



POST PACKET



JULY 8, 2026

JASPER CO CARES COALITION
2ND ANNUAL NETWORKING EVENT



Jasper County Cares Coalition

The 2nd Wednesday at 10:30 AM

- August 12
- September 9
- October 14
- November 11
- December 9

2026



Contact: jaspercocares@jasperia.org

Jasper Co. Office Building, Large Conference Room
315 W. 3rd St N. Newton, Iowa 50208

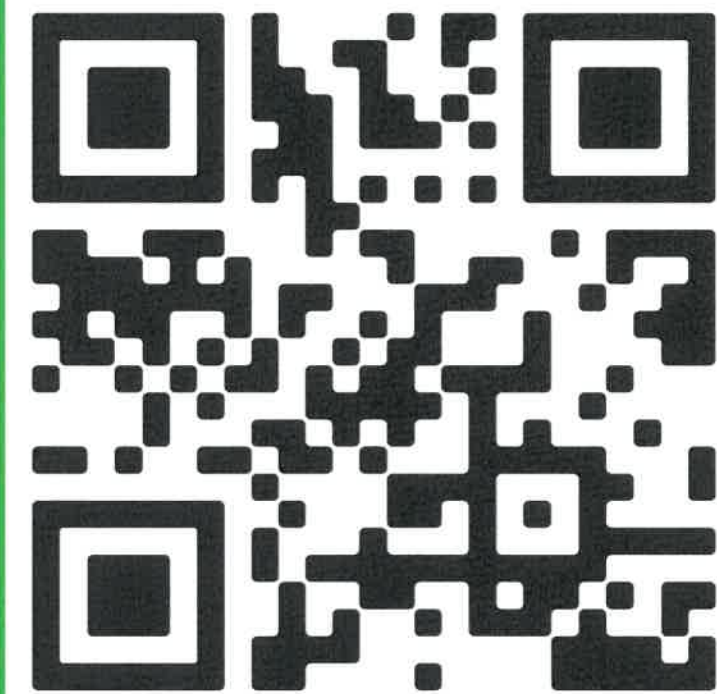
**PLEASE
BRING
BUSINESS
CARDS OR
GIVEAWAYS
FOR THE
RESOURCE
TABLE!**

JASPER CO CARES COALITION

Need Help?

Jasper County
Resource Guide

SCAN HERE



www.jasperia.org/resources

Cares
Networking
7/8/26 - Graymash

A-K

Sign In

69 Attendees
+ Delta

	7/8/2026	Jasper County Cares Sign In	7.7.2026 updated	
Attendance	RSVP	Name	Organization	
		Ace Krupa	Aging Resources of Central Iowa	
		Adam Reiter	WesleyLife Hospice and Palliative Care	
	X	Aimee Spores ✓	WesleyLife Hospice and Palliative Care	✓
		Alexis Thompson	St. Gregory Recovery Center	
	X	Ale Del Bio	Ribbons of Hope/Polk County Health Dept.	
		Allison Graham	Berg Middle School	
	X	Alondra Sanchez ✓	Mid Iowa Community Action Agency MICA	✓
	X	Alyssa Plunkett ✓	Eunoia Counseling	✓
		Amber Decker	IMPACT	
		Amber Tompkins	Central Iowa Shelter and Services	
		Amy Blanchard	JMP ECI	
	X	Amy Smith ✓	Garden Gate Ranch	✓
	X	Andi Borsch ✓	Department of Human Services IHHS, Newton	✓
	X	Andy Algreen ✓	Algreen Legacy Group ✓	✓
	X	Angela Barnell ✓	Parent Partners ✓	✓
		Angela Busick ✓	Iowa, Probation/Parole - IDOC	✓
	X	Angelica Leguizamo	Ribbons of Hope/Polk County Health Dept.	
		Angie Van Winkle	Ember	
		Angie Wells	Capstone Behavioral Health	
	X	Annie Becker	Proteus	
		Araceli Roberts	Mid Iowa Community Action Agency MICA	
		Ashley Rosenberg	Accura HealthCare	
		Aster Frommelt	YSS Prep	
		Austin Gross	Rosecrance Behavioral Health, Residential	
		Ava Nepl	EFR- Employee and Family Resources	
		Barb Ranck	EFR- Employee and Family Resources	
	X	Becca Decker ✓	Habitat for Humanity, Greater of Des Moines ✓	✓
	X	Becky Pryor ✓	Jasper County Health Dept ✓	✓
	X	Beila Thompson ✓	Capstone Behavioral Health	✓
		Beth Andrew	Quakerdale Family Services	
		Betsy Stursma	Iowa Primary Care	
	X	Bill Ehler ✓	NAMI Central Iowa volunteer	✓
		Blake Hollibaugh	Mentoring with Becky Pryor	
		Brad Shutts	Jasper County Sheriff	
	X	Braydon Chance ✓	Therapy/NPD	✓
		Breanna Elliott	Phoenix House- Newton	
		Breanna Gonsky	Parent Partners	
		Brendan Johnson	Immanuel Pathways	
		Brett Michael	Jasper County Mental Health Advocate	
		Brittany Tiffey	DMACC Newton	
		Brooke Holder	Grinnell, Unity Point	
		Bruce Showalter	Newton Housing Development	
		Caroline Noble	EFR- Employee and Family Resources	
		Cathy Drost	ISU Extension Health and Human Services	
	X	Cherie Dirschen	Valley Vista Nursing and Rehab	
	X	Chelsie Kendall ✓	Progress Industries ✓	✓

