

Jasper County Cares Coalition Meeting

Agenda: Awards and Networking

Wednesday, March 11, 2026, at 10:30 AM: Tentative Agenda

Subgroup: Maternal and Child Health 9:30 AM

Location: 315 W 3rd St N., Large Conference Room, Newton, Iowa 50208

Mission: To enhance awareness of health & human service resources & promote collaboration to serve Jasper County.

Vision: Safe, healthy, and connected Jasper County.

Sign in:

Welcome new attendees

Networking: Feel free to stay after the meeting.

Member Introductions/Share (1 minute for each person)

- Please stand up & state your name, organization, services provided, any changes, projects, events, etc.
- Volunteer or program needs or job openings. Take a moment for any questions.
- Share one good thing that happened last month.

Announcements: See Jasper County Cares Facebook page and website. See packet.

Upcoming Organizational Spotlights 2026 Schedule:

- March 11: [Disability Access Point](#), Julie Gibbons, Julie.Gibbons@polkcountyiowa.gov
- April 8: (Julie Smith will lead), Jaime Paca, [Clive Behavioral Health jaime.paca@uhsinc.com](mailto:Clive.BehavioralHealth.jaime.paca@uhsinc.com)
- May 13: [Progress Industries](#), Keith.Isley@progressindustries.org
- June 10: [Jasper County Senior Nutrition](#), Kelli Van Manen, kvanmanen@jasperia.org
- July: Networking Event, Location TBD
- August: [Colfax Child Care Center](#)- Tim Salmon tsalmon@colfaxmingo.org
- September: [United Way Jasper County](#), Jessica Lowe Vokes unitedwayjc@gmail.com
- October: [Dolly Parton Imagination Library](#), Rita Baker director@pccciowa.com
- November: [Central Iowa Shelter and Services](#), Amber Tompkins ATompkins@centraliowashelter.org
- December: Annual Awards Event

Backup Speakers

- [American Lung](#) of Iowa (pig lungs) Emma Krapfl
- [Dolly Parton Imagination Library](#), [Newton Public Library](#), Rita Baker
- [Newton YMCA](#), George Sorensen, new programs
- [Capstone Behavioral Healthcare](#), Substance IOP Treatment, Julie Smith

Funding

- [Jasper Community Foundation](#) Grant due 4/30/2026

Events- Save the Date

- Healthy Kids Day- Saturday, 4/25/2026
- Senior Health and Fitness Fair, Wednesday, 5/27/2026
- Car Seat Event, Saturday, 5/16/2026. Contact Melissa Gary, mgary@jasperia.org

[Website](#) and [Facebook](#)

- Events: <https://www.jasperia.org/calendar/> Check your events and submit events to the County calendar. If you have questions, contact Jenn Cross, at jcross@jasperia.org
- [Resource Guide](#): <https://www.jasperia.org/resources/>
- [Information Table at meeting](#): Please bring information or giveaways for the resource table. We keep track of attendance.
- Contact: Becky Pryor jaspercocares@jasperia.org. If your information changes, please let us know.

Next Cares Meeting: Wednesday, April 8, 2026, 10:30 A.M.



2026

Jasper County Cares Coalition
2nd Wednesday @ 10:30-noon

January 14: No Meeting

February 11

March 11

April 8

May 13

June 10

July 8

August 12

September 9

October 14

November 11

December 9

WE
CARE

Networking
& Resource Table

Contact: jaspercocares@jasperia.org

Jasper Co. Office Building, Large Conference Room
315 W. 3rd St N. Newton, Iowa 50208

HHS System Snapshot

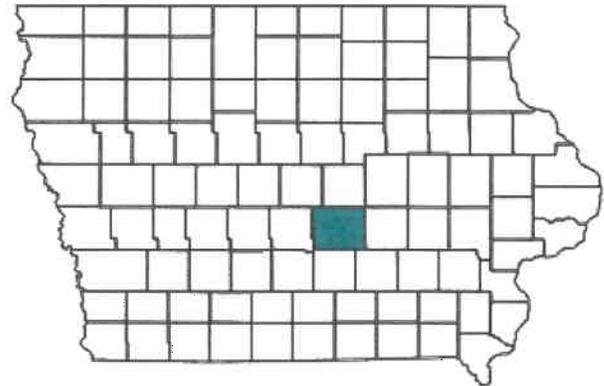
Jasper County

Population	38,107
Life Expectancy	78.7 years
County Classification	Micro

State of Iowa

Population	3,241,488
Life Expectancy	78.2 years

(Population: ([U.S. Census Bureau](#), 2024); Life Expectancy: [County Health Rankings 2025 Edition](#), 2021-2023)



Access to Care



Part of the county is a **shortage** area for **Primary Care Physicians**
([HPSA Find](#), 2026)



No part of the county is a **shortage** area for **Dental Care Providers**
([HPSA Find](#), 2026)

Access to care includes the ability to navigate the health care system, find care locally, and pay for services. When someone lacks one or more of these abilities, disparities may emerge.

Mental Health

4.7

poor mental health days per month

Iowa avg: 4.7 days/mo.

([County Health Rankings 2025 Edition](#), 2022)

Poor mental health is linked to **smoking, physical inactivity, housing and food insecurity, and poor sleep**. Disorders like **depression and anxiety** can affect people's ability to take part in healthy behaviors.

The whole county is a **shortage** area for **Mental Health Care Providers**. ([HPSA Find](#), 2026)

Iowa has fewer mental health providers than the national average. Access to mental health providers **varies widely** across the state.

