



Jasper County Cares Coalition

February 11, 2026
Post Packet

55 Attendees



2026

Jasper County Cares Coalition
2nd Wednesday @ 10:30-noon

January 14: No Meeting

February 11

March 11

April 8

May 13

June 10

July 8

August 12

September 9

October 14

November 11

December 9



Networking
& Resource Table

Contact: jaspercocares@jasperia.org

Jasper Co. Office Building, Large Conference Room
315 W. 3rd St N. Newton, Iowa 50208

Need Help?

Jasper County
Resource Guide

SCAN HERE



www.jasperia.org/resources



Jasper County Cares Coalition Job Opportunities:
The resource guide offers more information about
the organization.

- Aging Resources of Central Iowa
- Capstone Behavioral Healthcare
<https://www.capstonebh.com/>
- Central Iowa Shelter & Services
- Drake Headstart, Knoxville
- Jasper County <https://jasperia.org/employment/>
- Optimae Life Services
- Parent Partners
- Progress Industries
- MercyOne Newton Medical Center
<https://www.mercyone.org/>
- Quakerdale Family Services
- Iowa Department of Veterans Affairs [USAjobs.gov](https://www.usajobs.gov)



Jasper County Cares Coalition Volunteer Opportunities:

- Jasper County RSVP- Retired & Senior Volunteer Program
- Wesley Life Hospice and Palliative Care
- Four Oaks: Need Foster Parents
- American Lung Association in Iowa – Event on March 29, 8 AM - 12 PM
- Court Appointed Special Advocate (CASA)
<https://hhs.iowa.gov/family-community/casa>
- Iowa Department of Veterans Affairs
- Discover Hope 517 Ministry: meals
- Community Heights Alliance Church
 - **Friday, February 13th, 6-9 PM, Night to Shine**
 - <https://communityheights.org/night-to-shine-2026/>

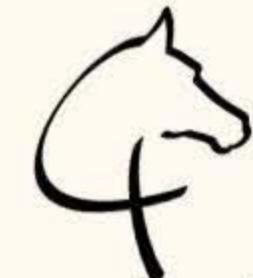
	Jasper County Cares- New and	2.13.2026 updated	
	Name	Organization	
1	Amy Blanchard	JMP ECI	Returning
2	Amy Smith	Monarch Counseling Services	
3	Ashley Rosenberg	Accura HealthCare	Added to list
4	Betsy Stursma	Iowa Primary Care	Added to list
5	Cher Harris	Salvation Army	
6	Deb Ferrone	retired social worker	Added to list
7	Emily Easton	Four Oaks	Added to list
8	Jen Gustafson	CASA of Iowa	
9	Kaleb Stevens	Blueprint to Home Ownership	
10	Karen Kritz	Former Skiff Employee/Church	
11	Kevin Schnoebelen	CASA of Iowa	
12	Lindsey Phillips	Four Oaks, Foster Care	
13	Lindsey Porter	Orchard Place	Returning
14	Randy Ervin	City of Newton, Mayor	
15	Sam Carrell	CISS	
16	Sam Vazquez	ICC BHIS program	
17	Sheila Henrichsen	Aging Resources of Central Iowa	
18	Stacey Miller	Wesley Life Hospice and Palliative Care	
19	Tyler Brecht	Parent Partners	
20	Keith Isley	Progress Industries	

UPCOMING EVENTS

AT THE WOLFE RANCH

DON'T MISS OUT!

2026



WOLFE RANCH

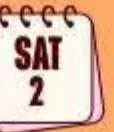
MARCH



W&M CANVAS PAINTING



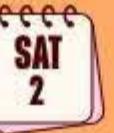
MAY



W&M FLOWER CROWN



MAY



CLEAN UP DAY

MAY



OPEN HOUSE

AUGUST



COWBOY CAMP



SEPTEMBER



MY PRETTY PONY CAMP



OCTOBER



HARVEST HOE DOWN

Whiskers
& Manes

DECEMBER



CHRISTMAS IN THE STABLES

Events & dates are subject to change.
Scan the QR code for the latest
event flyers & updates from
Wolfe Ranch of Quakerdale
on Facebook.



2932 240TH ST.
MARSHALLTOWN, IA
641-752-3912



EVERYONE CAN DO SOMETHING

You can make an impact in Iowa's foster care community

ADVOCATE

- Share the need for foster families across the state of Iowa with your network of friends and family
- Invite Four Oaks to come and speak at your place of work, faith-based community, club, or organization
- Share and like "Four Oaks Family Connections" Facebook and Instagram posts
- Host an informational event in your community to help others learn more about becoming a foster parent

TANGIBLE

- Collect tangible items such as care bags, blankets, bags, totes, diapers, personal hygiene products,

To start
your journey
to becoming a
foster or adoptive
parent, email foster-adopt@fouroaks.org
or call (877) 364-1113.



socks, toothbrushes, gift cards, or snacks to give to foster families for the children in their care

- Support Operation Santa by providing gifts for children in foster care in your community and across the state of Iowa

RESPITE

Become a licensed foster parent and offer respite to long-term foster care parents. Respite is short-term care for children in care. This allows foster parents to take time to recharge.

BECOME A FOSTER PARENT

Foster parents are needed across the state. To learn more about the process of becoming a foster parent, email foster-adopt@fouroaks.org or call (877) 364-1113.

VISIT US ONLINE TO LEARN MORE:



IowaFosterandAdoption.org



@FourOaksFamilyConnections



@IowaFosterandAdoption



Open Arms Foundation Guardian Award

Call for Nominations – Jasper County Community

The Open Arms Foundation of Jasper County is proud to announce the Open Arms Guardian Award, an annual recognition honoring an individual who has demonstrated exceptional commitment to protecting, advocating for, and prioritizing the well-being of children in Jasper County.

This award recognizes those who serve as guardians in the broadest sense – professionals and volunteers whose actions reflect courage, compassion, and an unwavering focus on the best interests of children.

Purpose of the Award

The Open Arms Guardian Award honors an individual who, either:

1. Within the past 12 months, or
2. Over the course of their professional or volunteer career,
3. has shown outstanding dedication to protecting children, supporting vulnerable families, or intervening in ways that promote safety, stability, and long-term well-being for children in Jasper County.

Eligibility

Nominations are open to any individual who works directly with children in Jasper County, including but not limited to:

- Law enforcement officers
- Teachers, school staff, and administrators
- Health and Human Services professionals
- Medical and mental health providers
- Nonprofit staff and volunteers
- Child advocates, mentors, and foster care providers
- Coaches, youth leaders, and community volunteers

Nomination Criteria

Nominees should demonstrate one or more of the following:

- A clear commitment to protecting the safety and dignity of children
- Advocacy for children's best interests, particularly in difficult or high-risk situations
- Actions that go beyond routine expectations to support children or families in crisis

- Professional integrity, compassion, and collaboration with other systems serving children
- A lasting positive impact on children or the Jasper County community

Nominations

To submit a nomination, please provide:

1. Nominee's name, title, and organization (if applicable)
2. Nominator's name and contact information
3. A written narrative describing:
 - a. The nominee's role and connection to children in Jasper County
 - b. Specific examples of actions or conduct that demonstrate guardianship, advocacy, or protection of children
 - c. The impact of the nominee's actions on a child, family, or the broader community
 - d. All information should be factual, respectful, and mindful of confidentiality.

Selection Process

Nominations will be reviewed by a committee affiliated with the Open Arms Foundation of Jasper County. The committee will evaluate nominations based on alignment with the award's purpose, demonstrated impact, and commitment to children's best interests.

Confidentiality

Open Arms recognizes the sensitive nature of child-serving work. Nominators are encouraged to avoid including identifying details of specific children. All nominations will be handled with discretion.

Submission Deadline

Nominations must be submitted by: March 31, 2026

Submit nominations to: openarmsiowa@gmail.com

Award Recognition

The recipient of the Open Arms Guardian Award will be publicly recognized by the Open Arms Foundation of Jasper County and will be honored at a community event or through public announcement. Recipient will be announced during National Child Abuse Prevention Month in April.

we are hiring!

MENTAL HEALTH THERAPIST

Capstone is hiring mental health therapists, MSW, LISW, TL mental health therapists, MSW, LISW, TLMHC, LMHC, or psychologists. MHC, LMHC, or psychologist.

Please send cover letter and resume to
julies@capstonebh.com.

Sign on incentive and tuition reimbursement may be available.

MORE INFORMATION

-  (641) 792-4012
-  [Julie Smith, julies@capstonebh.com](mailto:Julie.Smith@capstonebh.com)
-  capstonebh.com
-  1123 1st Ave E, Suite 200, Newton, Iowa





NEWTON LOCATION: 1123 1st Ave. E.
Newton, IA 50208

641.792.4012

GRINNELL LOCATION: 200 4th Ave W.
Grinnell, Iowa 50112

641-528-6065

Dear Community Partners,

I am writing on behalf of Capstone Behavioral Healthcare, where our mission is to navigate our community to mental health and addiction resources through treatment and hope. At the same time, our vision is that everyone has access to the support they need to heal and thrive in Jasper and Poweshiek Counties.

As you are likely aware, the demand for a continuum of behavioral health services in our district continues to increase steadily. At Capstone, we see firsthand the challenges that individuals face in accessing timely and accessible care, especially those struggling with substance use disorders. In response to this need, we are launching a critical initiative to expand our services, specifically, to enhance our substance treatment programs while continuing to strengthen our core mental health offerings. We are proud to share that Capstone has been awarded \$150,000 in Opioid Settlement Funds, a significant investment that underscores the urgency and importance of expanding local substance abuse treatment services.

- Complete essential facility structure upgrades and remodeling
- Connecting individuals with necessary supportive resources
- Supervised group sessions and activities designed to meet adolescents' emotional and social needs
- Adult peer support groups facilitated by a certified peer support specialist

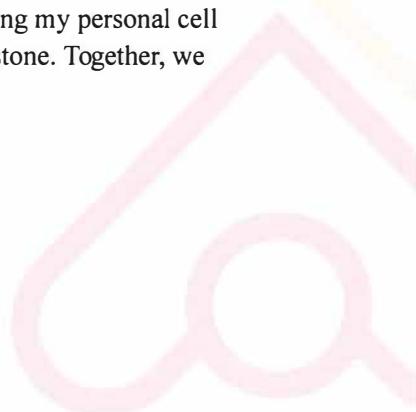
This effort is not just about growing services; it's about saving lives. With your help, we can reach more people who are ready to take that brave first step toward recovery and ensure that no individual is turned away due to a lack of capacity or resources.

We would be honored to count you among our lead supporters for this initiative. Your gracious donation, whether \$5, \$50, \$500, \$5,000, or more, will have a lasting impact on individuals, families, and the entire community. Enclosed, you'll find a pledge form and information about how your support will be recognized. We would also be happy to schedule a tour or a conversation to share further about this effort and our vision for the future.

Thank you for considering this opportunity to make a meaningful difference. I am including my personal cell phone, (515) 210-3161. Please don't hesitate to call or text with any questions about Capstone. Together, we can bring healing and hope to those who need it most.