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		Cher Harris	Salvation Army
		Chloie Rosenbalm	Home Instead
		Chris Braunschweig	Newton Daily News
		Chris Clark	Optimae Life Services
		Christine Dawson	Newton Schools
		Cindy Clark	Pella Regional Sully Clinic
		Cindy Rybolt	Iowa Legal Aid
		CJ Oldfield	Newton Clinic
	X	Cody Daugherty	The Way
	X	Cody Miller	EFR- Employee and Family Resources
	X	Connie McQuiston	Jasper County General Assistance
		Connie Thomsen	Mid Iowa Community Action Agency MICA
	X	Cookie Fuzell	Newton YMCA
		Courtney Dewey-Broussard	Heart and Solutions
	X	Colin Armstrong	Lutheran Church of Hope
		Dallas Vander Pol	Newton Schools
	X	Danielle Kensworthy	Short Years Program, PAT
		Danny Schnathorst	HIRTA
	X	Darcy Baughman	Drake University Head Start
	X	Darnell Loatman	FOCUSS
		Dave Wood	Heartland AEA Regional Director
	X	Dave Woodcock	The Well, Pella and Newton
		Daveena Surber	Parent Partners
		Deana Van Brocklin	Iowa Courts, Juvenile Court
		Deb Ferrone	retired social worker
		Devin Robertson	Capstone Behavioral Health
		Devin Robertson	FOCUSS
	X	Diane Mindham	Capstone Behavioral Health
		Emily Easton	Four Oaks
		Emily Hansen	Iowa Behavioral Associates
	X	Emma Krapfl	American Lung of Iowa
	X	Erik Bennett	FOCUSS
		Erin Lepird	Heartland AEA Regional Director
		Erin Ouverson	Mid Iowa Community Action Agency MICA
	X	Felicia Hazelton	Short Years Program, PAT
		Gary Martin	Friends in Hope
		George Johnson	Newton YMCA
	X	Grace Fatino	Garden Gate Ranch
		Heather Vander Beek	The Well
		Heather Vander Beek	Heartland AEA
		Hezekiah Applegate	PCM Schools
		Holly Merk-Wilcox	Accura
		Jacque Spriggs	Hickory Recovery
	X	Jade Earleyware	Capstone Behavioral Health
	X	Jaime Paca	Clive Behavioral Health
	X	Jana Larsen	Mid Iowa Community Action Agency MICA
		Jeff Alger	Innovative Counseling and Consulting Inc
		Jeff Graney	ISU Extension

		Jeff Holschuh	Advantage Credit Union, City Council
	X	Jen Gustafson	CASA of Iowa ✓
		Jenetta Hines	Iowa Primary Care
		Jenn Tielbur	Team CSA-Community Support Advocates
		Jennifer Lackamp	The Well, Newton
		Jennifer O'Halloran	Lynnville-Sully School
		Jessica Lowe Vokes	United Way
	X	Jessica Miller	Mid Iowa Community Action Agency MICA ✓
		Jessica Swank	St. Croix Hospice
		Jessie Manatrey	Valley Vista for Nursing and Rehabilitation
		Jill Halter	Baxter Schools
		Jocelin Reyes	Iowa PCA
		Jodi Blackford	Crisis Intervention Services
	X	Joe McQueery	EFR- Employee and Family Resources ✓
		John Hoyt	Walmart, Newton
		Jordan Reynolds	Innovative Counseling and Consulting Inc
		Josalyn Vander Molen	Aging Resources of Central Iowa, Jasper County
	X	Josh Britton & John Bolt (dog)	Jasper County Sheriff's Office/ Baxter SRO
		Josh Price	Jasper County VA
		Josh Stafford	Progress Industries
		Judy Monroe	Neighbors Helping Neighbors
		Julie Britton	Newton Police Department
	X	Julie Gibbons	Polk County Behavioral Health ✓
		Julie Smith	Capstone Behavioral Health
		Kaleb Stevens	Blueprint to Home Ownership
		Kara Dirksen	DMACC- Newton
	X	Kara Schnell	The Well ✓
		Karen Kriz	Former Skiff Employee/Church
		Karen Vanderhoff	AIM Life Services
	X	Kathy Ellis	Jasper County EMA Emergency Management Agency ✓
		Katie Finch	Capstone Behavioral Health
	X	Katlyn LeMaster	Iowa National Guard
		Kathleen	Progress Industries
	X	Kelli Van Manen	Jasper County Senior Nutrition ✓
		Kelly Sorenson	Newton Schools
	X	Kendall	Lutheran Church Of Hope
	X	Kendi McCollum	House of Mercy, MercyOne, Newton ✓
		Keri Powers	Thrive Now Recovery Center
		Keri Schippers	Mercy One Newton Medical Center
		Kira Lazenby	Jasper County Sheriff's Office,
		Kris Reicks	Optimae
		Kristen Souza	PCM High School
		Kristin Fantazia	Crisis Intervention Services
		Kristina Burma	Mid Iowa Community Action Agency MICA
	X	Kristina Chandier	CASA of Iowa, IHHS
	X	Kristina Winfield	Jasper County Health Dept ✓
		Kurt Hoover	First Lutheran Church
		Kya Stilwell	EFR- Employee and Family Resources