Addictive Disorders

22.3%

of adults report binge drinking

Iowa avg: 22.5%

(Centers for Disease Control and Prevention, [PLACES](#), 2023)

Alcohol is the most commonly misused substance in Iowa. **Iowa's alcohol use rates** for almost every demographic **are among the highest in the nation**.

166

county residents received substance use treatment in SFY25; **20,198** total patients admitted in Iowa (Iowa HHS, Behavioral Health, December 2025)

Substance use disorders involve misuse of one or more substances and may lead to social, physical, mental, and public health problems. Drug use rates in Iowa are similar to the rest of the nation.

Social, Economic and Environmental Factors

Economic Stability & Income

Economic stability is the connection between the financial resources people have and their physical and mental health. People living in poverty are at greater risk for mental illness and chronic diseases.



9.6%

live below the rate of poverty

Iowa avg: 11.1%

([U.S. Census Bureau, American Community Survey, 2019-2023](#))



7,574

are enrolled in Medicaid

(Iowa HHS, Medicaid, June 2025)

Housing & Transportation

Cost-burden, spending more than 30% of income on housing costs, is the most common housing problem in Iowa. Unstable, unsafe, unhealthy or unaffordable housing can harm a person's health, while transportation problems can delay care, be costly, and worsen health outcomes.



21.8%

of households spend 30% or more on housing

Iowa avg: 23.4%

([U.S. Census Bureau, American Community Survey, 2019-2023](#))



4.0%

of households do not have a vehicle

Iowa avg: 5.4%

([U.S. Census Bureau, American Community Survey, 2019-2023](#))

Healthy Behaviors and Outcomes

Active Living & Healthy Eating

Being overweight or obese can lead to serious health issues like heart disease, diabetes, stroke, depression, and some cancers. A lack of consistent access to healthy food can lead to chronic diseases, obesity, or developmental problems.



38.3%

of adults have an unhealthy body weight (BMI of 30.0 or higher);

Iowa avg: 37.9%

(Centers for Disease Control and Prevention, [PLACES, 2023](#))

Cancer

Many unhealthy behaviors linked to cancer can be prevented such as excessive drinking, using tobacco products, physical inactivity, poor nutrition, and ultraviolet light exposure. Cancer screening tests can detect cancer early, making treatment easier and improving survival.



473.5

county incidence rate for cancer (*per 100,000 people)

Iowa avg: 491.8

([National Cancer Institute, State Cancer Profiles, 2017-2021](#))



4,310

Individuals experiencing food insecurity

([Feeding America, Map the Meal Gap, 2023](#))



154.6

county death rate from cancer (*per 100,000 people)

Iowa avg: 149.6

([National Cancer Institute, State Cancer Profiles, 2018-2022](#))

Need Help?

Jasper County Resource Guide

SCAN HERE



[www.jasperia.org/
resources](http://www.jasperia.org/resources)



Open Arms Foundation Guardian Award

Call for Nominations – Jasper County Community

The Open Arms Foundation of Jasper County is proud to announce the Open Arms Guardian Award, an annual recognition honoring an individual who has demonstrated exceptional commitment to protecting, advocating for, and prioritizing the well-being of children in Jasper County.

This award recognizes those who serve as guardians in the broadest sense – professionals and volunteers whose actions reflect courage, compassion, and an unwavering focus on the best interests of children.

Purpose of the Award

The Open Arms Guardian Award honors an individual who, either:

1. Within the past 12 months, or
2. Over the course of their professional or volunteer career,
3. has shown outstanding dedication to protecting children, supporting vulnerable families, or intervening in ways that promote safety, stability, and long-term well-being for children in Jasper County.

Eligibility

Nominations are open to any individual who works directly with children in Jasper County, including but not limited to:

- Law enforcement officers
- Teachers, school staff, and administrators
- Health and Human Services professionals
- Medical and mental health providers
- Nonprofit staff and volunteers
- Child advocates, mentors, and foster care providers
- Coaches, youth leaders, and community volunteers

Nomination Criteria

Nominees should demonstrate one or more of the following:

- A clear commitment to protecting the safety and dignity of children
- Advocacy for children's best interests, particularly in difficult or high-risk situations
- Actions that go beyond routine expectations to support children or families in crisis

- Professional integrity, compassion, and collaboration with other systems serving children
- A lasting positive impact on children or the Jasper County community

Nominations

To submit a nomination, please provide:

1. Nominee's name, title, and organization (if applicable)
2. Nominator's name and contact information
3. A written narrative describing:
 - a. The nominee's role and connection to children in Jasper County
 - b. Specific examples of actions or conduct that demonstrate guardianship, advocacy, or protection of children
 - c. The impact of the nominee's actions on a child, family, or the broader community
 - d. All information should be factual, respectful, and mindful of confidentiality.

Selection Process

Nominations will be reviewed by a committee affiliated with the Open Arms Foundation of Jasper County. The committee will evaluate nominations based on alignment with the award's purpose, demonstrated impact, and commitment to children's best interests.

Confidentiality

Open Arms recognizes the sensitive nature of child-serving work. Nominators are encouraged to avoid including identifying details of specific children. All nominations will be handled with discretion.

Submission Deadline

Nominations must be submitted by: March 31, 2026

Submit nominations to: openarmsiowa@gmail.com

Award Recognition

The recipient of the Open Arms Guardian Award will be publicly recognized by the Open Arms Foundation of Jasper County and will be honored at a community event or through public announcement. Recipient will be announced during National Child Abuse Prevention Month in April.