Warm regards,

Julie Smith, Executive Director



Let us be part of the solution!

www.capstonebh.com

NAME

DONATION AMOUNT

\$

ORGANIZATION

YOUR DONATION IS
100% TAX DEDUCTIBLE
NON-PROFIT TAX ID: 42-0883707

ADDRESS

RECOGNITION (LIST NAMES OR
ORGANIZATION)

E-MAIL

IN HONOR OR MEMORY OF

DONATION
FORM



DONATE ONLINE
OR
CHECK PAYABLE
TO CAPSTONE



CAPSTONE
BEHAVIORAL HEALTHCARE



1123 1ST AVE E, SUITE 200
NEWTON, IA 50208



641-792-4012



JULIE SMITH



JULIES@CAPSTONEBH.COM



CAPSTONEBH.COM



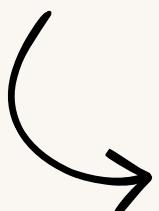
CAPSTONE AMAZON WISHLIST



https://www.amazon.com/hz/wishlist/ls/17D6R5BCUWIA3?ref_=wl_share



SCAN HERE TO VIEW LIST





JASPER COUNTY YOUTH AND GOVERNMENT

HOSTED BY THE
NEWTON YMCA

Empower your students to bring their bills, debate real issues, and lead in statewide roles at the Iowa State Conference.

7th-8th Graders will have the opportunity to draft legislation, debate issues, and simulate the roles of legislators, executive officials, journalists, judges, or attorneys in state-level model governments. Meetings will be held monthly at the Newton YMCA.

INFORMATIONAL MEETING:
WEDNESDAY, FEB. 18
5:00PM

Have Questions? Get in Touch.
COOKIE.FUZELL@NEWTONYMCA.ORG

Sign Up Today



JR. LEADERS PROGRAM

the



KIDS LEAD. COMMUNITY GROWS

The Newton YMCA Jr. Leaders Program is a volunteer-based leadership and mentorship initiative for youth ages 9–13. The program provides participants with structured opportunities to serve as Jr. Helpers within Newton YMCA youth spaces while receiving consistent mentorship and guidance from YMCA leadership.

GOALS:

- Provide meaningful mentorship opportunities for youth
- Develop leadership, communication, and responsibility skills
- Encourage civic engagement and community involvement
- Build positive connections between youth, staff, and younger members
- Create an early leadership pipeline within the Newton YMCA



DESIGNED FOR AGES 9-13 YEARS OLD

DON'T MISS OUT ON THIS AWESOME OPPORTUNITY!

REACH OUT TO COOKIE TO SIGN UP AND GET MORE INFORMATION.

COOKIE.FUZELL@NEWTONYMCA.ORG 641-792-4006

CELEBRATE RECOVERY 12 STEPS AND THEIR BIBLICAL COMPARISONS

1. We admitted we were powerless over our addictions and compulsive behaviors, that our lives had become unmanageable.

"I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out." Romans 7:18 NIV

2. We came to believe that a power greater than ourselves could restore us to sanity.

"For it is God who works in you to will and to act according to his good purpose."

Philippians 2:13 NIV

3. We made a decision to turn our lives and our wills over to the care of God.

"Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship." Romans 12:1 NIV

4. We made a searching and fearless honest inventory of ourselves.

"Let us examine our ways and test them, and let us return to the Lord." Lamentations 3:40 NIV

5. We admitted to God, to ourselves, and to another human being the exact nature of our hurts, hang-ups and habits.

"Therefore confess your sins to each other and pray for each other so that you may be healed." James 5:16a NIV

6. We were entirely ready to have God remove all these defects of character.

"Humble yourselves before the Lord, and he will lift you up." James 4:10 NIV

7. We humbly asked Him to remove all our shortcomings.

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

1 John 1:9 NIV

8. We made a list of all persons we had harmed and became willing to make amends to them all.

"Do to others as you would have them do to you." Luke 6:31 NIV

9. We made direct amends to such people whenever possible, except when to do so would injure them or others.

"Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift." Matthew 5:23-24 NIV

10. We continued to take personal inventory and when we were wrong, promptly admitted it.

"So, if you think you are standing firm, be careful that you don't fall!" 1 Corinthians 10:12 NIV

11. We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us, and power to carry that out.

"Let the word of Christ dwell in you richly." Colossians 3:16a NIV

12. Having had a spiritual experience as the result of these steps, we try to carry this message to others and practice these principles in all our affairs.

"Brothers, if someone is caught in a sin, you who are spiritual should restore them gently. But watch yourself, or you also may be tempted." Galatians 6:1



Newton Church of The Way

2306 S 3rd Ave East

Newton, IA 50208

(641) 792-7300

newtonway.org/celebraterecovery

CELEBRATE RECOVERY

NEWTON CHURCH OF THE WAY

A HEALING PROGRAM AND
FELLOWSHIP FOR ADULTS
OVERCOMING HURTS,
HANG-UPS, AND HABITS.



Celebrate Recovery



CELEBRATE RECOVERY VISION

The vision for Celebrate Recovery here at Newton Church of the Way is to serve God and His Kingdom by helping others to strip off their old sinful nature and anchor their faith in Jesus Christ. With the Spirit's renewing power, we will cease to deny our hurts, habits and hang-ups. By embracing the steps and principles of Celebrate Recovery, together we will confront the destruction that our old lives have caused, and step into the light of Christ by accepting His abundant grace.

Come as you are!

Jesus will meet you right where you are at, and so will we. Join us for food, fellowship, worship, small group discussion, testimonials, and proven curriculum. We believe that no matter where you come from or what you have done, the solution is the same.

MONDAY NIGHTS AT NEWTON CHURCH OF THE WAY

5:30-6:15 pm Dinner
6:15-7:15pm Large group
7:15-8:15 pm Small Groups

For more information, or to get involved in serving others through Celebrate Recovery, please email Cody@theway146.com

PRAYER OF SERENITY

God, grant me the serenity
to accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.

Living one day at a time,
enjoying one moment at a time;
accepting hardship as a pathway to peace;
taking, as Jesus did,
this sinful world as it is,
not as I would have it;
trusting that You will make all things right
if I surrender to Your will;
so that I may be reasonable happy in this life
and supremely happy with You forever in the next.
Amen.
Reinhold Niebuhr

EIGHT RECOVERY PRINCIPLES

1. Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. (Step 1)

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." Matthew 5:3 NIV

2. Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. (Step 2)

"Blessed are those who mourn, for they will be comforted." Matthew 5:4 NIV

3. Consciously choose to commit all my life and will to Christ's care and control. (Step 3)

"Blessed are the meek, for they will inherit the earth." Matthew 5:5 NIV

4. Openly examine and confess my hurts, hang-ups and habits to myself, to God, and to someone I trust. (Steps 4 and 5)

"Blessed are the pure in heart, for they will see God." Matthew 5:8 NIV

5. Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. (Steps 6 and 7)

"Blessed are those who hunger and thirst for righteousness, for they will be filled." Matthew 5:6 NIV

6. Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others. (Steps 8 and 9)

"Blessed are the merciful, for they will be shown mercy." Matthew 5:7 NIV

"Blessed are the peacemakers, for they will be called children of God." Matthew 5:9 NIV

7. Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. (Steps 10 and 11)

8. Yield myself to God to be used to bring this Good News to others, both by my example and my words. (Step 12)

"Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven." Matthew 5:10 NIV



SMALL GROUP GUIDELINES

1. Keep your sharing focused on your own thoughts and feelings, using "I" and "me" statements. Limit your sharing to three to five minutes.

2. There is no cross-talk. Cross-talk is when two individuals engage in conversations excluding all others. Each person is free to express his or her feelings without interruptions.

3. We are here to support one another, not "fix" one another. This keeps us focused on our own issues.

4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group. The only exception is when someone threatens to injure themselves or others.

5. Offensive language has no place in a Christ-centered recovery group.

Need an AED?



AED Placement Program

Sudden Cardiac Arrest (SCA) strikes more than 350,000 Americans each year — nearly one death every two minutes. Giving CPR and using an automated external defibrillator (AED) early nearly doubles the chance of survival. For each minute without such treatment, the chance of survival decreases 7–10 percent.

Eligibility Criteria

To qualify for the Iowa Heart Foundation's AED Placement Program, applicants must be:

- A non-profit organization
- A government entity
- A public or private school

Located within the state of Iowa

Priority will be given to organizations that demonstrate a commitment to:

Implementing a Cardiac Emergency Response Plan

Training staff and students in CPR and AED use

Ensuring AED accessibility and visibility

[https://www.iowaheartfoundation.org/AED-
Placement/Program Placement/](https://www.iowaheartfoundation.org/AED-Placement/Program Placement/)

Apartment & Landlord List Newton, Iowa

updated January 29, 2026

IowaHousingSearch.org is a website promoted by Newton Housing Development Corp. for landlord and tenant use.

There are 2,364 "Permitted" rental units in Newton

Name	Location	Phone	2nd Phone	Websites
502 Complex	502 1st Ave E	x 515-373-8331		spirepropertymgmt.com
E 16th St Complex	303 & 307 E 16th St N	x 515-373-8331		spirepropertymgmt.com
723 E 6th St Complex	723 E 6 St S	x 515-373-8331		spirepropertymgmt.com
Aurora Apartment - KEM Investments	305 E 25th St Place S	x 641-792-9535		
Bristol Square Apartments	315 1st St S	x 641-792-0910		
Brookfield Apartments	1610 & 1620 W 7th St S	x 641-792-9535		
Cambridge Place or 6th Ave Apartments	904 N 6th Ave E	x 641-780-8921		
CandleRidge of Newton	* 1224 N 4th Ave W	x 800-383-5204		assistant@traversemanagement.com
Cardinal Circle Meadow Wood of Newton	* 1514 N 9th Ave Place E	x 515-979-9324		
Chamberlin Apartments	207 W 3rd St S	x 515-373-8331		spirepropertymgmt.com
Community Terrace Apts - KEM Investments	505 1st St S & 115 S 5th Ave W	x 641-792-9535		
Courtyard Newton Apartment	1453 N 11th Ave E	x 641-792-9535		
East Town Apartments	55+ 400 E 8th St S	x 515-465-4886	Area Manager	
First Avenue Cottages	1426 1st Ave E	x 515-373-8331		spirepropertymgmt.com
Forest View Apartments	1800 S 7th Ave E	x 641-243-5298		nwt@perryreid.com
Greystone Apartments	* 1501 N 11th Ave E	x 641-521-3208		newburyliving.com
Historic Hotel Maytag Apartments	* 105 N 2nd Ave E	x 515-783-9491		
Hometown Apartments	126 E 5th St S	x 515-373-8331		spirepropertymgmt.com
Hunter's Run Apartments & Townhomes	* 821 S 13th Ave E	x 641-792-9535		
Kading Properties	Several complexes around town	x 515-276-9384		kaddingproperties.com
Kaldenberg Apartments	400 N 2nd Ave E	x 515-321-2088		
Thunder Mountain Condo's	1800 S 13th Ave E	x 641-990-5280		
Kirkshire Place	418 S 2nd Ave E	x 641-780-8921		
Klocke Apartments	820 & 824 E 12th St S	x 515-250-1498		anthonyklocke@yahoo.com
Lincoln Apartments -KEM Investments	520 S 5th Ave E	x 641-792-9535		
Lions Gate Apartments	3 320 W 3rd St N	x 515-369-6000		kourmanagement.com
Linden Place Apartments	*62+ 1105 E 12th St S	x 641-792-3018		
The Meadows	1020 - 1026 E 12th St N	x 515-373-8331		spirepropertymgmt.com
427 N 2nd Ave E	427 N 2nd Ave E	x 515-373-8331		spirepropertymgmt.com
MSG Newton Properties LLC	1111 N 11th Ave E	x 641-792-9535		
MSG Newton Properties LLC	503 N 3rd Ave E	x 641-792-9535		
MSG Newton Properties LLC	420 N 8th Ave E	x 641-792-9535		
Newton Apartments LLC	1209 W 16th St S	x 641-792-9535		
Newton Apartments LLC	1301 W 16th St S	x 641-792-9535		
Newton Apartments LLC	1650 S 15th Ave W	x 641-792-9535		
Newton Park Apartments	* 1425 N 11th Ave E	x 515-999-9160		newtonparkapt.com
Newton Senior Residences	62+ 222 N 4th Ave W	x 641-792-0102		
Newton Plaza Apartments	* 901 S 13th Ave E	x 800-383-5204		assistant@traversemanagement.com
Newton Sundance Apartments	* 210 & 220 E 28th St N	x 641-787-0400		sundancelivingnewton.com
Newton Village	55+ 110 N 5th Ave W	x 641-792-0115		newtonvillage.org
Plant 1 Apartments	515 W 4th St N	x 641-440-0941		plant1lofts.com
Quail Ridge Apartments	1820 S 13th Ave E	x 515-373-8331		spirepropertymgmt.com
Regency Apartment	603 E 3rd St S	several buildings	x 515-373-8331	spirepropertymgmt.com
Robert's Apartments	912 1st Ave W	x 641-792-0910		
Smoking Tree Duplexes	308 - 326 S 8th Ave E	x 515-707-6989		
Somerfield Apartments	1711 & 1715 S 4th Ave E	x 641-792-9535		
Southtown Apartments - Volkan Properties	604 & 616 E 3rd St S	x 641-792-9535		
Suncrest Village	*62 1800 S 4th Ave E	x 641-521-3208		suncrestvillageapts.com
Trevor Estate - condos	1300 - 1500 blocks of S 13th Ave E	x 641-328-9894		
Walnut Creek Apartments	500 & 510 E 17th St S	x 515-369-6000		kourimanagement.com
Washington Heights Apartments	706 S 2nd Ave W	x 515-373-8331		spirepropertymgmt.com
Woodland Heights Apartments	* 1800 W 4th St N	x 641-791-7407		woodlandheightsliving.com
Dittmer Properties	manage several units	641-417-8136		
Newbury Management	manage several units	641-792-9136		
Real Estate Solutions, LLC	manage several single family homes	515-329-4545		