L-2
+ new

Sign In

	7/8/2026	Jasper County Cares Sign In	7.7.2026 updated
Attendance	RSVP	Name	Organization
		Larrisa Van Donselaar	The Well, Pella
		Larry Anderson	First Presbyterian Church
	X	Lauren Asman	EFR- Employee and Family Resources ✓
		Lauren Pendroy	Mercy One Newton Medical Center
		Leah Bauman	Child Care Resource and Referral
		Lee Cochran	Jasper County Hunger Relief
		Leisha Zylstra	Wesley Life
	X	Linda Anderson	Kid Assist ✓
		Lindsay Porter	Orchard Place
	X	Lindsey Phillips	Together for Good
		Lori Eekhoff	Heartland AEA
	X	Lori Reynolds	State of Iowa VA ✓
		Lucas Ingle	AIM Life Solutions
		Luke Skinner	Accura, Traditions Memory Care
		Madison Ellis and Piper (dog)	Capstone Behavioral Health
		Mariah Fox	Valley Vista for Nursing and Rehabilitation
		Mark Feilmann	Newton Optimist
		Mark Thayer	Newton Clinic
	X	Mary Kay Gould	CERT Team Member
		Mayra Garcia	Mid Iowa Community Action Agency MICA
		Megan Davidson	CCR&R
		Megan Garrett	Iowa Courts
		Megan Thompson	Mid Iowa Community Action Agency MICA
	X	Megan Van Beek	Mid Iowa Community Action Agency MICA
		Meggan Baird	Hy-Vee Newton
		Melissa Dalton	City of Newton, Council
	X	Melissa Gary	Jasper County Health Dept ✓
		Mercedes See	Optimae
		Michael Metts Dr. (Mike)	Mercy One Newton - Pediatrician
		Michaela Gunsaulus	Lynnville-Sully Elementary School Counselor
		Michelle White	Aging Resources of Central Iowa
	X	Wikeya Garcia	Accura East ✓
		Miranda Caldwell	Newton Village
	X	Miranda Lopez	Keys to Success ✓
	X	Morgan Burford	Crisis Intervention Services ✓
	X	Natalie Walker	Garden Gate Ranch
	X	Nick Pietrack	Jasper County Attorney's Office
		Nikki Brain	Gray Moon Public Market
	X	Nikki Stout	Quick Visit Urgent Care ✓
		Patrick Mullen	Suncrest Hospice
		Paul Millhollin	First Presbyterian Church
		Pearl Hammes	Crisis Intervention Services
	X	Peg Ehler	Jasper County Hunger Relief packaging St Lukes ✓
		Penelope Neal	Newton YMCA

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		Phyllis Peter	Newton Public Library
		Raichel Burnett	EFR Employee and Family Resources
		Randy Ervin	City of Newton ✓
		Ray Maxey	Jasper County Veterans Office
		Rebecca Becky Peterson	House of Mercy, MercyOne, Newton
		Rebecca McRae	Phoenix House
	X	Rita Baker	Pregnancy Center of Central Iowa ✓
	X	Rob Burdess- Chief	Newton Police Department ✓
	X	Robert "Robbie" Robinson	Discover Hope 517 ✓
		Roxanne Petersen	NAMI Central Iowa
		Ryan Benz	Hyvee
		Sam Carrell	CISS
		Sam Vazquez	ICC BEHS program
		Sara Van Wyk	Pella Regional, Sully Clinic
	X	Sarah Patterson	RSVP (Senior Volunteer Program) ✓
		Sarah Urias	Capstone Behavioral Health
		Scott Pritchard	Clearview Recovery
		Serenity Bookout	Newton YMCA Childcare Director
		Shannon	Discover Hope 517
	X	Shawn Kinnison	Hickory Recovery Network ✓
		Sheila Henrichsen	Aging Resources of Central Iowa
	X	Shelley Koons	Family Crisis Center ✓
		Sierra Stevens	Mid Iowa Community Action Agency MICA
		Stacey Miller	Wesley Life
		Stan Hopwood	Parent Partners
	X	Stephani Cummings	Garden Gate Ranch
		Stephanie Appleby	CMA, Health Coach
		Terra Oaks	Crisis Intervention Services
		Tess De Bartolo	IHHS STI program
		Tim Burns	Volunteer, Least of Saints Ministry
		Tim North	Salvation Army Newton
	X	Tim Salmon	Colfax Mingo Schools ✓
	X	TJ Decker & Delta	Jasper County Sheriff's Office/ LS SRO ✓
		Tom Troxell	Fellowship with Faith Ministry, Homeless outreach
		Tracie Backstrom	Short Years Parents as Teachers

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rsuP

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NEED HELP AFTER A DISASTER?