PROCEEDS SUPPORT UNITED WAY OF JASPER COUNTY
& THE OPEN ARMS FOUNDATION OF JASPER COUNTY

BACK *to the* '80s

BINGO



APRIL 30

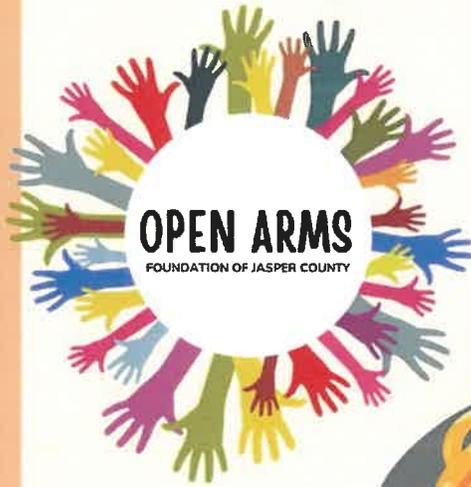
DOORS: 5:30 * BINGO: 6:30

DMACC, 600 N. 2ND AVE. W., NEWTON

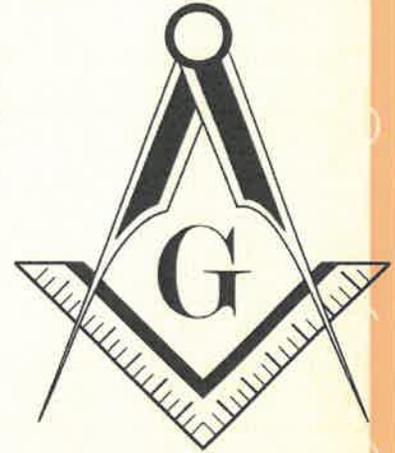
TICKETS \$30 IN ADVANCE AT
UNITEDWAYOFJASPERCOUNTY.ORG



SPAGHETTI DINNER



**FREE WILL
DONATION**



Saturday, April 18th @ 5:00 PM - 7:00 PM
Newton Masonic Lodge #59
208 1st Ave W, Newton, IA 50208

**ALL DONATIONS
SUPPORT
OPEN ARMS AND THE
NEWTON MASONIC
LODGE #59!**

Maternal Health Coalition Meeting Agenda

March 11th, 2026

- Ice Breaker- What was your very first car?
- Round Robin Introductions/updates
- Update / action steps on a MH project related to dental care / access -discussion w/ Ismile Coordinator Krissy Burma, RDH
- Open Discussion

Contacts: MICA-

Jana Larsen Maternal, Child, and Adolescent Health Coordinator jana.larsen@micaonline.org

Megan Van Beek, RN megan.vanbeek@micaonline.org

Maternal Health Coalition Meeting Notes

December 10th, 2025

- **Attendance:** Megan Van Beek (MICA), Jana Larsen (MICA), Erin Ouverson (MICA), Melissa Gary (Jasper Co. Health Dept), Angela Barnell (CFI), Araceli Roberts (MICA), Rita Baker (PCCI), Felicia (PAT), DaVeena Surber (Parent Partner), Alondra Sanchez (MICA), Zachary Norgren (Pathways Tama), Gloria & Stacey (TCPH), Tara Brown (Martha's House of Hope) *(sorry if I missed anyone)*

- **Topics we discussed:**
 - **Give kids/pregnant women a smile day!** – Jana/Megan will talk with our ISMILE coordinator, Krissy, to try and set up a day in Jasper County to give children and pregnant women a free cleaning – we are going to start at a dentist in Newton and hope to expand to other towns/counties in the future! Rita recommended reaching out to Brandy Mace at Mace Family Dentistry and Steven Rabedeaux at the Dental Practice. A recommendation was made for the Family Dentistry in Grinnell for a future site as well. We will send updates as there are any and we will see everyone back in March!

- **Topics for our next meeting:**
 - Continue to discuss how to give kids and pregnant women a healthy smile day!

Next meeting March 11th, - in person and virtual.

Contacts: MICA-

Jana Larsen- Maternal, Child, and Adolescent Coordinator jana.larsen@micaonline.org

Megan Van Beek, RN megan.vanbeek@micaonline.org

Your help is needed!

DONATE

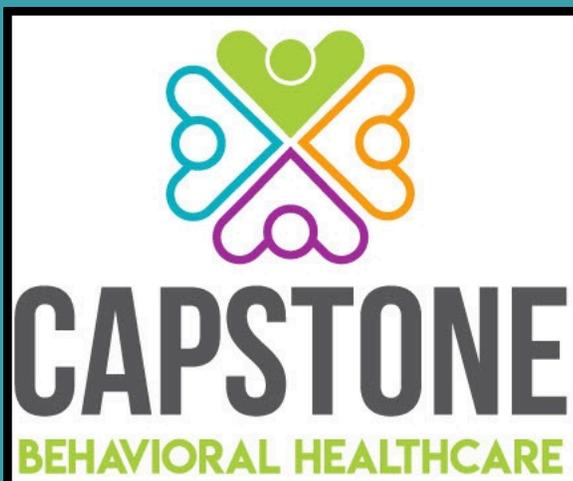


NEW INTENSIVE OUTPATIENT

Substance Therapy

Ways to help:

- 1.) Donate online **Zeffy link** - <https://bit.ly/3LePiXg>.
- 2.) **Mail a check** to Capstone or drop off at our front desk
- 3.) **Amazon Wish List**: QR code or link.
[amazon.com/hz/wishlist/ls/17D6R5BCUWIA3](https://www.amazon.com/hz/wishlist/ls/17D6R5BCUWIA3)



NONPROFIT, 501C3
WWW.CAPSTONEBH.COM



OUR MISSION

Reducing the barriers and burdens people in poverty experience by increasing access to essential needs.