CENTRAL IOWA REGIONAL HOUSING AUTHORITY (CIRHA) – PUBLIC HOUSING & HOUSING CHOICE VOUCHERS (SECTION 8): Phone 515-986-1882 cirha@cirhahome.org

3 - has 3 bedroom units

* - Income guidelines

55+ - 55 years old restriction

NS - Non Smoking

 This list was provided & maintained by Newton Housing Development Corp. Send any corrections or additions to: nhdcdirector@gmail.com
Information believed correct but not warranted or guaranteed correct.

IOWA STATE UNIVERSITY

Extension and Outreach

STRONGER BOARDS, STRONGER COMMUNITIES

A LEADERSHIP WORKSHOP FOR BOARDS AND COUNCIL MEMBERS

Join local board and council members for an engaging, hands-on day focused on action, collaboration, and impact. Learn new tools, gain inspiration, and take home strategies you can put to work immediately!

TOGETHER WE'LL:

- Re-energize your board or council members
- Clarify your purpose and community impact
- Develop effective strategies for partner and donor relations
- Tackle challenges and create actionable solutions
- Network with other passionate community leaders

Workshop Details:

Date: April 18th, 2026

Time: 8:30 AM to 3:00 PM

Where: DMACC College,
600 N 2nd W St., Newton, IA 50208

Breakfast charcuterie boards • Catered lunch • Interactive sessions • Networking

Registration required! Register by April 13th.

Questions can be directed to

Sarah Patterson at patter@iastate.edu or
Alathia Andera at aalathia@iastate.edu

\$40 PER PERSON



Eric Heininger, Speaker
16 Actions Every Board Can Take



Beth Shelton, Speaker
Solving Problems & Overcoming
Challenges

LEADERS
GROWING
COMMUNITIES

IOWA STATE UNIVERSITY

Extension and Outreach

STRONGER BOARDS, STRONGER COMMUNITIES

A LEADERSHIP WORKSHOP FOR BOARDS AND COUNCIL MEMBERS

Meet the Keynote Speakers:



Eric Heininger, CFRE
President, EDEN+ Fundraising Consulting

Session: "16 Actions Every Board Member Can do Today to be More Effective"

Eric Heininger helps rural communities unite to tackle their biggest challenges. As President of EDEN+ Fundraising Consulting and a Certified Fundraising Executive, he brings extensive experience in leadership, collaboration, and community impact.

As a nationally recognized AFP Master Trainer, Eric leads sessions across the country on donor engagement and nonprofit ethics. With a passion for rural vitality, he's committed to equipping leaders to guide their communities with purpose and confidence.



Beth Shelton,
CEO, Girl Scouts of Greater Iowa

Session: "Solving Problems and Overcoming Challenges"

Beth Shelton leads the Girl Scouts of Greater Iowa, serving 13,000 members across Iowa, Nebraska, and South Dakota. Named the 2024 National Remarkable Woman by Nexstar Media, she has been featured on Good Morning America, USA Today, and the Today Show. Beth uses solution-focused leadership to inspire radical innovation. Holding degrees from Simpson College, Drake University, and MIT, her session will focus on solving problems and overcoming challenges with courage and creativity.

LEADERS

GROWING

COMMUNITIES

DATE OF WORKSHOP
SATURDAY
APRIL 18, 2026

STRONGER BOARDS

STRONGER COMMUNITIES

LEADERSHIP WORKSHOP FOR BOARDS AND COUNCILS

REGISTRATION INFORMATION

registration deadline: APRIL 13, 2026

Contact Person: _____ email: _____

Organization/Company Represented: _____

Full Address: _____

How did you hear about this workshop? email flyer personal contact social media other

How many people are you registering? _____

List those attending/include yourself: (please note any dietary restrictions next to name)

What is the main reason for attending/bringing your board/council?

Total Cost at \$40.00 a person: $\$40 \times \underline{\hspace{2cm}} = \underline{\hspace{2cm}}$

Return registration forms and payment to: (*checks payable to Poweshiek County Extension Office)

Poweshiek County Extension Office
1017 Ogan Avenue
Grinnell, IA 50112

REGISTRATION MAY ALSO BE DROPPED OFF OR MAILED TO

THE JASPER (NEWTON) EXTENSION OFFICE:

JASPER COUNTY EXTENSION OFFICE
550 N 2ND AVE W
NEWTON, IA 50208

- How would you like your receipt: mailed pick up the day of the workshop

Questions? Contact:

Sarah Patterson: Jasper
patter@iastate.edu
641-792-6433

OR

Alathia Andera: Poweshiek
aalathia@iastate.edu
563-422-8638

IOWA STATE UNIVERSITY

Extension and Outreach

STRONGER BOARDS, STRONGER COMMUNITIES

SPONSORSHIP OPPORTUNITIES

● Leadership Champion: \$1,000+

- Top-tier recognition in all marketing and press materials
- Verbal acknowledgement during keynote sessions
- Complimentary registration for 5 attendees
- Opportunity to have a company informational table at the event

● Community Builder: \$500-\$900

- Logo on printed program, signage, and social media
- Verbal recognition during event
- Complimentary registration for 3 attendees
- Option to include handout or giveaway in participant welcome packets

● Partner in Leadership: \$200-\$400

- Name listed on signage and closing slide
- Verbal recognition during event
- Mention in thank-you materials

Please make checks payable to Poweshiek County Extension Office and mail checks to 1017 Ogan Ave, Grinnell, IA 50112

**Because of your generosity,
our communities grow
stronger every day!**

**Your partnership helps
provide quality leadership
education, materials, and
networking opportunities
that strengthen local
organizations across
Jasper, Poweshiek and
surrounding counties.**

LEADERS
GROWING
COMMUNITIES



parents as teachers®

Enrolling families in
Jasper and Marion Counties

Parents As Teachers provides home visits and support to families with children ages prenatal to three. Scan here to visit our website and learn more about PAT and to enroll:



PAT Provided By



Short Years Partnership





OUR MISSION

Reducing the barriers and burdens people in poverty experience by increasing access to essential needs.

NEED ASSISTANCE WITH YOUR WINTER HEATING BILLS?

The 2025-26 Low-Income Home Energy Assistance Program (LIHEAP) can help eligible households stay safe and warm in the winter by providing financial assistance with home heating bills and protection from disconnection until April 1st, 2026.

IMPACT serves Boone, Jasper, Marion, Polk & Warren Counties in Iowa.



ELIGIBILITY

Your household may be able to receive a one-time payment to your utility provider if you meet income guidelines and provide the required documentation for your household.

Household Size	Annual Gross Income
1	\$31,300
2	\$42,300
3	\$53,300
4	\$64,300
5	\$75,300
Add \$11,000 for each additional household member	

DOCUMENTS

1. Social Security Cards for all household members.

- a. We can also accept: Birth Certificates, Unexpired Iowa Driver's License/Real ID, Passports, Tax Returns, or I-94 plus a verbal of your social number.

2. Income Documentation for all household members 18+ from either...

- a. The most recent 30 days **OR**
- b. Previous years' Annual Income via W-2s or Tax Returns

3. Most Recent Utility Bills for Heat AND Electric Vendors

TO APPLY



ONLINE

Scan the QR Code and click the **APPLY ONLINE** button at the top of the page.



OVER THE PHONE

Scan the QR Code and click the **SCHEDULE APPOINTMENT** button at the top of the page to schedule online, or call 515-518-4770 to schedule over the phone.



IN PERSON

For Boone, Polk, & Warren Counties:
Scan the QR Code and click the **SCHEDULE APPOINTMENT** button at the top of the page to schedule online, or call 515-518-4770 to schedule over the phone.

For Jasper & Marion Counties:
Call 515-518-4770 to schedule over the phone.



BY MAIL

Scan the QR Code to visit our website. On this page, you can download a paper application. To request one be mailed to you, call 515-518-4770 or email info@impactcap.org

UPCOMING EVENTS IN JASPER COUNTY

Throughout the 2025-26 Low-Income Home Energy Assistance Program (LIHEAP) season, the IMPACT team will be available in person at a variety of partner locations in Jasper County to accept applications for households that would like to apply in person*.

Call 515-518-4770 or email info@impactcap.org to schedule your appointment.



SALVATION ARMY

TUESDAY, FEBRUARY 3RD, 2026

301 N 2nd Ave E, Newton, IA 50208

9:00 AM - 3:00 PM

Appointments Available 9:00 AM - 12:00 PM

Open to walk-in applications starting at 1:00 PM

DISCOVER HOPE

TUESDAY, FEBRUARY 10TH, 2026

733 1st Ave E, Newton, IA 50208

9:00 AM - 3:00 PM

Appointments Available 9:00 AM - 12:00 PM

Open to walk-in applications starting at 1:00 PM

- Home visits are also available for those that qualify. Call us to schedule an appointment!
- In need of transportation to one of these events? Call HIRTA: 877-686-0029

COLFAX PUBLIC LIBRARY

TUESDAY, FEBRUARY 17TH, 2026

25 W Division Street, Colfax, IA 50054

11:00 AM - 4:00 PM

Appointments Available 11:00 AM - 12:30 PM

Open to walk-in applications starting at 1:00 PM

CAPSTONE BEHAVIORAL HEALTHCARE

TUESDAY, FEBRUARY 24TH, 2026

1123 1st Ave E, Newton, IA 50208

9:00 AM - 3:00 PM

Appointments Available 9:00 AM - 12:00 PM

Open to walk-in applications starting at 1:00 PM

Newton Caregiver Support Group

For those caring for a loved one with
Dementia or Alzheimer's Disease

In collaboration with the **Alzheimer's Association, Park Centre** is hosting a monthly support group led by trained facilitators for caregivers of individuals living with dementia or Alzheimer's disease. This group provides a welcoming environment where you can share experiences, learn from others, and be part of a supportive community.