If you have been affected by a disaster, don't worry, help is available! If the county you live in has been placed under a declaration you may be eligible. Current declared counties can be found here- [Homelandsecurity.iowa.gov/assistance](https://homelandsecurity.iowa.gov/assistance)

IOWA INDIVIDUAL ASSISTANCE GRANT PROGRAM

Provides financial support to households who have been affected by a disaster and have an annual income of 200% or less of the federal poverty level. Eligible households may receive up to \$7,000 for qualifying items under four categories: temporary housing, food assistance, personal property, and home repair.

WHAT TO DO:



If you have insurance, file a claim with your insurance company.



Apply for the grant within 45 days.



Gather all the necessary documents for the grant.



Respond promptly if they ask for more documents.

DISASTER CASE ADVOCACY

This program helps households who have experienced a disaster. A disaster case advocate will work together with the household to assess overall needs, create a recovery plan, and get access to available resources.

WHAT TO EXPECT:



Ask for help from a disaster case advocate.



Meet with your advocate to review your needs.



Create a plan to recover from the disaster.



Get help from resources and achieve your goals.



[Homelandsecurity.iowa.gov/assistance](https://homelandsecurity.iowa.gov/assistance)



515-675-1884



disastercaseadvocacy@iowa.gov

IOWA
HSEM



JASPER COUNTY EMERGENCY MANAGEMENT AGENCY

1030 W 2nd ST S Newton, Iowa 50208
(W) 641-792-7555
www.jasperema-hls.org



FOR IMMEDIATE RELEASE

Jasper County Announces Disaster Assistance Programs Following Flooding

NEWTON, IA – Following the severe flooding that impacted Jasper County beginning June 29, 2026, Governor Kim Reynolds has issued a State of Disaster Emergency proclamation that includes Jasper County. This proclamation activates the Iowa Individual Assistance Grant Program and the Disaster Case Advocacy Program, providing assistance to eligible residents affected by the flooding.

Jasper County Emergency Management has been working with local, state, and community partners to assess damages and identify resources available to residents as recovery efforts continue.

Iowa Individual Assistance Grant Program

The Iowa Individual Assistance Grant Program may provide eligible households with up to \$7,000 in assistance for disaster-related expenses not covered by insurance or other assistance programs. Eligible expenses may include:

- Home repairs
- Vehicle repairs
- Replacement of personal property
- Food losses
- Temporary housing expenses

To qualify, applicants must have a household income at or below 200 percent of the Federal Poverty Level and be citizens or legally residing in the United States.

Disaster Case Advocacy Program

Disaster Case Advocacy is available at no cost to residents affected by the disaster and has no income requirements. Disaster case advocates work one-on-one with individuals and families to develop recovery plans, connect them with available resources, and provide ongoing assistance throughout the recovery process.

Residents Needing Assistance

Residents who experienced flood damage are encouraged to apply as soon as possible. Information about both programs, including eligibility requirements and application materials, is available through the Iowa Department of Homeland Security and Emergency Management.

Our Staff



Deborah Kay-Ostrander
MS-IAADC-SAP, Therapist and Executive Director at Keys to Success with over 30 years of experience in international alcohol and drug counseling and a certified federal DOT substance abuse professional.

Brittney Kunz

Certified instructor for Prime for Life (OW/DUI) 12 hour court mandated classes and assists with the Federal DOT SAP program.



Miranda Lopez

Data entry specialist ensuring the integrity of data for the State of Iowa and assists in office management and administrative roles as needed.

Elaine VanderLinden

Billing specialist and assistant with clerical needs regarding all insurance companies and policy changes that affect the billing of counseling services.



Heidi Kay-Ostrander

Office manager who oversees budgeting and bookkeeping and assists the executive director in developing wellness programs based on clients needs.



Contact Us For More Info



641-204-0055
729 Main Street, Pella IA 50219
debko@keystosuccesspella.com



“UNLOCKING THE DOOR
TO RECOVERY.”

Keys to Success is a State of Iowa
licensed substance use disorder
treatment business.