NEED ASSISTANCE WITH YOUR WINTER HEATING BILLS?

The 2025-26 Low-Income Home Energy Assistance Program (LIHEAP) can help eligible households stay safe and warm in the winter by providing financial assistance with home heating bills and protection from disconnection until April 1st, 2026.

IMPACT serves Boone, Jasper, Marion, Polk & Warren Counties in Iowa.



ELIGIBILITY

Your household may be able to receive a one-time payment to your utility provider if you meet income guidelines and provide the required documentation for your household.

Household Size	Annual Gross Income
1	\$31,300
2	\$42,300
3	\$53,300
4	\$64,300
5	\$75,300
Add \$11,000 for each additional household member	

DOCUMENTS

- Social Security Cards for all household members.**
 - We can also accept: Birth Certificates, Unexpired Iowa Driver's License/Real ID, Passports, Tax Returns, or I-94 plus a verbal of your social number.
- Income Documentation for all household members 18+ from either...**
 - The most recent 30 days **OR**
 - Previous years' Annual Income via W-2s or Tax Returns
- Most Recent Utility Bills for Heat AND Electric Vendors**

TO APPLY



ONLINE

Scan the QR Code and click the APPLY ONLINE button at the top of the page.



OVER THE PHONE

Scan the QR Code and click the SCHEDULE APPOINTMENT button at the top of the page to schedule online, or call 515-518-4770 to schedule over the phone.



IN PERSON

For Boone, Polk, & Warren Counties: Scan the QR Code and click the SCHEDULE APPOINTMENT button at the top of the page to schedule online, or call 515-518-4770 to schedule over the phone. For Jasper & Marion Counties: Call 515-518-4770 to schedule over the phone.



BY MAIL

Scan the QR Code to visit our website. On this page, you can download a paper application. To request one be mailed to you, call 515-518-4770 or email info@impactcap.org

UPCOMING EVENTS IN JASPER COUNTY

Throughout the 2025-26 Low-Income Home Energy Assistance Program (LIHEAP) season, the IMPACT team will be available in person at a variety of partner locations in Jasper County to accept applications for households that would like to apply in person*.

Call **515-518-4770** or email info@impactcap.org to schedule your appointment.



SALVATION ARMY

TUESDAY, MARCH 3RD, 2026

301 N 2nd Ave E, Newton, IA 50208

9:00 AM - 3:00 PM

Appointments Available 9:00 AM - 12:00 PM

Open to walk-in applications starting at 1:00 PM

DISCOVER HOPE

TUESDAY, MARCH 10TH, 2026

733 1st Ave E, Newton, IA 50208

9:00 AM - 3:00 PM

Appointments Available 9:00 AM - 12:00 PM

Open to walk-in applications starting at 1:00 PM

NEWTON PUBLIC LIBRARY

TUESDAY, MARCH 17TH, 2026

100 N 3rd Ave W Newton, IA 50208

9:00 AM - 3:00 PM

Appointments Available 9:00 AM - 12:00 PM

Open to walk-in applications starting at 1:00 PM

COLFAX PUBLIC LIBRARY

TUESDAY, MARCH 24TH, 2026

25 W Division Street, Colfax, IA 50054

11:00 AM - 4:00 PM

Appointments Available 11:00 AM - 12:30 PM

Open to walk-in applications starting at 1:00 PM

GRACE FOOD PANTRY

MONDAY, MARCH 30TH, 2026

1620 N 11th Ave E Newton, IA 50208

9:00 AM - 2:00 PM

Appointments Available 9:00 AM - 12:30 PM

Open to walk-in applications starting at 1:00 PM

- **Home visits are also available for those that qualify. Call us to schedule an appointment!**
- **In need of transportation to one of these events? Call HIRTA: 877-686-0029**

MERCYONE™

“Weigh to Grow” is back!



About this program

Are you wondering about your baby's weight gain, or hoping to keep track of their progress for the baby book? Drop by Weigh to Grow, hosted by MercyOne Newton RNs Christine Hinshaw and Kyla Knudson!

Our nurses will weigh your baby and answer any questions you may have about your child's development, feeding, or safety needs.

When & where

- Every Wednesday | 11 a.m.-noon
- Location: MercyOne Newton Medical Center – Physical Medicine & Rehabilitation
- When you arrive, please use the northeast lower parking lot entrance (the door with the green awning). Follow the Weigh to Grow signs to the room located near the Physical Medicine and Rehabilitation department.

No appointments necessary!

This service is designed to support parents, babies, and families — right here in Jasper County!

Questions?
Call us at
641-791-4380

💡 **Strong boards don't happen by accident. They're built.**

Join us for **Stronger Boards, Stronger Communities**, one-day leadership workshop for **board and council members** who want to lead with clarity, confidence, and impact.