When: Second Wednesday of each month at 1 p.m.

Where: Park Centre, 500 First St. N., Newton

January 14: Exploring Care & Support Services

February 11: Responding to Dementia-Related Behaviors

March 11: Communicating Effectively

April 8: Building Foundations of Caregiving (part one)

May 13: Building Foundations of Caregiving (part two)

June 10: Building Foundations of Caregiving (part three)

**Everyone is welcome and encouraged to attend.
Contact Leisa Zylstra at (641) 791-4508 with questions.**



Dementia Friendly Iowa

A Program Overview

Presented by **Stephanie Humphries**
Right at Home

Monday, February 23
12 p.m.
Garden Room, Park Centre

**Supporting communities where people
with dementia can live and thrive.**

Dementia Friendly Iowa promotes change and education in communities to create a more welcoming, safe, and respectful environment for people living with dementia and their caregivers.

Join Park Centre for an informational session specific to businesses and organizations to learn how the **Dementia Friends Program** can support individuals and families right here in Newton. Discover practical ways to increase understanding, reduce stigma, and make our community more inclusive. The presentation is free to attend and lunch will be provided.

Please RSVP by February 18 to Leisa Zylstra
at (641) 840-0311 or lzylstra@wesleylife.org.

Coalition Meeting Report

- County: Jasper
- Coalition Name: Jasper County Cares
- Meeting Date: 11 February 2026
- Staff Attendance: Emma Krapfl

Goal 1

- ISTEP Updates and Chapter Registrations
 - ISTEP Chapters this Quarter
 - ISTEP Chapters year-to-date
- Presentations scheduled or completed

ISTEP Updates	Chapters this Quarter	Chapters YTD	Presentations
A number of ISTEP chapters from across the state will be attending an advocacy day at the capitol on February 17. Check out their social media on February 17 to learn more about what the students are advocating for and learning.			Goal of 3 presentations. Total of 1 presentation complete so far this year.
	1		

Goal 2

- Policies adopted this quarter
 - Tobacco Free/Nicotine Free Policies
 - Smoke Free Homes policies
- Total current policies in county
- Presentations scheduled or completed

TF/NF Policies	SFH Policies	Total Policies	Presentations

Goal of 3	1 total policies implemented in FY26	1 presentation/meeting with Store For Homes Furniture and 1 with Aleya Salon Suites & Day Spa, for a total of 3 this fiscal year.
46 total in the county on the registry	24 total in the county on the registry	70 policies on the registry

Goal 3

- Quitline/MLMQ enrollments this quarter
- Quitline/MLMQ enrollments year-to-date
- Quitline/MLMQ program updates
- Presentations scheduled or completed

Enrollments this Quarter	Enrollments YTD	Program Updates	Presentations
7 in Q2	17	None.	<p>Goal of 3. 1 complete.</p> <p>Join us on Tuesday, February 24, 12:00pm CST to learn more about how to support young people on their quit journeys. We will discuss how Quitline Iowa's Young Adult program and My Life My Quit support 13–24-year-olds in tobacco, nicotine and vaping cessation, as well as new and emerging products. To register, scan the QR code or visit https://bit.ly/YouthCessationAAC.</p>



Goal 4

- Media sharing, social media posts
- Event Updates – can coalition members participate or share
-

Media Sharing

American Lung Association in Iowa

Event Updates

Fight For Air Climb is March 29, 2026, in Downtown Des Moines. To register to climb or to learn more, visit FightForAirClimb.org/DesMoines. Additionally, we are in need of volunteers for the day of. If you or someone you know is interested or in need of volunteer hours, you can sign up to volunteer or learn more at the same link above.

@LungIowa

- January was Radon Action Month. To learn more about radon and radon test kits or take our Radon Basics course, visit <https://www.lung.org/clean-air/indoor-air/indoor-air-pollutants/radon/radon-action-month>.
- The 24th annual State of Tobacco Control report was released last week. Visit [State of Tobacco Control | American Lung Association](https://www.lung.org/state-of-tobacco-control) to see how Iowa compares to other states and what actions Iowa should take to improve lung health.

TOBACCO CONTROL

Quarterly Newsletter

October - December 2025

Quitline Iowa

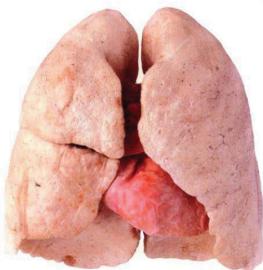
This year, we are working to provide quarterly webinars to share more about Quitline Iowa, My Life My Quit and tobacco and nicotine cessation. In December, staff hosted a webinar titled, "Quitline Iowa: Program Overview and Updates."



In this presentation, staff shared more about the program and how clinicians, healthcare providers and community organizations can refer patients and clients to Quitline Iowa. Thank you to all who attended! If you missed this webinar or would like to rewatch it, you can view it here or email us for more information: [Quitline Iowa: Program Overview and Updates](#).

Youth Engagement

Healthy Lung vs. Diseased Lung



This healthy, pink set of lungs represents a nonsmoker's lungs.



This black, diseased set represents the damage caused from smoking roughly 1 pack of cigarettes a day for 20 years.

In October and November, staff presented to students in Polk and Marshall Counties. Staff shared information on tobacco, nicotine and vaping, as well as coping mechanisms for stress and anxiety. Students were also able to see the effects of smoking on the lungs as staff provided pig lung demonstrations.



Website

www.lung.org



Phone

515-309-9507



Email

Beth.Timmerman@lung.org

Iowa Students for Tobacco Education & Prevention

The annual ISTEP Summit was held on October 28 in Boone, Iowa. Chapters from across the state attended and learned more about the activity kits for this year, how to engage their schools and communities and more about the harms of tobacco, nicotine and vaping products. Chapters also received quit kits to utilize in their schools. Thank you to all who attended!



Tobacco & Nicotine-Free Worksite Policy

Shoutout to the following worksites for implementing tobacco and nicotine-free policies to protect clients and employees from the harms of secondhand smoke:

- Jasper County Historical Museum
- Harper Rose's Floral & Gifts
- Snap Fitness Perry

Childcare Policy

The American Lung Association offers free technical assistance to implement tobacco and nicotine-free policies for Childcare Centers. If you are interested in implementing a tobacco and nicotine-free policy, please reach out to Josie.Redman@Lung.org for more information.

FREE Resources

Provided by the American Lung Association

- Written Policy Assistance
- Signage
- Iowa Tobacco-free Child Care Registry Listing
- Marketing materials
- Education and communication
- Tobacco/Nicotine-free Child Care Facilities and Homes [online training](#) on the DHS Training Registry

Available at <http://bit.ly/LungIA>



Benefits Of A Comprehensive Tobacco/Nicotine-Free Policy

- Appeals to parents and caregivers
- Creates a healthy and safe environment
- Positive youth role modeling
- Reduces exposure to secondhand/thirdhand smoke



NEW CREATION
CHURCH



Ongoing Events Calendar



NCC  DH

Sunday

Events

- Sunday Service, 9A @Berg Middle School
- Communion Sunday POTLUCK, after service on 1st Sunday each month
- American Heritage Girls 5-18yrs, Held 2nd & 4th Sunday's, 1-2:30P @Discover Hope Bldg

Monday

Events

- DH: Bread of Life Ministry meal M-F, 11:30a-1p @Discover Hope Bldg
- Prayer Gathering, 6P @Discover Hope Bldg
- DH: Men's Transformation, 6P @Discover Hope Bldg
- Stitches In Faith, every other Monday, 6P @Kathy's, register online

Tuesday

Events

- DH: Bread of Life Ministry meal M-F, 11:30a-1p
- DH: Breaking Free, 5:30-7P (free meal) @Discover Hope Bldg

Wednesday

Events

- DH: Bread of Life Ministry meal M-F, 11:30a-1p
- Weekly Bible Study, 6P @DMACC Bldg
- DH: Women of Serenity Group, 5:30P @Discover Hope Bldg

Thursday

Events

- DH: Bread of Life Ministry meal M-F, 11:30a-1p
- Brother's In Christ (Men's Group), 6P @Discover Hope Bldg
- DH: Women Transformation, 6P @Discover Hope Bldg

Friday

Events

- DH: Bread of Life Ministry meal M-F, 11:30a-1p
- Women's Group, 6P @Discover Hope Bldg
- Community Worship, 1st Friday every month, 7P @Discover Hope Bldg

Saturday

Events

- Men's Breakfast 2nd & 4th Saturday's, 9A @Discover Hope Bldg



FEMA

FEMA P-2142/August 2019

BE PREPARED FOR A FINANCIAL EMERGENCY

You've worked hard to care for your home and save for the future, but disasters can lead to financial emergencies. A financial emergency is any expense or loss of income you do not plan for, like a missed paycheck, a damaged roof, a flat tire, or medical bill.

Financial emergencies may include car damage, unemployment, medical treatment, property damage, or family emergencies.



6 out of 10 households in America experience at least one financial emergency in a year.



About 1/3 of American families do not have any savings.



Almost half of Americans would struggle to come up with \$400 to help cover an emergency.

TAKE ACTION TO PROTECT YOURSELF IN THE EVENT OF A FINANCIAL EMERGENCY

Start an emergency savings account to prepare for unexpected financial emergencies or disasters.



Review insurance policies regularly. Ensure you have the right types and amounts of coverage.

Protect important records and document your possessions.



Create and update your emergency plan.

After a disaster, contact your insurance company as soon as possible.



Look into assistance options after the disaster by logging on to DisasterAssistance.gov, visiting a Disaster Recovery Center in your community, or dialing 211 for a referral for community-based resources.

HOW TO PREPARE FOR A FINANCIAL EMERGENCY



Start an emergency savings account. Saving even small amounts like \$5 or \$10 a week is a good place to start. Make a budget to estimate monthly income and expenses. Reduce debt by making regular payments of at least the minimum due and pay your bills on time to maintain a good credit rating.

Review your insurance coverage including flood, health, and homeowners or renters insurance. Remember, flood insurance typically takes 30 days to go into effect. You'll want to renew your insurance every year.

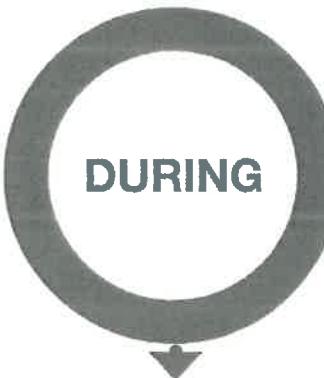
Create and update your emergency plan. Consider using the Emergency Financial First Aid Kit (EFFAK) as a guide. By having a plan in place, you will be better prepared in case of an emergency.

Keep important records safe and save important receipts. Store them digitally and in a waterproof, fireproof container.