General Services

Substance Use Evaluation	\$175.00
Group Therapy 1 Hour Session	\$120.00
Individual Therapy 1 Hour Session	\$120.00
Urinary Analysis	\$25.00

OWI/DUI Services

OWI/DUI Evaluations	\$125.00
OWI/DUI Court Mandated 12 Hour Classes	\$180.00

OWI/DUI Charges

To obtain your driver's license after losing it to
the Department of Transportation and/or
courts you must complete the following two
items:

1. Complete an OWI/DUI evaluation and
complete the recommendations of the
therapist
2. Attend and complete the 12 hour Prime
for Life class that is a DOT/State of Iowa
court mandated class for driving under the
influence

A Keys to Success therapist or certified
instructor will complete paperwork and
evaluation and send to the DOT, lawyer and
any other persons per signed release.

Keys to Success accepts most insurance providers and private
pay based on a general sliding fee rate. When calling for an appointment,
make sure you have your medical insurance card available to communicate
with office staff along with the insurance number and co-payments.

STEP BY STEP OUTLINE OF THE SAP PROCESS

01

The employee who has violated the DOT regulations for drug or alcohol testing is immediately removed from safety sensitive duties and possibly terminated.

02

The employee is referred to a DOT qualified SAP, often at the employee's expense.

03

The SAP performs a clinical evaluation on the employee and recommends treatment and/or education, often at the employee's expense.

04

The employee complies with the treatment(s) and/or education recommended by the SAP, often at the employee's expense.

05

The SAP conducts a follow-up evaluation and determines the employee's eligibility to return to safety sensitive duties.

06

The employee must complete a DOT Return-to-Duty drug and/or alcohol screening under direct observation and test negative to return to safety sensitive duties at the employer's discretion, often at the employee's expense.

07

The employee complies with any and all aftercare recommended by the SAP and is subject to unannounced follow-up testing, under direct observation, for a period of 1 to 5 years as determined by the SAP, often at the employee's expense.



SAP is a 'substance abuse professional' who will evaluate an employee upon violation of a DOT drug and/or alcohol regulation.

The Keys to Success SAP program will provide federal regulations for Motor (FMCSA), Railroad (FRA), Coast Guard (USCG), Pipeline (PHMSA), Aviation (FAA), and Transit (FTA)- the six modes of transportation that are federally mandated for safety sensitive job functions.

This is a \$475.00 course. Keys to Success is also educated in the Clearinghouse and can assist people in accessing it.



Why Would A Child Need Health Insurance?



Children are vulnerable to illnesses and injuries due to constant growth and development.



Preventive care, including routine check-ups, can help detect potential issues early.



Crucial for covering medical bills during unexpected events.



Provide parents and guardians peace of mind knowing their children have access to medical care.



Sets a foundation for lifelong health and medical care into adulthood.

Hawki offers free or low-cost health insurance for kids and teens. Many working families qualify. Give your children every opportunity to succeed!

Services Hawki Covers

- ▶ Doctor visits
- ▶ Ambulance services and emergency care
- ▶ Inpatient and outpatient hospital services
- ▶ Chiropractic care
- ▶ Vision, dental and hearing exams
- ▶ Mental health
- ▶ Substance abuse care
- ▶ Vaccines and prescriptions
- ▶ Specialist care



For a full description of services, visit us at hhs.iowa.gov/hawki

Contact

 hhs.iowa.gov/hawki

 1-800-257-8563

The Iowa Department of Health and Human Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.



Health and Human Services

Children's Health Insurance Information Guide





How To Apply



To apply online or print an application, scan our QR code or visit us at hhs.iowa.gov/hawki

Call the **Hawki Member Services** at 1-800-257-8563 and ask for an application to be mailed to you.



Eligibility Requirements

- ▶ Be under age 19
- ▶ Be a U.S. citizen or have qualifying immigration status
- ▶ Meet Hawki family income guidelines
- ▶ Cannot be dually enrolled with other health insurance¹

¹ You can still acquire Hawki dental coverage for your child regardless of their current medical or dental coverage. Complete the full medical application, and apply for dental coverage. If your child meets all eligibility criteria, they will enroll in Hawki Dental only.



Hawki Health Plans

Hawki program offers different health plans, known as Managed Care Organizations (MCOs). Every MCO has its network of healthcare providers. Confirm with your provider if they accept your insurance before getting treatment.

The Hawki health plans options are:

- ▶ **Wellpoint**
1-800-600-4441
www.wellpoint.com/ia/medicaid
- ▶ **Iowa Total Care**
1-833-404-1061
www.iowatotalcare.com
- ▶ **Molina Healthcare of Iowa**
1-844-236-0894
www.molinahealthcare.com



Hawki Dental Plans

Hawki program offers different dental health plans, known as Pre-Ambulatory Health Plans (PHAPs). Every PHAP has its network of dental providers. Confirm with your dentist if they accept your insurance before getting treatment.

Income Guidelines



Learn more information about the Hawki program by visiting hhs.iowa.gov/hawki

Your Student Assistance Program

SAP

✓ It's Free

✓ It's Private

✓ It's Always Open

What is the Student Assistance Program?