This engaging, hands-on day will help you:

- ✓ Re-energize your board or council
- ✓ Clarify your purpose and community impact
- ✓ Tackle challenges with practical tools
- ✓ Connect with other local leaders

🍴 Breakfast charcuterie board, lunch, interactive sessions, and networking included!

📅 **April 18, 2026**

🕒 **8:30 AM – 3:00 PM**

📍 **DMACC College | Newton, IA**

💰 **\$40 per person**

👉 **Registration required by Monday, April 13th, 2026! Please reach out to Sarah Patterson at patter@iastate.edu for registration details.**

Invest in stronger leadership, and stronger communities!

**VOLUNTEERS
NEEDED!**



VOLUNTEERS NEEDED

Jasper County Senior Nutrition is in need of volunteers willing to help deliver "Meals on Wheels" in Newton on an as needed basis. Volunteers must be able to provide their own transportation (Mileage reimbursed at 72.5 cents/mile). The time commitment is approximately 10:30-12 noon. To find out how you can support seniors staying in their home, please call 641-792-7102.



Aging Resources staff will be present at Jasper County Senior Nutrition on:

Wednesday, March 11, 2026: 1:00 pm-3:00 pm

Wednesday, May 1, 2026: 1:00 pm-3:00 pm

Wednesday, July 8, 2026: 1:00 pm-3:00 pm

Wednesday, September 9, 2026: 1:00 pm-3:00 pm

Wednesday, November 11, 2026: 1:00 pm-3:00 pm

Staff will provide information, educational resources, and support with application processes.

Jasper County Senior Nutrition

2401 1st Ave. E.

Newton Iowa, 50208



Free Spring Break Movie! A Minecraft Movie

Monday, March 16
@ 10 am

or

Wednesday, March 18
@ 10 am

at Capitol II Theatre

Free Spring Break movie event sponsored by the Newton Public Library Foundation. Stop by the Library or Capitol II Theatre beginning March 1st to pick up your free tickets.

\$4.50 Pop & Popcorn special will be available. Movie is rated PG, and is 1 hour 41 minutes in length.

March Events 2026

The Gathering Place of Monroe

Call us @ 641-259-2023 or email us @monroegatheringplace@gmail.com for rentals/questions

Follow us on FB - The Gathering Place of Monroe

Every Monday -Friday CONGREGATE MEALS @11:30am Sign up/ 641-792-7102

Every Tuesday @8am/ Prayer & Coffee.

PLAYGROUP: EVERY TUESDAY & THURSDAY from 8AM - 11AM IN THE LOWER LEVEL

3/2, Monday, SALES START for a Cater 2U2 BROASTED PORK CHOP DINNER drive-through on April 9 Purchase tickets @ TGP M-F 9am-3pm *** Facebook/ we accept Venmo

3/2, Monday, Video Exercise Class 10am

3/2, Monday VITA TAX drop off/intake 5pm to 7pm

3/4, Wednesday, "Get Fit, Don't Fall!" w/ Amy Stephensen 4pm

3/4, Wednesday BINGO 6-8pm Invite a friend!

3/5, Thurs. 10am Senior Living Series **Downsizing part 1 How to Plan Your Downsizing Journey with Confidence** SIGN UP! Call/Text/Email: 515-8683860 IowaSeniorLiving@gmail.com

3/5, Thursday, No MOVEMENT WITH SEAN in March

3/9, Monday, Video Exercise Class 10am

3/11, Wednesday, "Get Fit, Don't Fall!" w/ Amy Stephensen 4pm Join us!!

3/12, Thursday, **Patty Richards Show "I'm back!"** 10am

3/12, Thurs. No MOVEMENT WITH SEAN in March

3/13, Friday, **Piano with Jacque Robinson** 2pm - 3pm

3/16, Monday Video Exercise Class 10am

3/16, Monday, **Vita Tax** 5pm-7pm Pick-up documents/finished

3/17, Tuesday, **NO BINGO** Due to Spring Break

3/18 Wednesday "Get Fit, Don't Fall!" w/ Amy Stephensen 4pm Join us!!

3/19, Thursday, FOCUS GROUP MEETING @ 9am

3/19, Thurs. No MOVEMENT WITH SEAN in March

3/23, Monday Video Exercise Class 10am

3/23, **Free Foot Care Health by Vista Valley** @1pm Please sign up on board by 3/20

3/25, Wednesday, "Get Fit, Don't Fall!" w/ Amy Stephensen 4pm Join us!!

3/26, Thursday, **"HEALTHY HABITS"** with Pam Herrema @ 10am

3/26, Thursday, **Acoustic JAMM** 5pm - 8pm Bring a snack to share.

