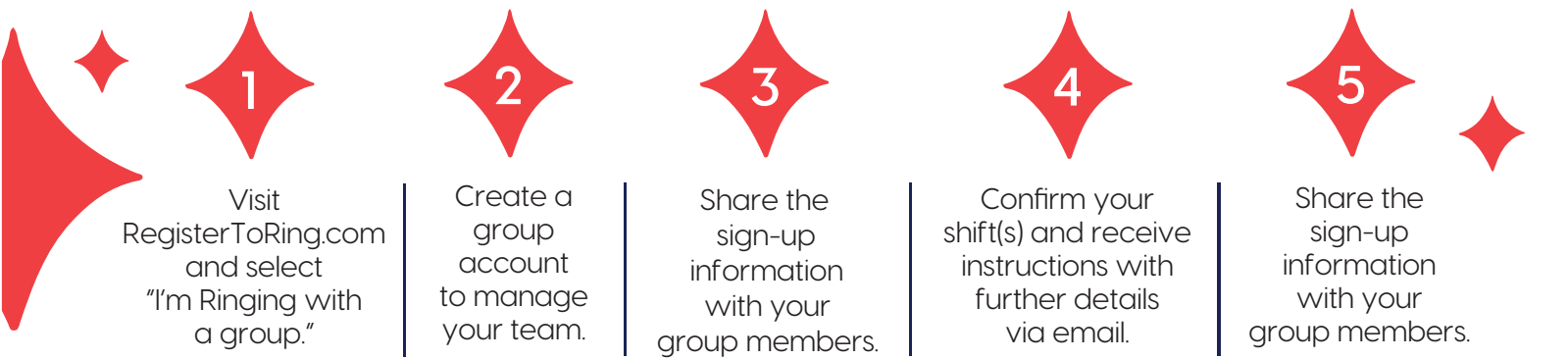
Volunteer bell ringers are crucial to The Salvation Army's holiday fundraising efforts. When you ring bells at the iconic Red Kettles, you help to provide food, shelter and other essentials to your neighbors in need.



WHAT IS REGISTER TO RING?

Register to Ring is an online platform that will help you find the perfect time and place to ring bells in your local community.

REGISTERING IS EASY!



FOR MORE INFORMATION, CONTACT US!

The Salvation Army of Jasper County
Captain Tim North
641-792-6131
Tim.North@usc.salvationarmy.org





Tobacco Cessation Resources

The American Lung Association in Iowa offers free Quitline resources to healthcare providers. We receive community partnership grant funding from the Iowa Department of Health and Human Services to provide tobacco education and cessation resources to organizations in our service area. The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease.



SCAN ME

Free Resources for Providers

available at bit.ly/LungIA

- Quit Kits
- Promotional items
- Educational materials
- Communication Campaign
- Lunch and Learn Presentation
- Worksite Toolkit



For more information please contact: 515-309-9507 | Info@Lung.org



TOBACCO

QUITLINE IOWA

1 800 QUIT NOW | 1 800 784 8669

WWW.QUITLINEIOWA.ORG

**Produced with funding from the Iowa Department of Health and Human Services..*

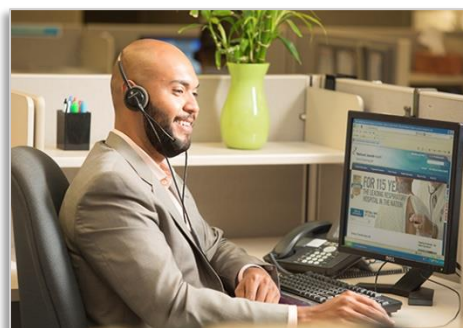
National Jewish Health Tobacco Cessation Services

Quitting tobacco is one of the most important decisions a person will ever make which is why you want the best partner providing your employees tobacco cessation services.

As the nation's recognized leader in respiratory health, National Jewish Health enrolls nearly 100,000 people in our comprehensive tobacco cessation program each year.

Participants receive:

- Five telephone coaching sessions with an experienced Tobacco Cessation Coach.
- Nicotine replacement therapies (NRT) delivered to the door in as little as 7 business days.
- A personalized Welcome Packet of educational materials.
- A suite of eHealth services to supplement telephone coaching.
- A completion certificate once the program is finished.



Clients receive:

- Access to the nation's leading, evidence-based tobacco cessation program.
- A communication toolkit, cost-effective tips, and materials to market the program internally.
- Monthly reporting packages to help track program engagement.
- A fair pricing structure — you are charged only when a service is provided.
- Why National Jewish Health?

National Jewish Health is the nation's leading respiratory hospital. As one of the most established tobacco cessation programs available, we have helped more than 1.5 million people as they quit tobacco. By developing individualized quit plans and providing true person-to-person connections, we consistently achieve one of the highest tobacco quit rates in the nation.

Did you know?

Our tobacco cessation program qualifies as a "Reasonable Alternative" program under the Affordable Care Act (ACA). This could mean significant cost savings for your company.



CLASS DESCRIPTIONS

Community And Corporate Education



View upcoming presentations at alz.org/iowa. To learn more or schedule a class for your group or company please call our 24/7 Helpline at 1.800.272.3900. All classes are free and presented virtually or in person.

20 15-20 minute class **30** 30 minute class **60** 60 minute class **90** 90 minute class ★ Available in Spanish

INTRODUCTORY CLASSES

INTRO TO ALZHEIMER'S

20

This brief class covers the difference between Alzheimer's and dementia, risk factors and warning signs, resources, and how you can join the fight against the disease.

HEALTHY LIVING FOR YOUR BRAIN AND BODY: TIPS FROM THE LATEST RESEARCH

30

60



For centuries, we've known that the health of the brain and the body are connected. But now, science can provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement. Use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

10 WARNING SIGNS

30

60



Alzheimer's and other dementia cause memory, thinking, and behavior problems that interfere with daily living. Join us to learn how to recognize common dementia warning signs, how to approach someone about memory concerns, the importance of early detection and benefits of a diagnosis, possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

30

60



Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's; the difference between Alzheimer's and dementia; stages and risk factors; current research and treatments available for some symptoms and Alzheimer's Association resources.

AWARENESS PRESENTATION

15

In this brief presentation, learn about the Alzheimer's Association, resources and support, and how to get involved in the cause. There are several different versions to choose from depending on your audience:

- General audience
- Corporate partners
- Faith-based organizations
- Public service workers, i.e. police officers and EMTs
- Brain health focus

ONLINE OPTIONS

Visit training.alz.org to watch any of these presentations online at any time, i.e. *Approaching Alzheimer's: First Responder Training*

SPECIALTY CLASSES

MANAGING MONEY:

A CAREGIVER'S GUIDE TO FINANCES

60



It's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

NEW ADVANCEMENTS IN ALZHEIMER'S TREATMENTS

Learn about the latest treatments available for Alzheimer's disease, how they work, who may be a candidate for the treatment, access and availability.

EMPOWERED CAREGIVER SERIES

These classes are designed to increase caregiver confidence while reducing stress. They offer helpful ways to approach the responsibilities of caring for someone living with dementia using a person-centered approach. Classes can be scheduled individually or bundled together to create an education series.

BUILDING FOUNDATIONS OF CAREGIVING

90

This class explores the role of the caregiver and changes they may experience, how to build a support team and ways to manage caregiver stress.

SUPPORTING INDEPENDENCE

90

This class focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

COMMUNICATING EFFECTIVELY

60

This class teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

RESPONDING TO

DEMENTIA-RELATED BEHAVIORS

90

This class details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

EXPLORING CARE AND SUPPORT SERVICES

60

This class examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of-life care.