Your SAP is a resource for you and your family when you feel like you need support. We can help you face life's challenges, such as:

- School stress
- Family or friendship problems
- Managing emotions
- Alcohol or drug worries
- Anything that interferes with your daily living, happiness, or overall well-being



What Does Your SAP Provide?

- 24/7/365 phone access to a counselor
- Free virtual counseling sessions
- If needed, we will connect you with other help options.

How Do You Use Your SAP?

Call us anytime—day or night—as many times as you need.

515-244-6090

Scan to save this number in your phone.



Together, we will identify steps you can take to handle whatever challenge life is throwing your way.

We're here to help!

Call **515-244-6090** or visit efr.org/sap to learn more.



EFR EMPLOYEE & FAMILY RESOURCES

Su Programa de Asistencia Estudiantil

SAP

- ✓ Es gratuito
- ✓ Es privado
- ✓ Siempre está disponible

¿Qué es el Programa de Asistencia Estudiantil?

Su SAP es un recurso para usted y su familia cuando sienta que necesita apoyo. Podemos ayudarle a enfrentar los desafíos de la vida, tales como:

- Estrés escolar
- Problemas familiares o de amistad
- Manejo de emociones
- Preocupaciones relacionadas con el alcohol o las drogas
- Cualquier cosa que interfiera con su vida diaria, felicidad o bienestar general



¿Qué le ofrece su SAP?

- Acceso telefónico a un consejero las 24 horas del día, los 7 días de la semana, los 365 días del año
- Sesiones de consejería virtuales gratuitas
- Si es necesario, le conectaremos con otras opciones de ayuda

¿Cómo utiliza su SAP?

Llámenos en cualquier momento—de día o de noche—tantas veces como lo necesite.

515-244-6090

Escanee para guardar este número en su teléfono.



Juntos, identificaremos los pasos que usted puede tomar para manejar cualquier desafío que la vida le presente.

¡Estamos aquí para ayudarle!

Llame al **515-244-6090** o visite efr.org/sap para obtener más información.

SAP Mind Games: Summer Performance Series

Train the Mind. Strengthen the Team.

Overview

SAP Mind Games is a high-energy, interactive program designed to help student-athletes and summer program participants build the mental skills needed to perform, communicate, and compete at their best, on and off the field, in and out of the classroom.

Why Coaches & Camp Leaders Value This Program

Physical training is only part of performance. Students also need tools to strengthen confidence, resilience, focus, and leadership.

The Solution

The SAP delivers 15–45 minute “Mind Games” sessions that fit easily into summer practices, camps, or team activities. Sessions focus on skills that directly support leadership, trust, athletic and team success. Each session is interactive, engaging, and designed to connect with today’s students in a relatable way.

Program Features

- On-site delivery at schools, camps, and athletic facilities
- Flexible scheduling around practices and camp programming

Implementation

The SAP facilitates all sessions. Partner programs simply provide the time, space, and student group.

Benefits for Teams & Programs

Students leave with:

- Practical mental performance tools they can use immediately
- Improved confidence and communication
- Greater self-awareness and emotional regulation

Coaches and leaders benefit from:

- Better communication with youth
- Increased focus and engagement
- Support for student mental wellness

Goal

To help students strengthen the mental side of performance while building healthier, more connected, and more resilient teams throughout the summer.

Joe McQuerry

SAP Consultant

jmquerry@efr.org

Office: 515-471-2334

Cell: 515-229-4741

Student Assistance

Program

efr.org/sap

515-244-6090



EFR EMPLOYEE & FAMILY RESOURCES

August 6, 2026 8:00-4:00

JASPER COUNTY MAKE ROOM CONFERENCE

We're Serving the Same People. Is There a Better Way?

You'll walk away with a new understanding of:

- Generational poverty through powerful storytelling
- What motivates social class values and behaviors
- How middle-class systems and structures clash with those living in poverty
- 11 areas of poverty (lack of); what's yours?
- How some methods of "helping" can create and hold people in dependency
- Poverty's generational impact on families
- Poverty's impact on stability in employment
- Tools to empower people towards stability

**This Event is Free
To Attend:**

**Scan the QR Code to
RSVP by July 30**



Event Details:

Newton Church of The Way

Discipleship Center

2306 S 3rd Ave E, Newton, IA

8:00 Registration and Continental Breakfast

8:30 Session Begins

Lunch Provided

4:00 Wrap-up and Networking

Questions? Reach out to Larissav@thewelliowa.org





Contact
Garden Gate Ranch
P.O. Box 8351, Des Moines, IA 50301
info@gardengateranch.com
515.393.8400
Visit: www.gardengateranch.com

Our Mission and Vision

Garden Gate Ranch is a faith-based Christian organization providing safe housing and restorative and transitional services for sexually exploited women and their children. Garden Gate Ranch seeks to rally our communities to ensure that all women are free from exploitation and abuse.