3/27, Friday, **Piano with Jacque Robinson** 2pm - 3pm

3/30, Monday, Video Exercise Class 10am

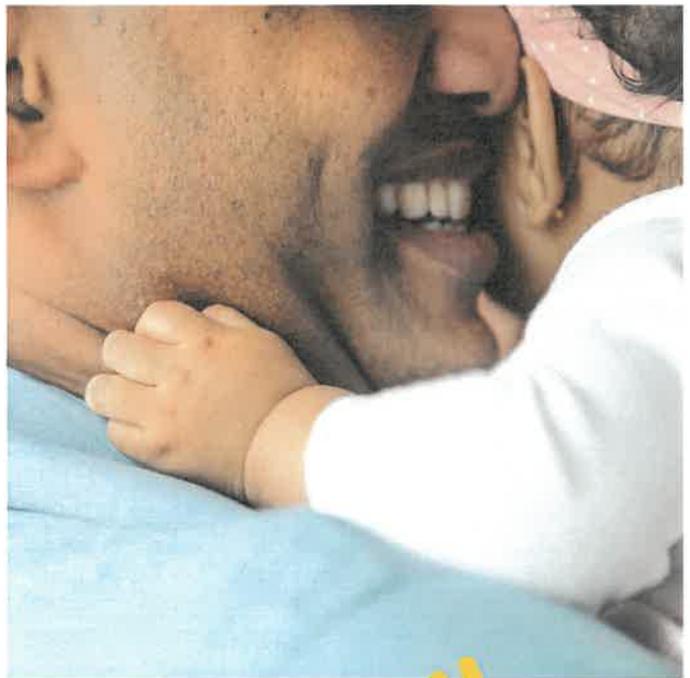
Baby Storytime



Meets on the following Mondays
in March:

March 2, March 9 & March 30

Baby Storytime is for newborns up to 18 months with a caregiver. Siblings are welcome. Meets in the Storytime room. Enjoy this special time bonding with your child through music, rhymes and stories. Connect with other parents in the community!



Music, stories, rhymes
& open playtime at
the end





Toddler Storytime

Meets Tuesdays
at 10:30 a.m.
in March

No Storytime on March 17th.

Storytime for ages 18 months up to age 3 with a caregiver. Meets in the Storytime room. Storytime includes books, music and a simple craft. Siblings are welcome, no preregistration is necessary.



Preschool Storytime
will meet on Thursdays in March,
except Thursday, March 19
at 10:30 a.m.



Storytime includes books, music and a simple craft.
Siblings are welcome.
Questions? Please call Youth Services Librarian Phyllis Peter at
641-792-4108.



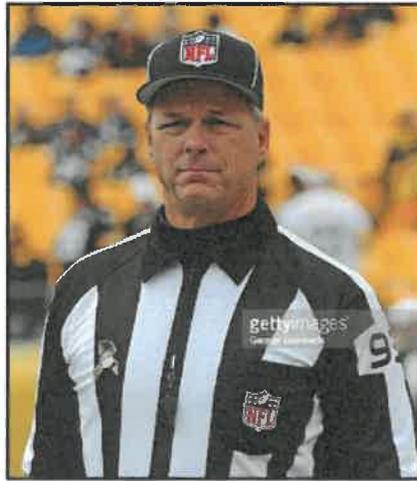
UNITED WAY
Jasper County

VOICES OF INSPIRATION

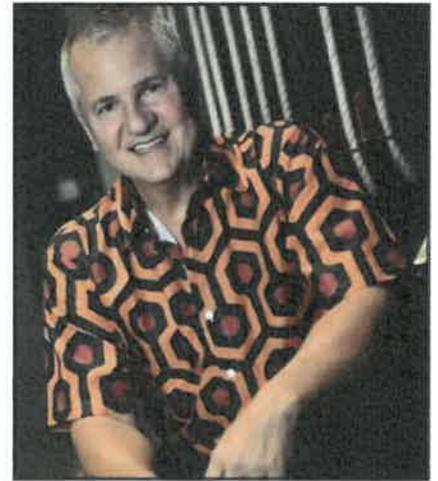
DOORS: 6 PM | PROGRAM: 6:30 PM
DMACC NEWTON CAMPUS | FREE ADMISSION



Sarah Pratt
Butter Sculptor &
Teacher ~ March 5



Scott Helverson
NFL Referee
March 12



Troy Peters
"The Mind Meddler"
March 26



Adam Van Wyk
Animated Film Illustrator
April 9



Dr. Justin Glisan
Iowa's State
Climatologist ~ April 23

THANK YOU!
Dodd's Trash & Recycling
Black Hills Energy
Ryan's Tire & Auto
DMACC Newton
Pence~Reese Funeral Home
Doug & Rhonda Wolf Family
Mark & Emily Allen
Jessica Lowe Vokes
& Erik Vokes
Mark & Jody Stiles Family

UNITEDWAYOFJASPERCOUNTY.ORG

LORCANA TOURNAMENT SATURDAY, MARCH 21

DMACC Newton Conference Center
600 N. 2nd Ave. W. in Newton

TOURNAMENT DETAILS

- \$30 Entry - Only 32 players
- Preregister and receive a Winterspell card pack
- Facilitated by Lorcana Cabana
- Champion wins a FULL BOX of Winterspell card packs
- 2nd - 8th Place: Winterspell card packs awarded
- Check-in: 9:30 AM
- Player Meeting: 9:45 AM
- Round 1 begins promptly at 10 AM

WHAT TO BRING

- Your Lorcana deck (60+ cards, tournament legal)
- Lore tracker / dice / damage counters
- Playmat (optional but recommended)

PRESENTED BY



PROCEEDS SUPPORT



Registration link at facebook.com/washercitycardcon
Questions, please email The Kraken's Crate at contact@krakenscrate.com

Proud sponsors of Washer City Card Con 2026



This project was funded in part by a grant from the City of Newton Hotel-Motel Tourism Grant Program.



NEWTON

JEREMY & REANNA
YENGER



INFECTIOUS DISEASE TABLETOP EXERCISE (TTX)

Join us for a 4-hour interactive, discussion-based exercise designed to help facilities identify and respond to multidrug-resistant organism (MDRO) threats. This session will fulfill CMS emergency preparedness exercise requirements, with a specific focus on *C. auris*. Although *C. auris* is the organism of focus, this tabletop provides guidance on handling all MDROs and preventing interfacility and regional spread.