Protect your property by taking photos and videos of household items in case you need to repair, replace, or rebuild after a disaster.

Keep cash in a secure place so that you are able to access it in case of an emergency and Automatic Teller Machines (ATMs) are not available.

Contact a qualified financial counselor or coach. Contact local organizations and non-profits that employ qualified and nationally certified counselors or coaches to receive guidance on how to organize your finances before and after an emergency.



Use emergency savings for purchasing essentials like food, gas, and temporary lodging.

Contact credit card companies and lenders to learn about payment options to avoid late penalties, interest charges, and damages to your credit.

List current expenses and negotiate with lenders for extensions.

Reach out for assistance by logging on to DisasterAssistance.gov, visiting a Disaster Recovery Center in your community, or dialing 211 for a referral for community-based resources.

Contact community organizations, like food banks and faith-based organizations, for assistance to help cover daily essentials and to connect you with additional resources.



Log onto DisasterAssistance.gov to find out if you qualify for financial disaster relief. Visit a Disaster Recovery Center in your community for important resources for relief by FEMA and community and faith-based organizations.

Make a list of all property damage and contact your insurance company as soon as you can.

File a flood insurance claim and work with your insurance adjuster and insurance agent to receive guidance through the process.

Be cautious of scams after disasters. Don't give out your personal identification numbers.

Prioritize your spending and take inventory of your credit cards. Create a list to get all of your information in one place, understand your spending needs, and protect your credit.

Research tax breaks you might qualify for based on your situation.

Turn off utilities to save on expenses if you are unable to live in your home.

Take an Active Role in Your Safety

Go to Ready.gov/financial-preparedness to receive more information on how to prepare for a financial emergency.



FEMA

FEMA P-2142
Catalog No. 17233-6

Change A Child's Story



The Court Appointed Special Advocates (CASA) Program of Iowa trains and supports community volunteers to advocate for a safe and permanent home for children who are in the child welfare system. CASA volunteers ensure the voice of each child is heard and their best interests are pursued.

What does a CASA volunteer do?



Inquires: Learn about the child and family; talk to all parties involved.



Facilitates: Identify resources, collaborate with professionals, report to the court.



Advocates: Make recommendations about the child's needs and wishes.



Monitors: Follow-up & check-in to make sure the child receives services.

Who qualifies?



An adult who cares about children, passes a background check, & completes 30 hours of pre-service training



Someone who has time to volunteer and can commit to 5 to 10 hours a month



Someone with good communication skills, both verbal and written



1-866-448-4608



hhs.iowa.gov/CASA

CASA volunteers help:



Encourage healthy family connections.



Advocate for the best interests of the child.



Support the judge with individualized, informed recommendations.



A CASA Volunteer:

- Successfully completes all training requirements, including 12 hours of continuing education each calendar year.
- Maintains the confidentiality of all information received while serving as a CASA volunteer.
- Stays in regular contact with the child's family, HHS, service providers, attorneys, school staff, medical officials, and other key stakeholders.
- Conducts in-person visits with the child at least once every 30 days (at a minimum).
- Gathers and reviews information from court orders, court reports, service provider reports, school records, physical and mental health evaluations, and other written documentation filed with the court.
- Attends staffings, appropriate meetings, and foster care reviews as needed.
- Submits written CASA reports to be filed with the court.
- Attends court hearings to advocate on behalf of the child.
- Confers regularly with the CASA Coordinator and Coach to share information about case-related activities, seek advice, or obtain assistance.

How to volunteer:

1. Visit hhs.iowa.gov/CASA or call 1-866-448-4608
2. Learn about the program
3. Complete the application



The CASA program is overseen by the Child Advocacy Board, which became part of the Iowa Department of Health and Human Services July 1, 2023. CASA of Iowa is affiliated with the National CASA/GAL Association for Children.



ADAPTIVE EQUIPMENT PROGRAM



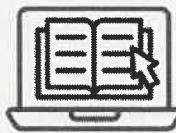
About

This program supports older adults and their caregivers in maintaining safety, independence, and confidence while aging in place through education on adaptive and assistive equipment, with no obligation to purchase. Led by an occupational therapy student, the program includes live demonstrations of equipment donated by Easter Seals, followed by optional consultations offering individualized, client-centered guidance tailored to participants' needs and home environments.

EVENT HIGHLIGHTS



Demonstration of equipment use



Take home FREE electronic resources



Cost effective alternatives to equipment



Individualized Consultation time after presentation

Jessie Woodyard, OTD-S



MORE INFORMATION ABOUT PROGRAM - EMAIL JESSIE AT
JESSIE.WOODYARD@DRAKE.EDU

Is it time for

Palliative Care?

Clinical Indicators for Referral

GENERAL INDICATORS

- Two or more hospitalizations/emergency visits in the past six months for the same condition
- Re-admission to hospital or ICU within 30 days for the same issue
- Life-limiting illness with:
 - Functional or cognitive decline
 - Significant weight loss
 - Patient or family expressing a desire to focus on comfort or quality of life

Before, I felt like I didn't have a life. You know, when you're sitting in a hospital or in a nursing home, you can't leave. You don't leave very often and you're staring at the four walls. Now I'm able to. With the help of palliative care, I can get around more.

— Carole Peterson

a WesleyLife Palliative Care Client

WHERE CARE TAKES PLACE

WesleyLife Palliative Care meets you where you are, physically and emotionally. Our goal is to reduce the need for hospital visits and support individuals in their preferred setting. Services are provided in the comfort and convenience of:

- Private homes
- Skilled nursing campuses
- Communities for older adults
- Other residential settings

WHEN TO CONSIDER PALLIATIVE CARE

Palliative care is appropriate at any stage of a serious illness. It can be provided alongside curative treatments or as the primary focus of care. Consider a referral when clients need support with:

- **Advance care planning**
Help identifying goals of care, navigating future health decisions, and completing advance directives
- **Symptom management**
Relief from pain, shortness of breath, fatigue, anxiety, nausea, or other distressing symptoms

- **Care coordination**
Helping families understand and access healthcare resources, in-home services, and community support
- **Psychosocial support**
Counseling for patients and caregivers coping with emotional or mental health needs

- **Disease education**
Clarifying diagnosis, treatment options, and likely progression of illness to support informed choices

WE'RE HERE TO HELP

At WesleyLife, our palliative care team walks alongside individuals and families during difficult seasons — offering compassionate, person-centered support wherever you call home.

To make a referral or learn more, call (515) 271-6777 or visit wesleylife.org/palliative-care.



WesleyLife
AT HOME

Care That Honors Life

WesleyLife Palliative and Hospice Care

Supporting with compassion, presence, and purpose



Wherever you are on the path...



Curative and Palliative Care

Hopeful, Treatment-Focused

- Exploring care options with openness and compassion
- Easing symptoms alongside ongoing treatments
- Helping families make informed choices
- Building trust and preparing for what's ahead



Hospice Care

Comfort, Presence, Dignity

- Focus on quality of life
- 24/7 availability and on-call support
- Daily visits during final days of life

... we're here to walk it with you.



Family Support and Legacy

Navigating Loss With Love

- Emotional and spiritual support
- Legacy planning and life celebration
- Grief support for families

Why Families Choose WesleyLife

- Admission 7 days/week, including holidays
- Available to admit 24/7
- Full-time on-call clinical support
- Dedicated and compassionate staff



for Your Most
Vulnerable Clients

General Hospice Eligibility Guidelines:

Consider hospice if a client meets 2 or more of the following criteria:

- Dependence in 2-3 Activities of Daily Living (ADLs) such as bathing, dressing, or feeding. Shortness of breath or fatigue with minimal exertion even with adequate treatment.
- Multiple ER visits or hospitalizations especially for recurrent infections or exacerbations of chronic conditions.
- Significant weight loss with unintentional loss of 10% or more of body weight in the previous 6 months.
- Recurrent falls with injury leading to decreased mobility or increased risk of complications.
- Decreased tolerance to physical activity becoming increasingly bedridden or chair-bound.

Diagnosis-Specific Hospice Eligibility Guidelines:

Sepsis:

- Hospice-eligible but not previously identified with cancer, solid tumor, and hematologic advanced disease.
- Advanced lung disease requiring frequent hospitalizations.
- Eligibility at hospital discharge with a prognosis of six months or less.

Lung Disease:

- Severe respiratory symptoms such as shortness of breath even at rest, oxygen dependency.
- Frequent hospitalizations due to exacerbations or complications.

Heart Disease:

- Advanced symptoms such as NYHA Class IV heart failure, severe shortness of breath, fatigue, or chest pain even at rest.
- Frequent hospitalizations due to heart failure exacerbations or arrhythmias.

Alzheimer's Disease and Other Dementias:

- Dependence in 3-4 ADLs requiring assistance with most daily activities.
- Progressive decline despite aggressive treatment, leading to recurrent infections or malnutrition.
- Significant weight loss with a loss of 10% or more in the past 6 months.
- Severe cognitive impairment including difficulty communicating or recognizing loved ones.

Cancer:

- Advanced disease with a rapid decline in physical abilities, increased pain or symptoms.
- Functional decline spending more than 50% of the day in bed or chair, or needing constant care.

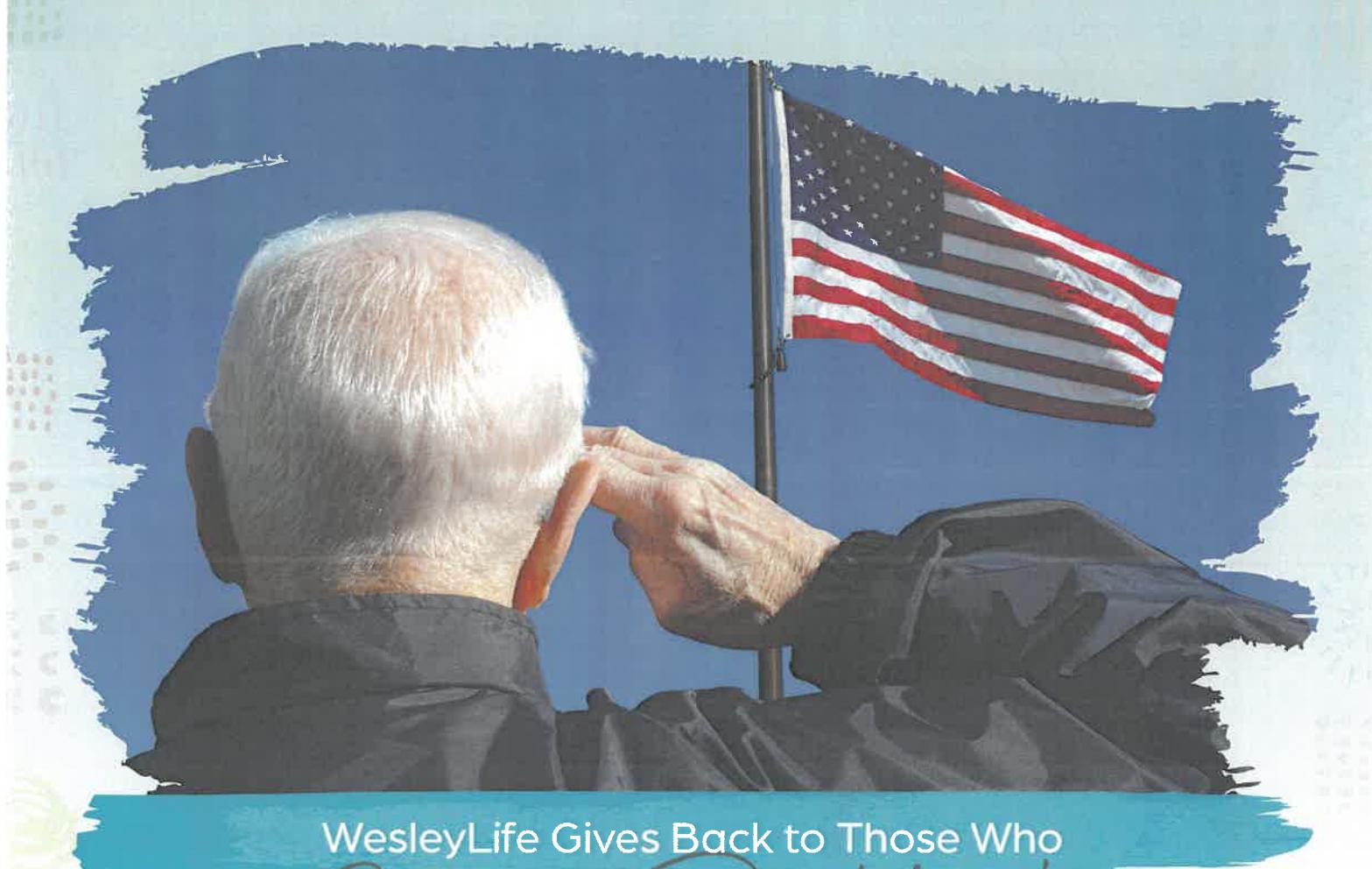
Liver Disease:

- Severe liver disease symptoms such as ascites, jaundice, or hepatic encephalopathy.
- Nutritional decline with unintentional weight loss, muscle wasting, or hypoalbuminemia (albumin < 2.5 g/dL).

Next Steps: If you observe these indicators in a client, consider discussing hospice care options with the healthcare team. Early hospice referrals can significantly enhance the quality of life for clients and provide crucial support for their families.

WesleyLife Hospice Referral Line: (515) 271-6777





WesleyLife Gives Back to Those Who

Gave So Much

U.S. military veterans sacrificed selflessly in service to our country. By offering programs designed specifically to meet the needs of Iowa veterans, WesleyLife offers not only heartfelt thanks, but a demonstration of gratitude to these brave individuals and their families.

WesleyLife Hospice is the **only** Des Moines metro hospice provider certified as a Level 5 partner of **We Honor Veterans**, a program of the National Hospice and Palliative Care Organization in collaboration with the Department of Veterans Affairs. Through **We Honor Veterans**, affiliated hospice organizations are given the tools to effectively serve veterans who are near the end of life.

The affiliation allows us to provide veteran-specific education initiatives for our team members and the greater community, recruit volunteers with military backgrounds to help connections form, and more. Having received national recognition for our affiliation and advocacy, we are honored to be of service as a Level 5 partner of **We Honor Veterans**.



WesleyLife
HOSPICE

If you are in the military or are a veteran, please consider joining WesleyLife Hospice as a We Honor Veterans volunteer. To learn more, or to inquire about hospice services for a loved one, call (515) 978-2777 or visit wesleylife.org/hospice.



VA.gov is the gateway to access and manage your VA benefits and health care.
www.va.gov



The VA Welcome Kit provides an overview of benefits and services.
www.va.gov/welcome-kit/



Burials and Memorials Get help planning a burial in a VA national cemetery, order a headstone or other memorial item to honor a veteran's service, and apply for survivor and dependent benefits.

Schedule a burial for a veteran or family member

Find step-by-step guidance on how to request and apply for a burial in a VA national cemetery or in a state or tribal government veterans' cemetery.

National Cemetery Scheduling Office **(800) 535-1117**

www.va.gov/burial-memorials/schedule-a-burial/



Disability File a claim for disability compensation for conditions related to your military service and manage your benefits over time.

Learn about the PACT Act

Learn how the PACT Act expands VA health care and benefits for veterans exposed to burn pits, Agent Orange, and toxic substances.

VA FAQ Line **(800) 698-2411 (TTU: 711)**

www.va.gov/resources/the-pact-act-and-your-va-benefits/



Family Member Benefits Learn about the benefits you may qualify for as a spouse, dependent, or survivor. Find out what else you may be eligible for as a family member caring for a veteran with disabilities.

Caregiver support program

The VA Caregiver Support Program offers services to caregivers of eligible and covered veterans enrolled in VA Health Care.

(855) 260-3274

www.va.gov/family-member-benefits/

Veterans Crisis Line

Contact the Veterans Crisis Line. Available 24/7 via phone, text, and online chat.

Receive crisis support

The Veterans Crisis Line provides confidential crisis support for veterans and their loved ones. You don't have to be enrolled in VA benefits or health care to connect.

Crisis Hotline Dial 988 (then press 1) Text Hotline Text at 838255





House of Mercy
1409 Clark Street
Des Moines, IA 50314

T (515) 643-6500
F (515) 643-6598
<https://www.mercyone.org/desmoines/house-of-mercy/>

House of Mercy Overview:

House of Mercy is dedicated to making the community a healthier place by offering treatment for substance use disorders and mental health services to individuals and families. Accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) and National Association of Education of Young Children (NAEYC) and licensed by the Iowa Health and Human Services (HHS).

House of Mercy - Des Moines 1409 Clark Street Des Moines, IA 50314 T (515) 643-6500 F (515) 643-6598 SUD Walk-in Hours, Monday-Friday, 9am-2pm	House of Mercy - Newton 200 North 8th Avenue East Newton, IA 50208 T (641) 792-0717 F (641) 792-0730	House of Mercy - Indianola 310 North Buxton Street Indianola, IA 50125 T (515) 358-7610 F (515) 962-1685
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Grant Outreach Initiatives:

- Iowa Provider Network (IPN) (Block Grant)
- SBIRT Grant (MercyOne Medical Center)
- Pregnant and Postpartum Women's grant (PPW)

Family Programming:

- 24/7 Dad's group
- Circle of Security (COSP)
- Family Orientation Group

Substance Use Disorder Treatment Levels of Care provided:

- Outpatient for men/women/adolescents
- Residential for single women and women with children.
- Recovery Housing for women and children
- Peer Recovery Support for men and women

Mental Health Services Provided:

- Outpatient Mental Health Therapy
- Psychiatric services (adult and children)
- **Some of our specialties include:**
 - Child Parent Psychotherapy (CPP)
 - Cognitive Behavioral Therapy (CBT)
 - Eye Movement Desensitization and Reprocessing (EMDR)
 - Intuitive Eating
 - Dialectical Behavior Therapy (DBT)



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In-Person Peer Recovery Support Groups

Newton, IA location. 200 N 8th Ave E.

Mondays 3pm Better Boundaries

Tuesdays 4:30pm Mindfulness

Thursdays 4pm Relationships in Recovery

Thursdays 5pm Self Love for Women

House of Mercy

1409 Clark Street
Des Moines, 50314
515-643-6580

Outpatient Treatment Schedule

01.05.2026

UA Phone Number: 515-643-6565 (Call after 9:00am)

UA Hours: 9:00 am - 6:00pm Monday – Friday **PHOTO ID REQUIRED**

In times of bad weather, call 515-643-6565 (UA Line) to check status of groups.

Name:	LOC:	Effective Date:	UA#:
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Monday

~Teams Only~

___ 9:00am Motivation to Change (Lauri)
Teams ID: 265 499 383 974 7 Passcode: yB3YW7un

~Teams/In-Person Hybrid~

___ 10:00am Addiction 101 (Craig)
Teams ID: 239 466 957 287 3 Passcode: ob6jj7xC
___ 11:00am Relapse Prevention (Craig)
Teams ID: 236 427 779 682 6 Passcode: JU2in2fv
___ 12:00pm Mindfulness and Meditation (Shaina)
___ 2:00pm Dialectical Behavioral Therapy (Referral Only)

~~Indianola Location~~

___ 4:00pm Cognitive-Behavioral Techniques (Phil)

Thursday

___ 10:00am Living in Balance (Brandi)
___ 11:00am Addictive Thinking (Yolanda)
___ 12:00pm Relationships in Recovery (Rayann)

Teams Only~

___ 3:00pm Mindful Communication (Michelle)
Teams ID: 277 525 578 715 3 Passcode: ng7Ye3hZ
___ 4:00pm Early Recovery Skills (Jennifer)
Teams ID: 222 365 035 873 33 Passcode: Gp2Xp2cd
___ 5:00pm Self-Acceptance (Rayann)
Teams ID: 297 499 869 652 45 Passcode: Lk2kA3mg

Friday

___ 11:00am Co-Dependency (Yolanda)
___ 12:00pm Emotionally Intelligent Anger Management (Yolanda)
___ 1:00pm Addiction 101 (Rayann)

Saturday

___ 10:00am Relapse Prevention
___ 11:00am Early Recovery Skills
___ 12:00pm Addiction 101

Tuesday

___ 10:00am Early Recovery Skills (Rayann)
___ 11:00am Peer Relationships (Shaina)
___ 12:00pm Finding Your Best Self (Yolanda)
___ 2:00pm Helping Women Recover (Yolanda)

~Teams Only~

___ 3:00pm Relationships in Recovery (Lauri)
Teams ID: 215 314 886 654 5 Passcode: qK9uN6o6
___ 4:00pm Early Recovery Skills (Lauri)
Teams ID: 239 216 934 628 4 Passcode: DN2nQ2J2
___ 5:00pm Recovery Concepts (Lauri)
Teams ID: 242 522 949 991 0 Passcode: fn6yR7gv

Wednesday

___ 11:00am Self-Acceptance (Brandi)
___ 12:00pm Coping Skills with Mindfulness (Lauri)
___ 1:00pm Relapse Prevention (Yolanda)
___ 2:00pm Helping Men Recover (Craig)

~Teams Only~

___ 3:00pm Conflict Resolution (Phil)
Teams ID: 250 097 913 870 19 Passcode: c8JJ9NT7
___ 4:00pm Relapse Prevention (Rayann)
Teams ID: 235 590 199 607 48 Passcode: Nm3mi7BT
___ 5:00pm Finding Your Best Self (Jennifer)
Teams ID: 298 443 491 859 32 Passcode: Bb9uN3wJ

~~Indianola Location~~

___ 4:00pm Relapse Prevention (Phil)

Microsoft Teams Group Rules For Participants Using Teams:

PARTICIPANTS MUST BE IN A PRIVATE SETTING

- Telehealth groups held via Microsoft Teams
- Please do not lay in bed during group.
- Please do not eat during group.
- Please do not drive during group.
- Be in a safe, quiet area (No TV, No Phones).
- Please do not smoke or use tobacco.
- Please be present, on time and fully dressed.
- Please be patient as Teams may slow down or pause at time.
- Please mute yourself when not speaking.