Transitional Living Center

Who We Serve

Sexually-exploited women 18+, pregnant, without children or with children ages 2 and under.

How We Serve

Residents receive personalized, strength-based, trauma-informed care that supports their physical, mental, emotional, and spiritual needs while living in single-family home environments designed to strengthen dignity, financial management, employment stability, and the pursuit of career or educational goals.

Services Offered

Holistic support, including safety, sobriety, trauma recovery, self-care, spirituality, and relationship-building.

TLC Program Stages

Phase 1: REFLECT PHASE (FIRST 30 DAYS)

The first 30 days provide essential stabilization, rest, and clarity, giving survivors space to pause, breathe, and reflect on their next steps while professionals complete a comprehensive assessment of their physical, emotional, mental, educational, and relational needs to ensure each woman is fully supported and her desired pathway is prepared; during this time, she also has the opportunity to determine her readiness, commitment, and preparation for the new life Garden Gate Ranch offers.

Phase 2: READINESS PHASE (30-90 DAYS)

This 60-day phase equips women with the foundational tools for long-term healing, stability, and independence through individualized, trauma-informed support—including education planning, comprehensive medical and mental-health care, therapy, life-skills and workforce development, job placement, restorative relationship-building, and practical guidance that strengthens confidence and readiness for independent living.

PHASE 3: RELAUNCH PHASE (UP TO 2 YEARS)

For up to two years, women receive comprehensive, individualized support, including career development, financial literacy, life-skills training, childcare assistance, vehicle access, community resources, educational opportunities from GED to vocational and post-secondary training, job-placement services, mentorship, and housing-transition planning—equipping them with the stability, confidence, and independence needed for a successful future.

*"I used to doubt God's worth in me... I've realized God doesn't make junk."
Ranch House Resident*

Change A Child's Story



The Court Appointed Special Advocates (CASA) Program of Iowa trains and supports community volunteers to advocate for a safe and permanent home for children who are in the child welfare system. CASA volunteers ensure the voice of each child is heard and their best interests are pursued.

What does a CASA volunteer do?



Inquires: Learn about the child and family; talk to all parties involved.



Facilitates: Identify resources, collaborate with professionals, report to the court.



Advocates: Make recommendations about the child's needs and wishes.



Monitors: Follow-up & check-in to make sure the child receives services.

Who qualifies?



An adult who cares about children, passes a background check, & completes 30 hours of pre-service training



Someone who has time to volunteer and can commit to 5 to 10 hours a month



Someone with good communication skills, both verbal and written



1-866-448-4608



hhs.iowa.gov/CASA

CASA volunteers help:



Encourage healthy family connections.



Advocate for the best interests of the child.



Support the judge with individualized, informed recommendations.



A CASA Volunteer:

- Successfully completes all training requirements, including 12 hours of continuing education each calendar year.
- Maintains the confidentiality of all information received while serving as a CASA volunteer.
- Stays in regular contact with the child's family, HHS, service providers, attorneys, school staff, medical officials, and other key stakeholders.
- Conducts in-person visits with the child at least once every 30 days (at a minimum).
- Gathers and reviews information from court orders, court reports, service provider reports, school records, physical and mental health evaluations, and other written documentation filed with the court.
- Attends staffings, appropriate meetings, and foster care reviews as needed.
- Submits written CASA reports to be filed with the court.
- Attends court hearings to advocate on behalf of the child.
- Confers regularly with the CASA Coordinator and Coach to share information about case-related activities, seek advice, or obtain assistance.

How to volunteer:

1. Visit hhs.iowa.gov/CASA or call 1-866-448-4608
2. Learn about the program
3. Complete the application



The CASA program is overseen by the Child Advocacy Board, which became part of the Iowa Department of Health and Human Services July 1, 2023. CASA of Iowa is affiliated with the National CASA/GAL Association for Children.