REGISTER TODAY!

Date: 05/21/2026

Des Moines

Location: Polk County Emergency Management

Address: 1907 Carpenter Ave, Des Moines, IA 50314

Time: 12:00 pm - 4:00 pm

(Region 1a)

Staff in the following fields should attend:

- Infection Prevention & Control
- Emergency Preparedness
- Public Health
- Medical/Physician Administration
- Emergency Management Agency
- Nursing Administration
- Housekeeping
- Clinical Support
- Administration
- Clinical Laboratory
- Emergency Medical Services



Learn more here:

<https://iphprp.org/home/hai-training-2/>

Monarch C.S

Amy Smith, C.S, L.C. B.S, M.H.P



(936) 645-6051

amylynnsmith1984@outlook.com

<https://monarchcounseling.services>

Please contact me in order to schedule sessions and I look forward to hearing from you! I also welcome contact from any agency to continue networking and working together to help our communities.

Services offered:

One-on-one counseling sessions:

On-line (tele-health) or in person appointments.

1-2 times per week meeting, phone call follow ups.

Couples counseling: in home-or telehealth.

Family counseling: in home or telehealth.

Child and adolescent counseling: in home or telehealth.

Mobile counseling, to work with agencies in need of an on-site or on-line counselor.

QMHP training offering TIC for law enforcement agencies in the area.

Private pay, sliding scale. Financial options available.

For donations, booking and payment:

monarch-cs.square.site

About:

16 years with the honor of being a counselor, case manager, social worker and instructor. My areas of experience include: Human trafficking help, substance abuse and trauma recovery, suicide prevention, crisis intervention, case management, grief, mental health, pre-marital/marriage counseling, family and youth counseling.

CAR SEAT EVENT



Saturday, MAY 16, 2026

8 AM-12:00 PM

Location: Pregnancy Center of Central Iowa
709 1st Ave W, Newton

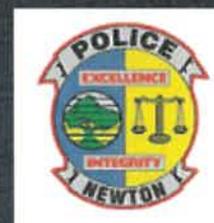
FREE car seats will be available
while supplies last.

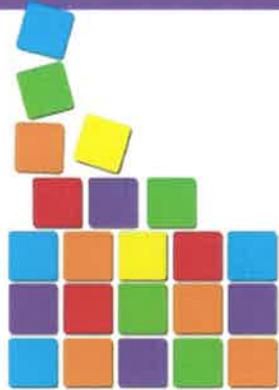
FREE \$25 Kwik Star Fuel Cards
will be given to the first 15
families who attend.

Funding for this event is provided by the
Jasper, Marion, and Poweshiek Board



JASPER COUNTY
HEALTH DEPARTMENT - IOWA





TWIGA FOUNDATION'S

B L O C K F e s t™

"TOGETHER, CHILDREN AND PARENTS EXPLORE MATH AND SCIENCE THROUGH BLOCK PLAY."

Thursday, March 19th

10:00 am - 11:00 am

Newton Public Library

***Large Meeting Room**

Space is limited

Please register at

shortyears.org/upcoming-events

BlockFest is a free hands-on learning & building event for families with kids ages 8 months to 8 years!

Kids must be accompanied by an adult. Please, no shoes or bare feet - only sock-covered feet allowed for playing with blocks!

Short Years Partnership



DETAILS

ALL Morning Camps:

Ages 5 - 12

Monday - Thursday | 9 AM - Noon

Member \$70 Non-Member \$90

(Must be potty trained & completed Kindergarten)

ALL Evening Camps:

Ages 5 - 12

Monday - Thursday | 5:15 - 6:30 PM

Member \$20-40 Non-Member \$35-55

ALL Parent and Me Camps:

Ages 6m - 5y

Wednesday - Thursday | 9:30 - 10:15 AM

Weeks 4, 5, 6, 10

Member \$20 Non-Member \$35

*Each camper will receive a
free water bottle!



CONTACT US

☎ 641-792-4006

✉ cookie.fuzell@newtonymca.org

📍 1701 S 8th Ave E Newton, IA 50208



YMCA SUMMER CAMPS



STARTING JUNE 8TH

NO SUMMER

175^{YEAR} ANNIVERSARY

LIKE THIS SUMMER

JOIN US FOR A FUN SUMMER AT THE Y!

PICK A CAMP... OR PICK THEM ALL!!

WEEK 1 (JUNE 8 - 11): MAD SCIENCE

Get ready for a week packed with explosive fun, mind-blowing discoveries, and high-energy adventures! During Mad Science week, campers become junior scientists as they dive into interactive science activities. Each day, campers will conduct a hands-on science experiment while learning real scientific techniques like observing, forming hypotheses, testing, and analyzing results. They will explore different branches of science, from exciting chemistry reactions and fascinating physics concepts to engaging STEM-based experiments that spark curiosity and creativity. Campers will also participate in science-themed games that keep minds active and bodies moving. And every single day, they'll gear up for laser tag, where strategy, teamwork, and fast-paced action add to the excitement.

Evening Camp: Summer Jr. Leaders Club

WEEK 2 (JUNE 15 - 18): LEGO STEM LAB

During Build It LEGO Lab Week, campers will become master builders as they take on exciting student LEGO challenges designed to spark imagination and strengthen problem-solving skills. They'll explore different themes and creative tasks that push them to think outside the box, follow design goals, and bring their ideas to life brick by brick. Throughout the day, campers will also enjoy high-energy games that keep them active and engaged.