Jasper County Cares Coalition, New to Cares? sign in on back pages

Here	Please Sign In	Date: 2/11/2025
X	Name	Organization
X	Ace Stonehocker	Sheila Henrichsen Aging Resources of Central Iowa Sheila.henrichsen@agingresources.com
✓	Aimee Spores	WesleyLife Hospice and Palliative Care
	Alexis Thompson	St. Gregory Recovery Center
	Allison Graham	Berg Middle School
X	Alondra Sanchez	MICA
X	Amanda Scalise	IMPACT
X	Amber Tompkins	Central Iowa Shelter and Services
✓	Amy Smith	Monarch Counseling Services
	Andi Borsch	Department of Human Services IHHS, Newton
X	Angela Barnell	Parent Partners
	Angela Busick	Iowa, Probation/Parole - IDOC
	Angie Wells	Capstone Behavioral Health
✓	Araceli Roberts	Mid Iowa Community Action Agency MICA
	Aster Frommert	YSS Prep
	Ava Neppl	EFR
	Barb Ranck	EFR
X	Becca Decker	Habitat for Humanity, Greater of Des Moines
X	Becky Pryor	Jasper County Health Dept
✓	Beila Flickinger	Capstone Behavioral Health
✓	Beth Andrew	Quakerdale Family Services
	Bill Ehler	NAMI Central Iowa
	Breanna Elliott	Phoenix House- Newton
	Brendan Johnson	Immanuel Pathways
	Brett Michael	Jasper County Mental Health Advocate
	Brooker Holder	Grinnell, Unity Point
	Bruce Showalter	Newton Housing Development
	Caroline Noble	EFR
	Chelsie Dirksen	Valley Vista Nursin and Rehab
✓	Cher Harris	Salvation Army
	Chloie Rosenbalm	Home Instead
✓	Chris Clark	Optimae Life Services
	Christine Dawson	Newton Schools
	Cindy Clark	Pella Regional Sully Clinic
	Cindy Rybolt	Iowa Legal Aid
✓	Cody Daugherty	The Way
✓	Connie McQuiston	Jasper County General Assistance
	Connie Thomsen	MICA- Weatherization

CF	Cookie Fuzell	Newton YMCA
	Courtney Dewey-Broussard	Heart and Solutions
	Craig Armstrong	Lutheran Church of Hope
DV	Dallas Vander Pol	Newton Christian School
DBS	Darcy Baughman	Drake University Head Start
	Darnell Loatman	FOCUSS
	Daryl Dotson	Newton Schools, Berg Middle School Principal
	Dave Wood	Heartland AEA Regional Director
	Daveena Surber	Parent Partners
	Deana Van Brocklin	Iowa Courts, Juvenile Court
DK	Denise Doucette	Capstone Behavioral Health
	Devin Robertson	FOCUSS
DK	Emmaline Krapfl	American Lung of Iowa
	Erin Lepird	Heartland AEA Regional Director
	Erin Ouverson	Mid Iowa Community Action Agency MICA
	Felicia Hazelton	Short Years Program, PAT
	Gary Martin	Friends in Hope
YOS	George Sorensen	Newton YMCA
	Heather Vander Beek	Heartland AEA
	Hezekiah Applegate	PCM Schools
	Jacque Spriggs	Elevate
AP	Jaime Paca	Clive Behavioral Health
	Jana Larsen	Mid Iowa Community Action Agency MICA
	Jasmine (Bailey) McGregor	CCR&R
	Jeff Alger	Innovative Counseling and Consulting Inc
BR	Jenn Tielbur	Team CSA-Community Support Advocates
	Jennifer Lackamp	The Well, Newton
	Jennifer O'Halloran	Lynnville-Sully School
JM	Jessica Miller	Mid Iowa Community Action Agency MICA
	Jessica Swank	St. Croix Hospice
	Jill Halter	Baxter Schools
PR	Jill Robinson	Capstone Behavioral Health
	Jill Rogers	Central Iowa Shelter and Services
JB	Jodi Blackford	Crisis Intervention Services
	Joe McQueery	EFR- Employee and Family Resources
JR	Jordan Reynolds	Innovative Counseling and Consulting Inc
	Josh Britton & Johnny Bolt (dog)	Jasper County Sheriff's Office/ Baxter SRO
	Judy Monroe	Neighbors Helping Neighbors
	Julie Britton	Newton Police Department
	Julie Gibbons	Polk County Behavioral Health

<i>J</i>	Julie Smith	Capstone Behavioral Health
	Kara Dirksen	DMACC- Des Moines Area Community College, Newton
	Kara Hernandez	Decat and CPPC
<i>X</i>	Kathy Dooley	Iowa Department of Public Health IHHS
<i>X</i>	Kathy Ellis	Jasper County EMA Emergency Management Agency
	Katie Finch	Capstone Behavioral Health
<i>Ks</i>	Keith Isley	Progress Industries
	Kelli Van Manen	Jasper County Senior Nutrition
	Kelly Sorenson	Newton Schools
<i>X</i>	Kendi McCollum	House of Mercy, MercyOne, Newton
	Keri Powers	Thrive Now Recovery Center
	Keri Schippers	Mercy One Newton Medical Center
	Kira Lazenby, Sgt	Jasper County Sheriff's Office,
	Kristen Souza	PCM High School
	Kristina Burma	MICA I-smile
<i>X</i>	Kristina Winfield	Jasper County Health Dept
	Kurt Hoover	First Lutheran Church
	Kya Stilwell	EFR
	Kyle Fueston	The Well, Newton
	Kyle Lovan	Newton High School SRO, Newton PD
	Larrisa Van Donselaar	The Well, Pella
	Larry Anderson	First Presbyterian Church
<i>X</i>	Lauren Asman	EFR- Employee and Family Resources
<i>X</i>	Lauren Pendroy	Mercy One Newton Medical Center
	Leah Bauman	Child Care Resource and Referral
	Lee Cochran	Jasper County Hunger Relief
	Linda Anderson	Kid Assist
<i>VR</i>	Lindsey Phillips	Four Oaks
	Lori Eekhoff	Heartland AEA
<i>X</i>	Lori Reynolds	State of Iowa VA
	Luke Skinner	Accura, Traditions Memory Care
	Madison Ellis and Piper (dog)	Capstone Behavioral Health
	Mariah Fox	Valley Vista for Nursing and Rehabilitation
	Mark Feilmann	Newton Optimist
	Mark Thayer	Newton Clinic
	Mayra Garcia	Mid Iowa Community Action Agency MICA
	Megan Davidson	CCR&R
	Megan Garrett	Iowa Courts
	Megan Thompson	Mid Iowa Community Action Agency MICA
	Megan Van Beek	Mid Iowa Community Action Agency MICA

	Meggan Baird	Hy-Vee Newton
X	Melissa Gary	Jasper County Health Dept
	Michael Metts Dr. (Mike)	Mercy One Newton - Pediatrician
	Michaela Gunsaulus	Lynnville-Sully Elementary School Counselor
	Michelle White	Aging Resources of Central Iowa
	Miranda Caldwell	Newton Village
	Mikieya Garcia	Accura East
	Morgan Burford	Crisis Intervention Services
	Nicholas Pietrack	Jasper County Attorney's Office
	Nicole Dunsbergen	Newton Clinic
	Patrick Mullen	Suncrest Hospice
	Paul Millhollin	First Presbyterian Church
	Peg Ehler	Jasper County Hunger Relief packaging St Lukes
	Phyllis Peter	Newton Public Library
	Rachel Lazenby	Capstone Behavioral Health
	Raichel Burnett	EFR Employee and Family Resources
X	Randy Ervin	City of Newton
	Ray Maxey	Jasper County Veterans Office
	Rebecca Becky Peterson	House of Mercy, MercyOne, Newton
	Rebecca McRae	Phoenix House
RB	Rita Baker	Pregnancy Center of Central Iowa
PK	Rob Burdess- Chief	Newton Police Department
RC	Robert "Robbie" Robinson	Discover Hope 517
	Roxanne Petersen	NAMI Central Iowa
	Sarah Patterson	RSVP (Senior Volunteer Program)
	Sarah Urias	Capstone Behavioral Health
	Scott Pritchard	Clearview Recovery
	Serenity Bookout	Newton YMCA Childcare Director
SK	Shawn Kinnison	Hickory Recovery Network
SK	Shelley Koenis	Family Crisis Center
	Sierra Stevens	Mid Iowa Community Action Agency MICA
	Terra Cleveland	Iowa Primary Health Care
	Terra Oaks	Crisis Intervention Services
	Tess De Bartolo	IHHS STI program
	Tim Burns	Volunteer, Least of Saints Ministry
	Tim North	Salvation Army Newton
TJ	Tim Salmon	Colfax Mingo Schools
	Todd (TJ) Decker & Delta	Jasper County Sheriff's Office/ LS SRO
	Tom Troxell	Fellowship with Faith Ministry, Homeless outreach
AB	Tracie Backstrom	Short Years Parents as Teachers