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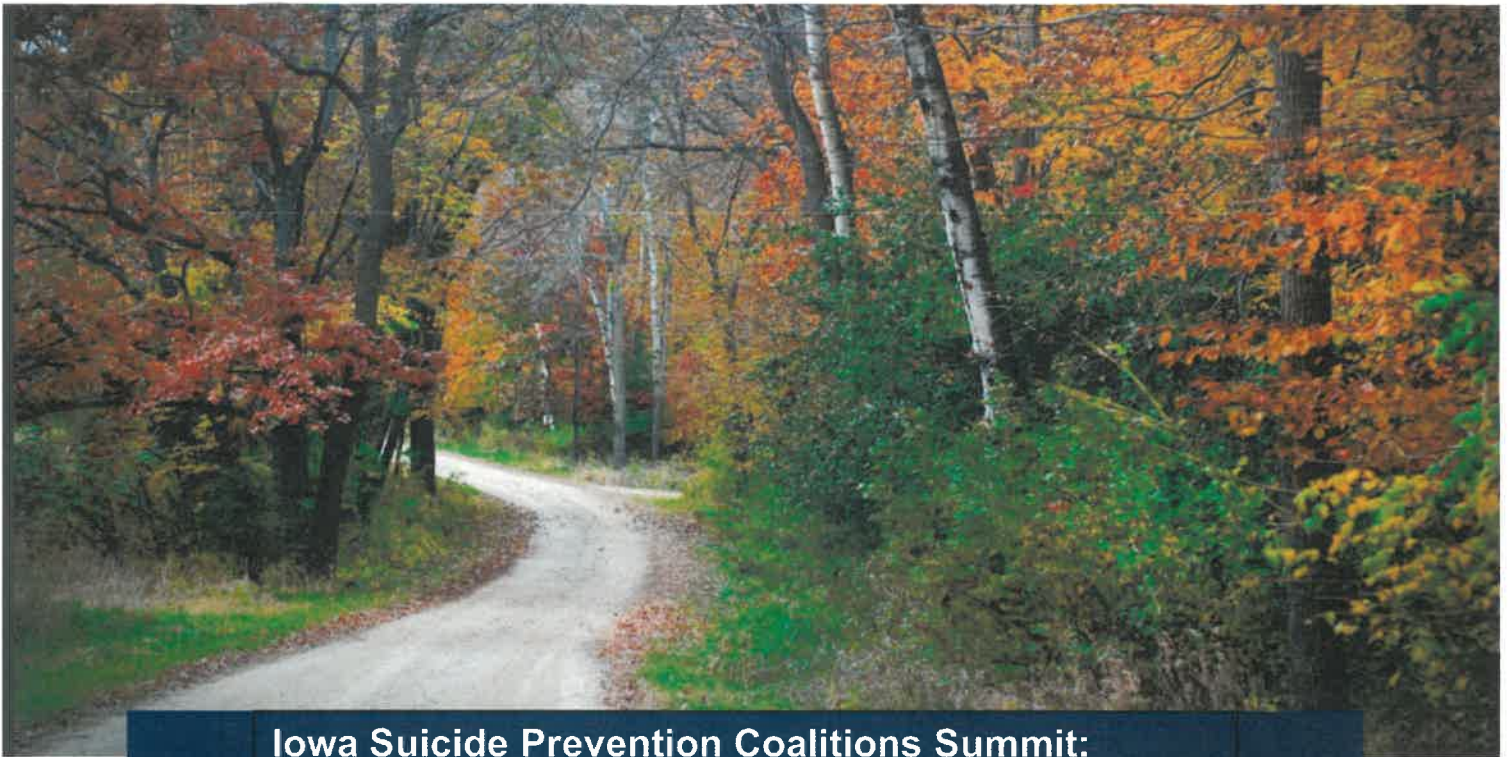


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Iowa Suicide Prevention Coalitions Summit: Risk Factors and Resources

It is with great pleasure that we invite you to the 2026 **Iowa Suicide Prevention Coalitions Summit: Risk Factors and Resources**. This one-day event will be held on Thursday, August 27, 2026, at the Jeff & Deb Hansen Agriculture Student Learning Center on the Iowa State University campus in Ames, Iowa and is presented by the Iowa Suicide Prevention Planning Committee, Iowa State University Extension and Outreach, and several community sponsors highlighted on the summit website.

This year's summit features a theme of suicide risk factors and resources. The day will include keynote speakers and connections to key statewide suicide prevention resources. **CE hours will be available for attendees.**

Registration is now open! Please register using the following link: <https://go.iastate.edu/UKH138>

We are now in our fourth year of bringing this summit to life! Our first three gatherings were tremendous successes, and we are excited to offer another inspiring and informative gathering of suicide prevention coalition members from across Iowa. We hope you can join us for what promises to be another invaluable event!

For more information, including links to the agenda and lodging options, go to the summit website at <https://www.regcytes.extension.iastate.edu/prevention/>.

Contact: David N. Brown, Ph.D., LMFT, CFLE
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Behavioral Health State Specialist
Email: dnbrown@iastate.edu
Phone: 515-294-0860
www.extension.iastate.edu/humanosciences



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- Have a child age prenatal - three
- Meet income or education level guidelines.

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Short Years Partnership



www.shortyears.org

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Resource Navigator: 641-521-5112

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 Outreach Advocate

Jasper Co.
 641-980-0359
 Fax: 641-684-4676
 Shelleyk@ottumwacrisiscenter.org
 24 / 7 Hotline 800-464-8340

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chelsie.kendall@progressindustries.org

progress
www.progressindustries.org

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 209 E. 2nd St. S.
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Kendi McCollum

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MercyOne.org

kendi.mccollum@mercyone.org

Clive Behavioral Health
A UHS and MercyOne Partnership

Jaime Paca
Community Liaison

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1450 NW 114th St., Clive, IA 50325
jaime.paca@uhsinc.com
clivebehavioral.com

ADMISSIONS 24/7: 844-680-0504

ADMISSIONS FAX: 515-461-2234

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Kelli Van Manen



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