Evening Camp: Cardio Drumming

WEEK 3 (JUNE 22 - 25): OUTDOOR ADVENTURE

Outdoor Adventure week takes campers beyond the classroom and into nature for hands-on learning and exciting activities. This camp will be held at the Newton KOA, providing the perfect setting for outdoor fun and exploration. Each day, campers will explore the natural world through plant identification activities and by creating and caring for their own herb gardens. Campers will also enjoy group games and team-building activities designed to keep them active and engaged. Hiking adventures will be a highlight of the week, giving campers the opportunity to explore the outdoors, build endurance, and develop confidence while experiencing nature up close. On the final day of camp, students will participate in a special STEM activity led by GEMS.

Evening Camps: STEM Feely Planning, Babysitters Workshop

WEEK 4 (JUNE 29 - JULY 2): RED, WHITE, & BLUE

Get ready to celebrate summer with a week full of patriotic fun, creativity, and team spirit! Red, White, and Blue Week is all about showing off American pride through hands-on art projects, exciting activities, and game traditions.

Throughout the week, campers will dive into creative projects like tie-dyeing, painting, banner-making, and other red, white, and blue crafts. They'll create a variety of patriotic designs and build their very own Fourth of July float, working together to bring their ideas to life with color, decorations, and plenty of imagination. One special day will feature outdoor water games, giving campers a chance to cool off, splash, and enjoy some high-energy summer fun.

Daytime Parent & Me: Red, White, & Blue Tie Camp, Fourth of July Campers Fun

WEEK 5 (JULY 6 - 9): ART MANIA

This Camp is designed for imaginative minds who love to create, explore, and think outside the box. Throughout the week, campers will dive into a variety of exciting art projects, including sculpting, 3D canvas painting, and many other hands-on crafts. They'll experiment with different materials and techniques while building confidence in their artistic abilities. Each day also features mystery escape room-style challenges and interactive games that get both moving, thinking, and problem-solving as a team. Campers will follow clues, solve puzzles, and complete creative challenges that blend art and adventure in a fun and engaging way.

Evening Camp: NERF Games

Daytime Parent & Me: Art Mania & Art Hands! Feet Keepsakes

WEEK 6 (JULY 13 - 16): COUNTY FAIR WEEK

Step right up for a week of classic summer fun during County Fair Week! Campers will experience the excitement and traditions of a county fair while learning, creating, and playing along the way. Throughout the week, campers will learn about the different jobs that make a county fair run smoothly, from event planning and animal care to food vendors and entertainment. They'll gain an appreciation for the teamwork and organization that bring a fair to life. Every day includes time in our food lab, where campers will prepare their own snacks, and taste-test interesting new flavor combinations inspired by classic fair treats.

Evening Camp: Cheer/Tumbling Camp

Daytime Parent & Me: Jr. Fair Week, Bed Feeder Craft



WEEK 7 (JULY 20 - 23): FASHION WEEK

Campers will step into the world of design as they imagine, develop, and launch their very own fashion brand.

Throughout the week, students will create a unique brand name and logo, then bring their vision to life by adding their design to their own one-of-a-kind shirt. Campers will also receive an introduction to sewing and learn how to work with a variety of fabrics. Each day will include high-energy musicals to win it-style games that encourage teamwork, quick thinking, and lots of laughter. On the final day of camp, students will showcase their hard work by putting on their very own fashion show for family and friends. Campers will model their designs and celebrate a week of creativity, confidence, and style.

Evening Camp: Ninja Games

WEEK 8 (JULY 27 - 30): LEVEL UP WEEK

This is not your typical summer camp. This is Level Up. Each day, campers enter a real-life game experience packed into two high-energy hours each day. They'll earn XP, unlock power moves, complete level missions, and face daily twists designed to test speed, strategy, and grit. Leaderboards rise, alliances form, surprise challenges drop without warning. Every decision matters. Each day builds toward one epic final boss battle where teams compete in a multi-round showdown combining every thing they've learned. No one gets out. Everyone competes. Everyone levels up.

Evening Camp: Door Sign Class, Cardboard Creators Workshop

WEEK 9 (AUG 3 - 7): SPEEDIATRICS

YMCA Speediatrics Week is back! In partnership with NASCAR, this action-packed camp brings the excitement of race day to life. Campers will train like a pit crew through relay races, agility drills, obstacle courses, and team challenges while building healthy habits along the way. The week also features epic Color Wars, where teams compete in spirited games and friendly competitions leading up to our final celebration field day. On the final day, campers will visit local Speedway for an unforgettable experience, where they'll have the chance to meet real-life drivers and crew members.

**EVERY REGISTRANT WILL RECEIVE A BIKE AND HELMET!!
SPOTS ARE LIMITED! MUST REGISTER BY JULY 1ST!**

WEEK 10 (AUG 10 - 13): ALOHA SUMMER

Celebrate the end of summer with a week full of fun, creativity, and adventure during Aloha to Summer Week! This special week brings together favorite activities from all the past weeks, giving campers the chance to experience a little bit of everything they loved most. Aloha to Summer Week is the perfect way for campers to wrap up the season, celebrate their accomplishments, and connect with fellow campers. It's summer with a week full of fun, learning, and adventure.

Evening Camp: Beach and More

Daytime Parent & Me: Aloha to Summer, Summer Crab & Tropical Food Tasting