Jasper County 2025 Utilization of Donated Funds

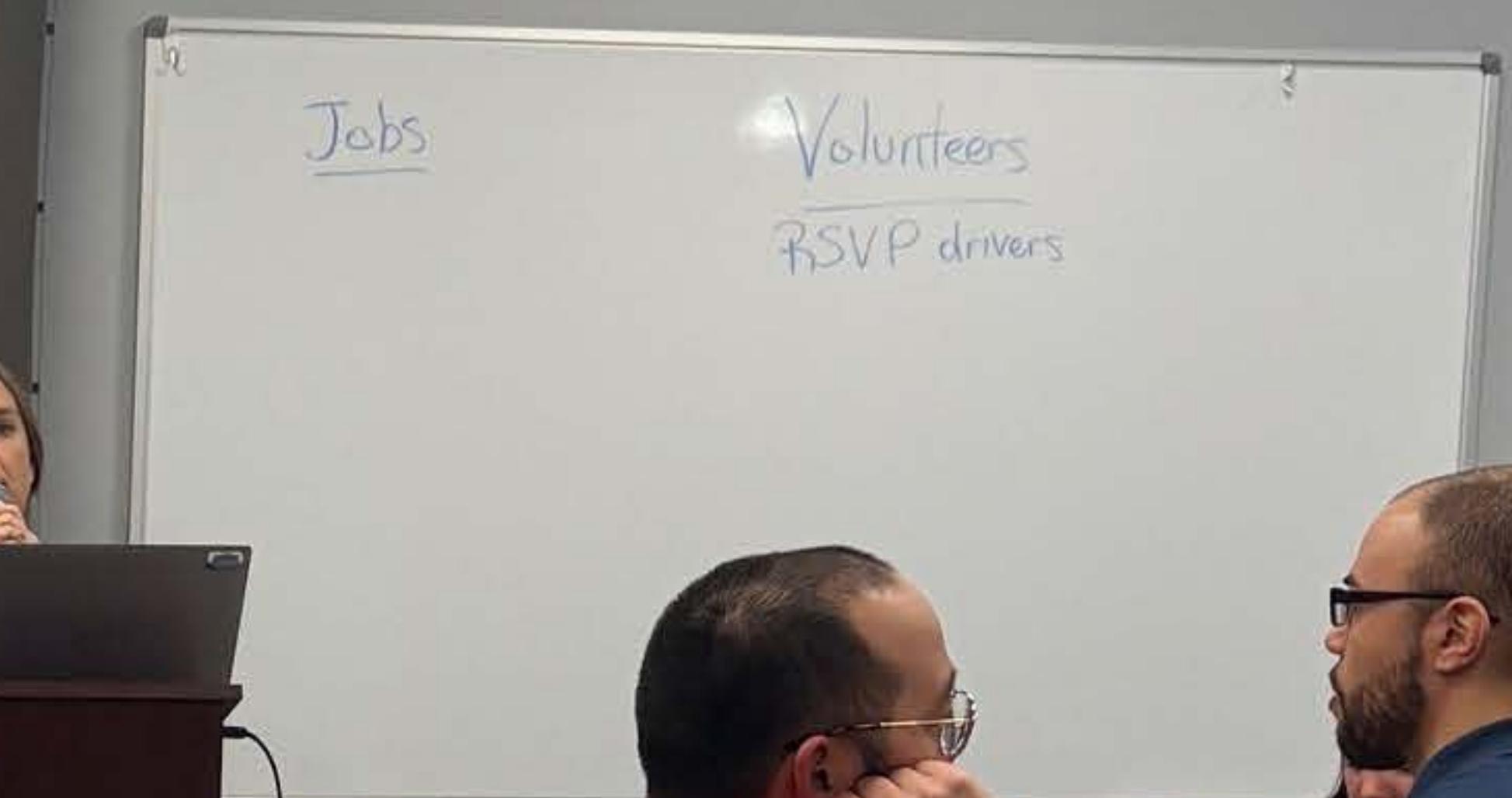
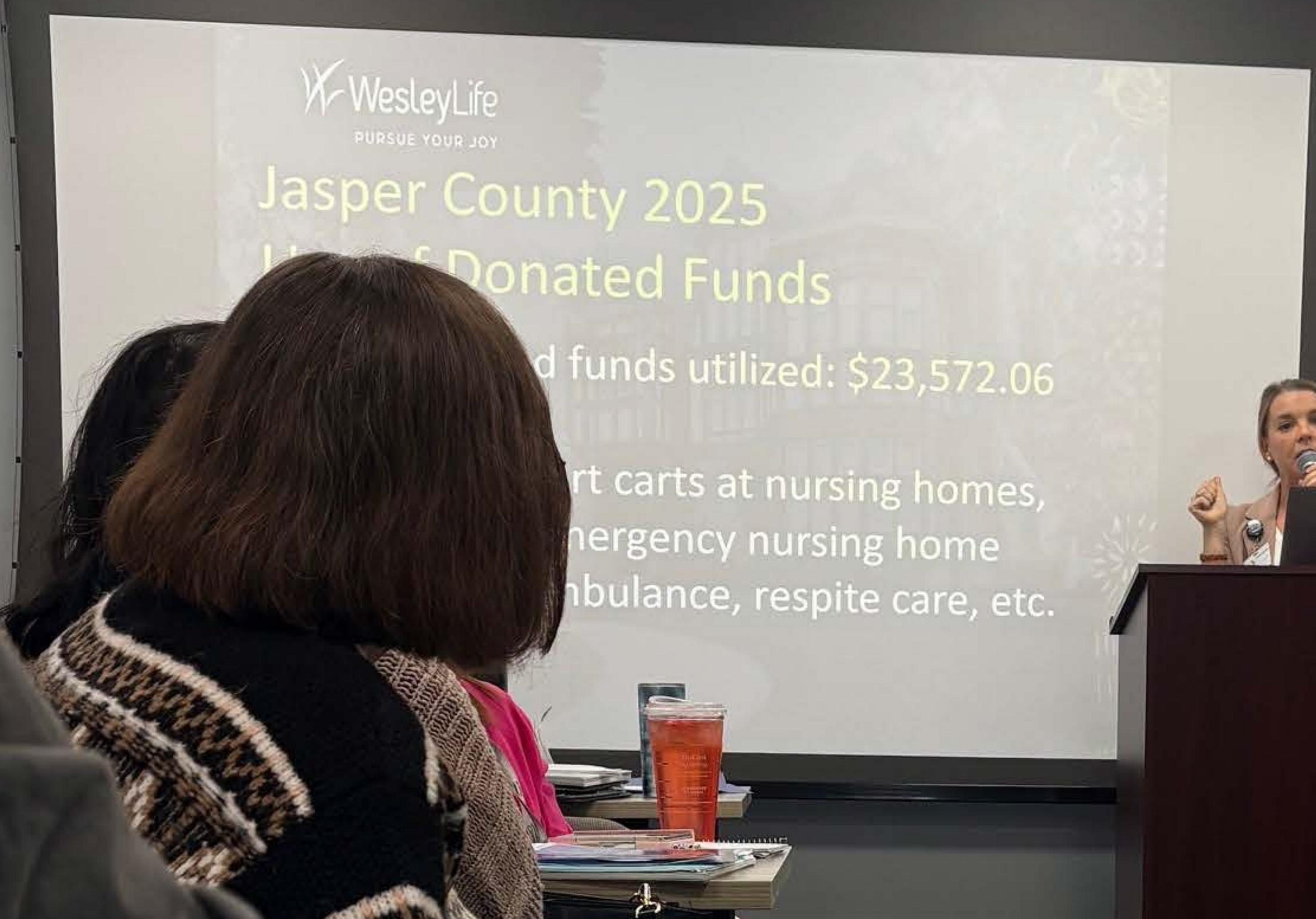
Total funds utilized: \$23,572.06

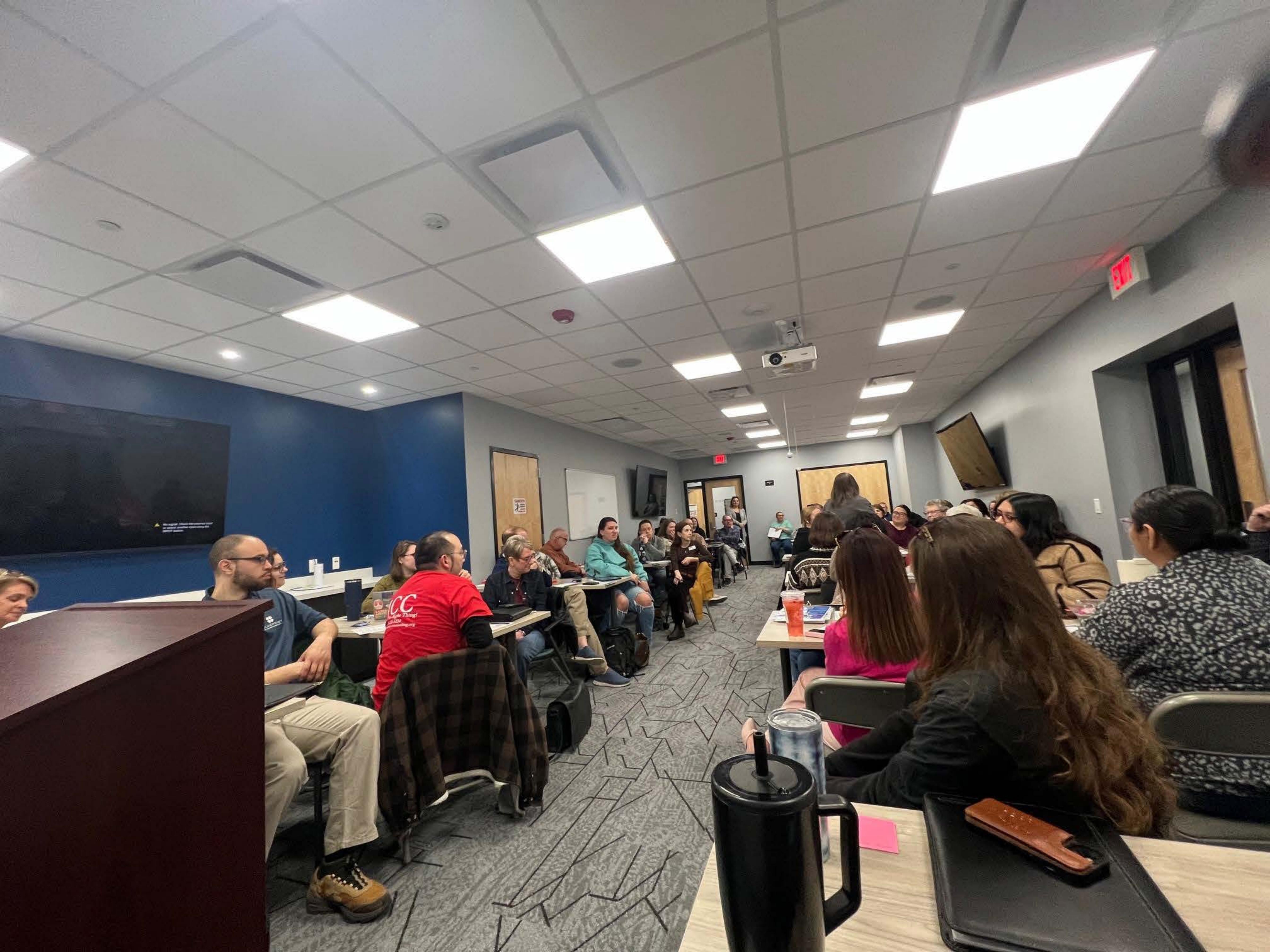
Utilized funds were used for: medical equipment carts at nursing homes, medical equipment for emergency nursing home patients, medical equipment for ambulance, respite care, etc.



Jobs

Volunteers
RSVP drivers





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Care

cal care that focuses on
e of any age living with serious
s stress and suffering. Can be
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well as symptom management,
ase progression as well as
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rances as a clinic visit is covered.

Jobs





Jasper County Cares Coalition Meeting
Agenda: Awards and Networking
Wednesday, March 11, 2026, at 10:30 AM: Tentative Agenda
Subgroup: Maternal and Child Health 9:30 AM

Location: 315 W 3rd St N., Large Conference Room, Newton, Iowa 50208

Mission: To enhance awareness of health & human service resources & promote collaboration to serve Jasper County. **Vision:** Safe, healthy, and connected Jasper County.

Sign in:

Welcome new attendees

Networking: Feel free to stay after the meeting

Member Introductions/Share (1 minute for each person)

- Please stand up & state your name, organization, services provided, any changes, projects, events, etc.
- Volunteer or program needs or job openings. Take a moment for any questions.
- Share one good thing that happened last month.

Announcements: See Jasper County Cares Facebook page and website. See packet.

Upcoming Organizational Spotlights 2026 Schedule:

- **March 11:** [Disability Access Point](#), Julie Gibbons, Julie.Gibbons@polkcountyiowa.gov
- April 8: (Julie Smith will lead), Jaime Paca, Clive Behavioral Health jaime.paca@uhsinc.com
- May 13: [Progress Industries](#), Keith.Isley@progressindustries.org
- June 10: [Jasper County Senior Nutrition](#), Kelli Van Manen, kvanmanen@jasperia.org
- July: Networking Event, Location TBD
- August: [Colfax Child Care Center](#)- Tim Salmon tsalmon@colfaxmingo.org
- September: [United Way Jasper County](#), Jessica Lowe Vokes unitedwayjc@gmail.com
- October: [Dolly Parton Imagination Library](#), Rita Baker director@pcciowa.com
- November: Central Iowa Shelter and Services, Amber Tompkins
- December: Annual Awards Event

Backup Speakers

- American Lung of Iowa (pig lungs) Emma Krapfl
- Dolly Parton Imagination Library, Rita Baker
- Newton YMCA, George Sorensen, new programs
- Capstone, Substance IOP Treatment, Julie Smith

[Website](#) and [Facebook](#)

- **Events:** <https://www.jasperia.org/calendar/> Check your events and submit events to the County calendar. If you have questions, contact: Jenn Cross, at jcross@jasperia.org
- **Resource Guide:** <https://www.jasperia.org/resources/>
- **Information Table at meeting:** Please bring information or giveaways for the resource table. We keep track of attendance.
- **Contact:** Becky Pryor jaspercocares@jasperia.org. If your information changes, please let us know.

Next Cares Meeting: Wednesday, April 8, 2026, 10:30 A.M.